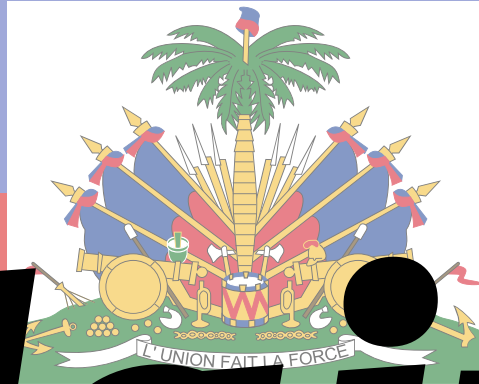


# Heading

# To



# Haiti

Breakfast

Sides

Desserts

Main

Bread

Drinks

# Breakfast

Labouyi Bannann  
Plantain Porridge



Ze Ayisyen  
Haitian Omelette



Labouyi Mayi  
Cornmeal Porridge



Haitian Pate  
Haitian Patties



Espageti  
Haitian Spaghetti





# Main

## Tchaka

Pork, Corn, Bean  
Casserole



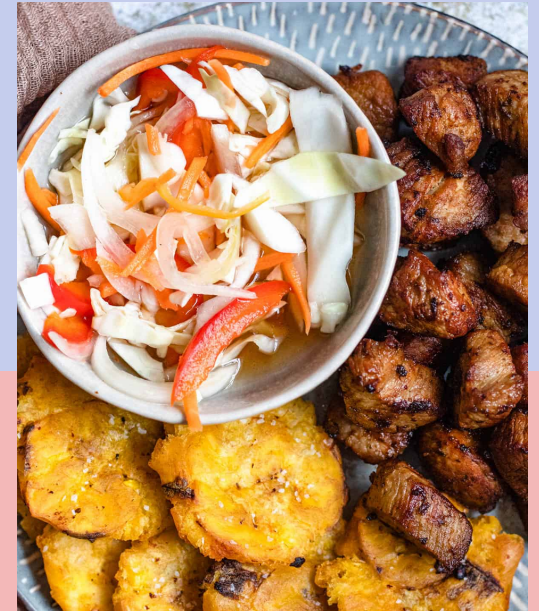
## Legim

Legume Stew



## Griot

Cooked and Fried  
Pork Shoulder  
(Nat'l Dish)



Joumou  
Squash/Pumpkin  
Soup

(Independence Day  
Dish)



Poule en Sauce  
Stewed  
Chicken





# Sides



Pikliz  
Spicy Cabbage  
Vinaigrette



Bannann Peze  
Fried Green Plantains



Diri Kole ak Pwa  
Rice and Beans



Epis  
Seasoning Base



Sos Pwa Nwa  
Black Bean Soup



Mamba  
Haitian Peanut Butter



# Bread



Pain  
Haitian Bread



Kasav Ayisyen  
Cassava Bread  
(Video)



Plantain Bread



Pain  
(Video)



Pain Patate  
Sweet Potato  
Bread



# Desserts



Gateau Orange  
Orange Cake



Dous Makos  
Haitian Fudge



Blan Manje  
Coconut Flan



Haitian Beignets



Caribbean Coconut  
Sugar Cakes



Tablet Kokoye  
Coconut Candy

# Drinks



Akasan  
Corn Flour Shake



Jus de Citron  
Lemonade



Jus Papaye  
Papaya Milkshake



Kremas  
"Eggless Eggnog"  
Omit rum to make non-  
alcoholic version.



Te Jenjanm  
Ginger Tea