The Office of Drug Prevention (OPD) is thrilled to announce an exciting [National Prevention Week](#) (NPW) event with Erica Komisar, LCSW! The one hour and fifteen minute virtual presentation, ***Parenting Skills to Prevent Drug & Alcohol Addiction***, will take place on Tuesday, May 10th from 12:00-1:15pm MST. The event aligns with the NPW focus on preventing substance use and promoting mental health in youth by sharing strategies to help parents and caregivers prevent and recognize the early stages of mental health disorders, behavioral issues, and substance misuse. The presentation will be applicable to prevention professionals, educators, and parents. Certificates of Attendance will be provided, and participants can earn one hour of Certified Prevention Specialist educational credit in the domain of Professional Growth & Development.

About the Speaker

Erica Komisar, LCSW, is a clinical social worker, psychoanalyst, and parent guidance expert who has been in private practice in New York City for over 30 years. A graduate of Georgetown and Columbia Universities and The New York Freudian Society, Ms. Komisar is a psychological consultant bringing parenting workshops to clinics, schools, corporations, and childcare settings. She is a contributor to *The Wall Street Journal*, *The Washington Post* and *The New York Daily News*. She is also a Contributing Editor to *The Institute for Family Studies* and appears regularly on *Fox and Friends* and *Fox 5 News*. Erica is the author of *Being There: Why Prioritizing Motherhood in the First Three Years Matters* and *Chicken Little the Sky Isn't Falling: Raising Resilient Adolescents in the New Age of Anxiety*. Learn more about Erica Komisar at www.ericakomisar.com

Register at https://form.jotform.com/IdahoODP/registration-npw-presentation

Participants that register by May 6th will be entered into a drawing to win a free copy of Erica Komisar's latest book, *[Chicken Little the Sky Isn't Falling: Raising Resilient Adolescents in the New Age of Anxiety](#)*.