

DeMatha COVID Policy

COVID Vaccine/Exposure Information

Are you “up to date”?

Moderna/Pfizer → received the 2 primary shots, as well as a booster

Johnson & Johnson → 1 primary shot, as well as a booster

What is an “exposure”?

If you have been within 6ft of someone who tested positive for COVID-19 without wearing a mask for longer than 15min

DeMatha Exposure Guidelines

Vax Status	Quarantine?	Testing?	Mask use?	Return to sports?
Up to Date	No, unless you develop symptoms	5 days post exposure	Continue to wear well fitting mask when in public/around people	Do not need to stop activities unless symptoms develop
Unvaccinated/Not Up to Date	5 days, wear mask around anyone in your household	5 days post exposure	Continue to wear well fitting mask when in public/around people	Do not need to stop activities unless symptoms develop

What to do at Home

Someone in my household tested positive, what do I do?

- That individual should be isolated within the home for 5 days, limiting contact with anyone else as much as possible
- Refer to exposure guidelines for any remaining people within the household

Someone in my household was exposed to someone who tested positive, what do I do?

- That person should refer to the exposure guidelines and act according to their vaccine status
- Anyone else in the household should maintain safe practices when around the individual that was exposed based on your own vaccination status

DeMatha Policy for Students Who Test Positive

1. All individuals who receive a positive test, regardless of vaccination status, must complete a full, 5 day isolation.
 - a. Day 0 = day of positive test
Days 1-5 = isolation
Day 6 = may return to school
 - b. In the event that symptoms persist past the 5 day isolation, that individual may not return to school until their symptoms have resolved for 24hrs.
 - c. A negative test is not required to return to school after completion of the isolation period.
2. All individuals who receive a positive test, regardless of whether or not they were symptomatic, must wear a mask AT ALL TIMES for a full, 10 day period.
 - a. This means that any athletes, musicians (instrumental or vocal), etc may not return to their activities for 10 days following their positive test.
3. For 30 days following a positive test and completion of the isolation period, any subsequent positive tests will not require another isolation period.

Where to Report Positive Tests

If a student tests positive for COVID outside of any on campus testing, their case must be reported to the Athletic Training Room. Please call (240)-764-2253 and speak with one of the athletic trainers, or email Wendy Norris at wnorris@dematha.org.