



This institution is an equal opportunity provider

# MAY 2022

Stonington Middle School

ALL student meals are available  
at no cost through June 30,  
2022!

## Monday

Mozzarella Sticks  
Marinara Sauce  
Garlic Knot  
Seasoned Broccoli  
Strawberry Cups

2

## Tuesday

WG Nacho Chips  
Taco Beef or Fajita Chicken  
Brown Rice  
Refried Beans  
Salsa & Lettuce  
Mixed Fruit

3

## Wednesday

WG Penne Pasta  
Meatballs  
Marinara Sauce  
Garlic Texas Toast  
Green Beans  
Cinnamon Peaches

4

## Thursday

Chicken Patty Sandwich  
Oven Fries  
Broccoli Salad  
Fresh Watermelon

5

## Friday

Sal's Pizza  
Veggie Dippers  
Crisp Romaine Salad  
100% Juice

6

## Pancakes

Hash Brown Patty  
Cinnamon Sugar Chickpeas  
Chicken Bacon  
Egg Patty  
Diced Pears

9

## WG Nacho Chips

Taco Beef or Fajita Chicken  
Brown Rice  
Refried Beans  
Salsa & Lettuce  
Oranges

10

## WG Rotini Pasta

Meatballs  
Marinara Sauce  
Garlic Knot  
Steamed Broccoli  
Applesauce

11

## Popcorn Chicken

Homemade Mashed Potatoes  
Corn  
Dinner Roll  
Fresh Grapes

12

## Sal's Pizza

Veggie Dippers  
Oven Fries  
Bananas

13

16

Twisted Mozzarella Breadsticks  
Marinara Sauce  
Mixed Vegetables  
Fresh Pineapple Cups

## Cheese or Chicken Quesadilla

Brown Rice  
Refried Beans  
Salsa & Lettuce  
Strawberry Cups

17

## WG Penne Pasta

Meatballs  
Marinara Sauce  
Garlic Texas Toast  
Steamed Carrots  
Diced Pears

18

## General Tso's Chicken

Vegetable Fried Rice  
Asian Style Vegetables  
Corn & Edamame Blend  
Fresh Watermelon

19

## Sal's Pizza

Veggie Dippers  
Crisp Romaine Salad  
100% Juice

20

23

3-Cheese Dipper Sandwich  
Marinara Sauce  
Mixed Green Salad  
Crisp Apple

## WG Nacho Chips

Taco Beef or Fajita Chicken  
Brown Rice  
Refried Beans  
Salsa & Lettuce  
Diced Pears

24

## WG Rotini Pasta

Meatballs  
Marinara Sauce  
Garlic Knot  
Green Beans  
Applesauce

25

## Chicken Drumstick Homemade Cornbread

Tater Tots  
Marinated Garbanzo Bean  
Salad  
Blueberry Cups

26

## Sal's Pizza

Veggie Dippers  
Oven Fries  
Bananas

27

30

## No School



## WG Nacho Chips

Taco Beef or Fajita Chicken  
Cheddar Cheese  
Brown Rice  
Refried Beans  
Cinnamon Peaches

31

- All meals include protein, whole grains, fruit, vegetable, and fat-free flavored milk or 1% unflavored milk
- Visit [www.stoningtonschools.org/departments/food-services](http://www.stoningtonschools.org/departments/food-services) for more information
- Menu subject to change as needed without notice.
- WG=Whole Grain, WW=Whole Wheat

**School Lunch Hero Day is Friday, May 6!**  
**A day to celebrate all Lunch Ladies & Gents for the nutritious meals they provide each day.**