

# Lourdes High School Lunch Menu

May  
2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>Beef Hard Shell Tacos Flour Tortilla Spanish Rice Corn &amp; Bean Salsa</p>	<p>3</p> <p>Chicken Alfredo Pizza Cheeseburger Pizza Cheese Pizza Leafy Green Salad</p>	<p>4</p> <p>General Tso's Chicken Brown Rice Sauteed Snow Peas</p>	<p>5</p> <p>Rigatoni Bolognese Corn Garlic Breadstick Yogurt Cup</p>	<p>6</p> <p>Lemon Chicken Garlic Butter Parmesan Pasta Vegetable Succotash</p>
<p>9</p> <p>Chicken Caesar Wrap Kettle Chips Fruit Cup</p>	<p>10</p> <p>Bucatini with Meatball Dumplings Honey Glazed Carrots Dinner Roll</p>	<p>11</p> <p>Cubano Sandwich Cuban Green Salad with Avocados Traditional Fruit Salad</p>	<p>12</p> <p>Spicy Popcorn Chicken &amp; Macaroni &amp; Cheese Bowl California Blend Strawberry, Basil &amp; Arugula Feta Salad</p>	<p>13</p> <p>Grilled Cube Steak with Peppers and Onions Zucchini &amp; Yellow Squash Green Onion &amp; Sesame Rice</p>
<p>16</p> <p>BBQ Beef Sandwich Onions Rings Get Some Sauce Banana</p>	<p>17</p> <p>Thai Turkey Meatballs in Coconut Red Curry Sauce Cauliflower Rice Naan Bread</p>	<p>18</p> <p>Classic BLT Kettle Chips Fresh Berries Homemade Pickles</p>	<p>19</p> <p>Fettuccini w/ Chicken Arugula &amp; Parmesan Fresh Broccoli Pesto of Alfredo Sauce</p>	<p>20</p> <p>Mesquite BBQ Pulled Pork Sandwich on Kaiser Bun French Fries Orange Cole Slaw</p>
<p>23</p> <p>Chefs Choice</p>	<p>24</p> <p>BBQ Chicken Legs Grilled Watermelon Dilly Corn on the Cob Cornbread Fritters</p>	<p>25</p> <p>Mexican Shredded Beef Wraps  Taco Salad Fresh Guacamole &amp; Salsa Pico de Gallo</p>	<p>26</p> <p>Sloppy Joe on a Bun Homestyle Potato Salad Homemade Salt and Vinegar Chips</p>	<p>27</p> <p>Orange Chicken with White Rice Steamed Garlic Broccolini Cream Cheese Wontons</p>
<p>30</p> <p>Chefs Choice</p>	<p>31</p> <p>Big Sammy Chips Cookie</p>	<p>1</p>	<p>2</p>	<p>3</p>

INFORMATION

Entree #1 \$5.95  
Entree #2 \$4.95

EXTRA INFO

For questions or comments, contact:  
Chef Jason Hughes  
Jason.hughes@rcsmn.org

HARVEST OF



THE MONTH

All the menu information on  
our app **Taher Food4Life®**



www.taher.com

Menus are subject to change without notice.