

# DeMatha COVID Policy

## *COVID Vaccine/Exposure Information*

### Are you “up to date”?

Moderna/Pfizer → received the 2 primary shots, as well as a booster

Johnson & Johnson → 1 primary shot, as well as a booster

### What is an “exposure”?

If you have been within 6ft of someone who tested positive for COVID-19 without wearing a mask for longer than 15min

## DeMatha Exposure Guidelines

<b>Vax Status</b>	<b>Quarantine?</b>	<b>Testing?</b>	<b>Mask use?</b>	<b>Return to sports?</b>
Up to Date	No, unless you develop symptoms	5 days post exposure	Continue to wear well fitting mask when in public/around people	Do not need to stop activities unless symptoms develop
Unvaccinated/Not Up to Date	5 days, wear mask around anyone in your household	5 days post exposure	Continue to wear well fitting mask when in public/around people	Do not need to stop activities unless symptoms develop

## What to do at Home

Someone in my household tested positive, what do I do?

- That individual should be isolated within the home for 5 days, limiting contact with anyone else as much as possible
- Refer to exposure guidelines for any remaining people within the household

Someone in my household was exposed to someone who tested positive, what do I do?

- That person should refer to the exposure guidelines and act according to their vaccine status
- Anyone else in the household should maintain safe practices when around the individual that was exposed based on your own vaccination status

## DeMatha Policy for Students Who Test Positive

1. All individuals who receive a positive test, regardless of vaccination status, must complete a full, 5 day isolation.
  - a. Day 0 = day of positive test  
Days 1-5 = isolation  
Day 6 = may return to school
  - b. In the event that symptoms persist past the 5 day isolation, that individual may not return to school until their symptoms have resolved for 24hrs.
  - c. A negative test is not required to return to school after completion of the isolation period.
2. All individuals who receive a positive test, regardless of whether or not they were symptomatic, must wear a mask AT ALL TIMES for a full, 10 day period.
  - a. This means that any athletes, musicians (instrumental or vocal), etc may not return to their activities for 10 days following their positive test.
3. For 30 days following a positive test and completion of the isolation period, any subsequent positive tests will not require another isolation period.

## Where to Report Positive Tests

If a student tests positive for COVID outside of any on campus testing, their case must be reported to the Athletic Training Room. Please call (240)-764-2253 and speak with one of the athletic trainers, or email Wendy Norris at [wnorris@dematha.org](mailto:wnorris@dematha.org).