



VEBA Eligible Expenses

VEBA funds can be used for a variety of qualified medical, dental and vision expenses, including:

- Acupuncture
- Alcoholism treatment
- Ambulance
- Artificial limbs
- Artificial teeth
- Breast reconstruction surgery (mastectomy-related)
- **Chiropractic services**
- Cosmetic surgery (only if due to trauma or disease)
- **Dental treatment (X-rays, fillings, braces, extractions, etc.)**
- Diagnostic devices (such as blood sugar test kits for diabetics)
- Doctor's office visits and procedures
- Drug addiction treatment
- **Eyeglasses, contact lenses and eye exams**
- Eye surgery (such as laser eye surgery or radial keratotomy)
- Fertility enhancements
- Hearing aids (and batteries for use)
- Hospital services
- Laboratory fees
- **Long-term care (for medical expenses and premiums)**
- Nursing home
- Nursing services
- Operations/surgery (excluding unnecessary cosmetic surgery)
- Physical therapy
- Prescription medicines or drugs
- Psychiatric care
- Psychologist counseling
- Speech therapy
- **Stop-smoking programs**
- Vasectomy
- Weight-loss programs (must be to treat a specific disease diagnosed by a physician)
- Wheelchairs
- X-rays

Non-Eligible Expenses

Expenses that don't qualify:

- Advance payment for future medical care
- Amounts reimbursed from any other source (such as other health coverage or a flexible spending account)
- Babysitting, child care and nursing services for a normal, healthy baby
- Cosmetic surgery (unless due to trauma or disease)
- Diaper services
- Electrolysis or hair removal
- Funeral expenses
- Gasoline expenses to doctor visits
- Health club dues
- Household help
- Massage (unless a prescription is presented)
- Maternity clothes
- Meals
- Nutritional supplements
- Over-the-counter drugs and medicines (unless a prescription is presented)
- Personal-use items (such as toothbrush, toothpaste)
- Swimming lessons
- Teeth whitening
- Weight-loss programs (unless prescribed to treat a specific disease)

For a complete list visit: <https://www.irs.gov/pub/irs-prior/p502--2018.pdf>