

#PequannockProudToBeStigmaFree

MENTAL HEALTH AWARENESS MONTH SPIRIT WEEK

MAY 9TH - MAY 13TH

MONDAY 5/9- CHALK OUT STIGMA

WRITE POSITIVE MESSAGES IN CHALK!

WEAR **PASTEL COLORS**

TUESDAY 5/10- TEAM UP FOR MENTAL HEALTH AWARENESS

WEAR YOUR FAVORITE JERSEY OR TEAM T-SHIRT

WEDNESDAY 5/11 - GREEN FOR STIGMA-FREE

WEAR **GREEN**

THURSDAY 5/12 - WE ARE IN THIS TOGETHER!

WEAR **TIE-DYE**

FRIDAY 5/13 - PANTHER PRIDE DAY

WEAR **BLUE AND GOLD**

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