

Fair Street International Academy Summer Menu

Monday-Thursday, June 1st-30th, 2022

Assorted fat-free and low-fat milk is offered at breakfast & lunch.
The menu is limited and subject to change due to market conditions, school events, and closures.

Adult breakfast: \$2.00
Adult lunch: \$3.50
Children under 18 eat at no cost
Extra milk is \$0.35

Monday	Tuesday	Wednesday	Thursday	
30	31	1	2	3
No Meal Service	No Meal Service	Cereal Bar & Cheese Crackers Craisins 1 pack Peaches ½ cup	Cereal Cup Fruit Juice 4 oz. Raisins 1 pack	No Meal Service
No Meal Service	No Meal Service	Grilled Cheese Sandwich <i>Marinara Dunk Cup</i> Celery Sticks ½ cup Steamed Broccoli ½ cup Applesauce ½ cup	Hotdog <i>Baked Beans ½ cup</i> <i>Oven Fries ½ cup</i> Fresh Fruit 1 each	No Meal Service
6	7	8	9	10
Cereal Cup Fruit Juice 4 oz. Raisins 1 pack	Cereal Bar & Cheese Crackers Craisins 1 pack Peaches ½ cup	Cereal Cup Fruit Juice 4 oz. Raisins 1 pack	Breakfast Bun Craisins 1 pack Applesauce ½ cup	No Meal Service
PB&J or Soybutter Sandwich Cheese Stick <i>Carrot Sticks ½ cup</i> <i>Veggie Juice 4 oz.</i> Fresh Fruit 1 each	Grilled Cheese Sandwich <i>Marinara Dunk Cup</i> Celery Sticks ½ cup Steamed Broccoli ½ cup Applesauce ½ cup	Hotdog <i>Baked Beans ½ cup</i> <i>Oven Fries ½ cup</i> Fresh Fruit 1 each	Pizza Munchable <i>Corn ½ cup</i> <i>Green Beans ½ cup</i> Peaches ½ cup	No Meal Service
13	14	15	16	17
Cereal Cup Fruit Juice 4 oz. Raisins 1 pack	Cereal Bar & Cheese Crackers Craisins 1 pack Peaches ½ cup	Cereal Cup Fruit Juice 4 oz. Raisins 1 pack	Breakfast Bun Craisins 1 pack Applesauce ½ cup	No Meal Service
PB&J or Soybutter Sandwich Cheese Stick <i>Carrot Sticks ½ cup</i> <i>Veggie Juice 4 oz.</i> Fresh Fruit 1 each	Grilled Cheese Sandwich <i>Marinara Dunk Cup</i> Celery Sticks ½ cup Steamed Broccoli ½ cup Applesauce ½ cup	Hotdog <i>Baked Beans ½ cup</i> <i>Oven Fries ½ cup</i> Fresh Fruit 1 each	Turkey & Cheese Munchable <i>Corn ½ cup</i> <i>Green Beans ½ cup</i> Peaches ½ cup	No Meal Service
20	21	22	23	24
No Meal Service	Cereal Bar & Cheese Crackers Craisins 1 pack Peaches ½ cup	Cereal Cup Fruit Juice 4 oz. Raisins 1 pack	Breakfast Bun Craisins 1 pack Applesauce ½ cup	No Meal Service
No Meal Service	Grilled Cheese Sandwich <i>Marinara Dunk Cup</i> Celery Sticks ½ cup Steamed Broccoli ½ cup Applesauce ½ cup	Hotdog <i>Baked Beans ½ cup</i> <i>Oven Fries ½ cup</i> Fresh Fruit 1 each	Turkey & Cheese Munchable <i>Corn ½ cup</i> <i>Green Beans ½ cup</i> Peaches ½ cup	No Meal Service
27	28	29	30	1
Cereal Cup Fruit Juice 4 oz. Raisins 1 pack	Cereal Bar & Cheese Crackers Craisins 1 pack Peaches ½ cup	Cereal Cup Fruit Juice 4 oz. Raisins 1 pack	Breakfast Bun Craisins 1 pack Applesauce ½ cup	No Meal Service
PB&J or Soybutter Sandwich Cheese Stick <i>Carrot Sticks ½ cup</i> <i>Veggie Juice 4 oz.</i> Fresh Fruit 1 each	Grilled Cheese Sandwich <i>Marinara Dunk Cup</i> Celery Sticks ½ cup Steamed Broccoli ½ cup Applesauce ½ cup	Hotdog <i>Baked Beans ½ cup</i> <i>Oven Fries ½ cup</i> Fresh Fruit 1 each	Turkey & Cheese Munchable <i>Corn ½ cup</i> <i>Green Beans ½ cup</i> Peaches ½ cup	No Meal Service

One Entrée Choice - Menus Repeat Each Week

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To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: How to File a Complaint, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov.

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Para presentar una denuncia de discriminación, complete el Formulario de Denuncia de Discriminación del Programa del USDA, (AD-3027) que está disponible en línea en: How to File a Complaint, y en cualquier oficina del USDA, o bien escriba una carta dirigida al USDA e incluya en la carta toda la información solicitada en el formulario. Para solicitar una copia del formulario de denuncia, llame al (866) 632-9992. Haga llegar su formulario lleno o carta al USDA por:

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Office of the Assistant Secretary for Civil Rights
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Washington, D.C. 20250-9410;
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- (3) correo electrónico: program.intake@usda.gov.

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