



DARIOUSH
Epicurus
FINE SCHOOL CATERING



MAY LUNCH MENU

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
02	03	04	05	06
Mac & Cheese <i>optional</i> Crispy Bacon Roasted Cauliflower	Teriyaki Chicken or Tofu Steamed Rice Roasted Broccoli	Hot Dog Beef or Veggie Roasted Potatoes Seasonal Vegetable	Quesadilla Chicken or Cheese Mexican Rice Seasonal Vegetable	Burger Beef or Black Bean Roasted Potatoes Seasonal Vegetable
09	10	11	12	13
Pasta Chicken Pesto or Pesto Seasonal Vegetable	Pizza Pepperoni or Cheese Seasonal Vegetable	Mexican Plate Turkey Pibil or Bean & Cheese Mexican Rice, Beans <i>Corn Tortillas</i>	Oven Baked Tenders Chicken or Tofu Pasta Seasonal Vegetable	Grilled Ham + Cheese or Cheese Salad Crudit�
16	17	18	19	20
Pasta Bacon Sauce or Marinara Caesar Salad	Sweet & Sour Orange Chicken or Tofu Steamed Rice Seasonal Vegetable	BBQ Chicken or Veggie Patty Cornbread Seasonal Vegetable	Burrito Chicken or Bean & Cheese Seasonal Vegetable	Sandwich Italian Meatball or Vegetarian Salad
23	24	25	26	27
Mac & Cheese <i>optional</i> Crispy Bacon Roasted Cauliflower	Coconut Curry Chicken or Vegan Rice Salad Crudit�	Quesadilla Chicken or Cheese Mexican Rice Seasonal Vegetable	Oven Baked Tenders Chicken or Tofu Pasta Salad Crudit�	Pizza Pepperoni or Cheese Seasonal Vegetable
30	31	June 01	02	03
Memorial Day - No School -	Pasta Bolognese or Marinara Seasonal Vegetable	Burrito Beef or Bean & Cheese Roasted Tomato Salsa Seasonal Vegetable	Hot Dog Beef or Veggie Roasted Potatoes Seasonal Vegetable	Grilled Ham + Cheese or Cheese Salad Crudit�

Lunch will include:

Organic 1% Milk cartons, Seasonal/Organic Fruit

Alternative choice in place of hot main entr e:
Sandwiches: Sunbutter & Jelly or Turkey on whole wheat

*Our ingredients are sourced from organic, local, and sustainable producers whenever possible.
Proteins are grass-fed beef, Zoe's Meats, Mary's Chickens, and Dairy from Clover & Strauss*

Vegetarian, Gluten-Free and Dairy-Free options are always available