

Minutes of the Wellness Committee of the Board of Education  
Regional School District 14 [www.ctreg.org](http://www.ctreg.org)  
Monday, April 17, 2017

Start: 3:35pm End: 3:59pm

In attendance were: Superintendent Dr. Anna Cutaia-Leonard, Peter Brooks, Maryanne Van Aken, Julee Oppici, Susan Ruddock, Patti Sola, Mary Lou Czarnecki

Absent: Christine Coelho, Karen Sheehen-Wolf, Paula Paolino, Eric Bergeron, Bill Nemec, Wayne McAllister, Eric Bergeron

#### **Snacks List Review-**

Mr. Brooks & Mrs. Sola showcased a new classroom celebration snack request form to the committee. This would replace all celebrations, rather than having parents sending in homemade snacks. For high demand times of the year, advance warning will be required.

#### **Wellness Policy Review-**

The Wellness committee discussed CABE's recommended Wellness policy. Input was requested from the Wellness committee. The BOE will revise the policy and consider for approval. The Wellness committee will discuss implementation of the policy once it is approved.

#### **Other business:**

Epipens for EdReflect – Parents need to work with the 3<sup>rd</sup> party provider if they would like the literature changed on who should be providing the Epipens for after school activities. Mrs. Ruddock contacted EdReflect.

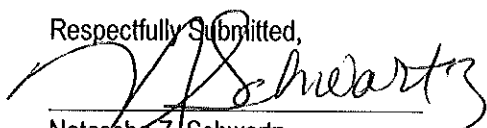
The committee unanimously decided to cancel the May meeting,

Meeting was adjourned at 3:59pm

Future meetings:

Monday, May 22, 2017, Central Office Conference Room, 3:30pm-cancelled

Respectfully Submitted,



Natascha Z. Schwartz  
Regional School District 14 Board Clerk

Recorded and filed subject to Board of Education approval by: Natascha Z. Schwartz, Board Clerk, 4/21/2017