

Minutes of the Wellness Committee of the Board of Education
Regional School District 14 www.cireg.org
Monday, February 6, 2017

Start: 3:29pm End: 4:25pm

In attendance were: Superintendent Dr. Anna Cutaia-Leonard, Peter Brooks, Paula Paolino, Maryanne Van Aken, Julee Oppici, Mary Lou Czarnecki, Christina Cuola, Wayne McAllister, Susan Ruddock, Patti Sola, Eric Bergeron, Also in attendance was BOE secretary: Carol Ann Brown

Absent: Chrissy Fensore, Karen Sheehen-Wolf, Bill Nemec

Individual Health Care Plans –Dr. Anna advised the committee that Ms. Fensore is working closely with the school nurses and they have concluded varied practices across schools. Starting in the 2017-18 school year, protocols and procedures for students with medical issues to have individual health care plans. Training will be conducted in all schools in Region 14 so that all of the nurses will have the same information. As well, during Kindergarten screening, the nurses will be available to meet with the parents who may have questions.

Mrs. Paulino asked if there are modified days for the first few weeks for incoming Kindergartners. Per Mrs. Ruddock, the Region has modified days for the first couple of days, but ultimately the responsibility should be with EdAdvance for administering meds for after school programs at MES. A reminder must be sent to parents to advise them of this.

Mrs. Paolino commented that parents were asked to provide separate Epipens for school and after school programs.

Mrs. Paolino inquired about the use of the IHCP forms available in the CSDE's Guidelines for Managing Life Threatening Allergies and shared a copy of the guidelines. Dr. Anna shared that a common district form will be part of the protocols and procedures developed.

Internal Communications Procedures – Ms. Fensore is currently working on a communications flowchart which will include timelines when the nurse(s) are told, next steps as to who needs to find out about any given incident and when. Currently there are varied ways of doing things and the region is working with an external nursing consultant to standardize procedures.

District Communication Process with Bus Company - All-Star Transportation conducted a training on 504 & sharing 504 information under FERPA with the nursing department. As of November, the Region prepared and shared with All Star Transportation a list of students that use the Region's bus transportation. Procedures are in place and training will be conducted each year in August in preparation for the new school year.

Allowable Snacks – Mrs. Cuola mentioned that there is some confusion on allowable snacks in her school and Dr. Anna mentioned that the Region is looking to find better ways to communicate even though the information is posted to the website and in each school's handbook. Prior to holiday time, frequent announcements are made. In order to avoid individuals not adhering to the approval snacks list, reminders will be sent to parents and staff alike that they must adhere to the approved snacks list. The Region can also post the approved list to the digital backpacks at the beginning of each year.

Ms. Van Aken suggested that the focus for celebrations in general should be less food-focused and more activity focused.

Healthy Snacks List -

Concerns on current items include: Italian ice, ice cream, caramel dip, teddy grahams, homemade muffins, real fruit juice popsicles, and cool whip/whipped cream. Ms. Van Aken suggested the possibility of limiting the approved snacks to contain less than 10g of sugar. A suggestion was brought forth to include sun butter and to remove homemade muffins for 2017-18.

The committee to conduct an analysis of the ingredients in the following items for the next meeting: italian ice, ice cream, real juice popsicles.

Other business:

Mrs. Paolino mentioned that certain information which was originally posted on the Region 14 website, was later pulled off. She would like to see the information reposted under Health Services Allergy Management. Dr. Anna advised that something will be done to have the information available.

Mrs. Paolino asked if the district works with the transportation company to ensure that bus drivers are trained on symptom awareness as per BOE policy 5141.6A. Dr. Anna advised that she would look into it.

Meeting was adjourned at 4:25pm

Future meetings:

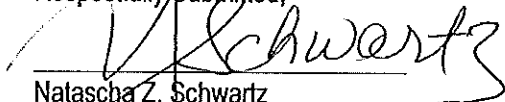
Monday, February 27, 2017, Central Office Conference Room, 3:30pm – moved to March 13

Monday, March 13, 2017, Central Office Conference Room, 3:30pm

Monday, April 3, 2017, Central Office Conference Room, 3:30pm

Monday, May 22, 2017, Central Office Conference Room, 3:30pm

Respectfully Submitted,


Natascha Z. Schwartz
Regional School District 14 Board Clerk

Recorded and filed subject to Board of Education approval by: Natascha Z. Schwartz, Board Clerk, 2/13/2017