

MAY 2022

THE BULLDOG BULLETIN

Updates for the Westview Elementary Community



Principal's Corner

Dear Parents/Guardians,

This is always a bittersweet time of the year as fifth graders are ending their classroom time at Westview and we are welcoming new kindergartners and planning for the next year. We continue to be Bulldog STRONG as we work together to respect our learning and each other and show gratitude for this awesome year.

There will be summer learning opportunities for students as many of you have received information about Camp Propel at Echo Park. Families are welcome to continue to donate, take or exchange books in our little blue library by our flag pole during the summer months. There is much research around the importance of continued reading opportunities throughout the summer to ensure that literacy skills are not lost.

We will send letters out to families in early August that will include information regarding the upcoming school year, such as your child's teacher and about how to schedule an individual literacy assessment prior to the start of the school year. At your child's assessment appointment (August 31 or September 1) we will also check their hearing and vision to identify any potential barriers to learning. This is a wonderful, valuable time for the teacher and child to connect and have some time together before the whole group gathers on the first day. We have noticed this can be a fun opportunity for the parents to connect with each other, too!

Last month I shared with you some memories of my Dad and May 3rd marks the fifth anniversary of missing my Mom. In her last couple of years, she lived just a couple of miles from me and we had wonderful opportunities together and shared daily experiences in real time. She was a bit sassy, classy, loved fashion and antiques and could talk to anyone. She used to leave my siblings and I notes (usually lists of chores to be done) beginning with Dear Ones. When I was a second grade teacher, one of my students used to call me Mrs. Style Schultz and that was one of her favorite stories because of her influence and interest.

I look forward to seeing many of you at Westview as we celebrate our end of the year, including the return of our annual Spring Carnival and Fun Run.

Sincerely,
Tami

WV Spring Carnival Updates

By Westview Carnival Committee

The Westview Spring Carnival is fast approaching and the committee would like to thank the following individuals and businesses for donating to the raffle.

- Aqua Tots Swim School
- District 196 Community Education
- Escapology Burnsville
- Flowerama
- Half-Priced Books
- Lakeville Brewing Company
- Mainstream Boutique
- Millz House
- Minneapolis Toy Library
- MN Vikings
- Nothing Bundt Cakes
- Rack Shack BBQ
- Rick Bronson's House of Comedy
- Target Center
- Tool Library
- Two Seeds Popcorn
- YMCA
- Parent Donations: Jennifer Torrini, Jeff & Margaret Bransford, Christy Swedell, Kelly Dittrich, Rebecca Nutter, Joanna Klapperick
- Teacher Donations: Mrs. Anderson, Ms. Lily, Mrs. Krueger, Mrs. Anger, Mrs. Nord, Ms. Singleton, Nurse Villella, Westview, Ms. Theirl, Mrs. Overson and Ms. Buck.

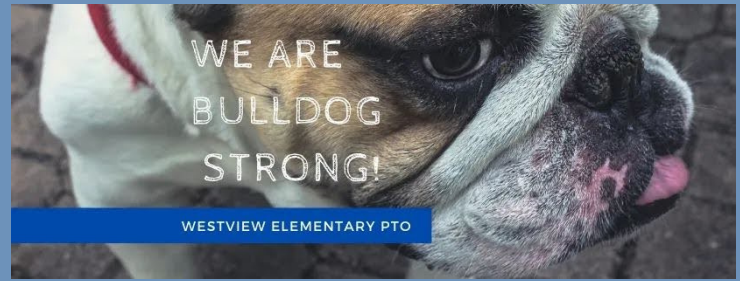
ATTENTION: BULLDOG PARENTS!



The date for the carnival is getting close! Right now we only have 70% of our volunteer slots filled-**WE NEED MORE HELP!** Please sign up here:

<https://www.signupgenius.com/go/30e0444a8a92ca5fe3-2022> for a slot! It's been 2 years since we have been able to have a carnival and we want this one to be the best!

PTO UPDATES



**Save the Date PTO Meeting:
May 16 from 6-7 p.m.**

Did You Know?

The Westview PTO is committed to providing the best educational and social experience for Westview students and their families. We exist to provide financial and volunteer support, bring the community together through events, build morale with staff appreciation, and enhance the quality of Westview students' learning experiences.

PTO Updates

We had another great Takeout Tuesday event in April with Westview PTO raising over \$250 to support technology replacements and enhancements which benefit all students. Thank you to all those who participated!

Stay tuned for another upcoming Dine-and-Donate opportunity in May offered by a fellow Westview parent.

The May PTO meeting is the last one of the school year - join us to learn more about what next year should look like, how you can help, and be part of supporting our students and community.

BAND NEWS FROM MARIAH MEYERS

5th Graders Continue on in Middle School:

I encourage each of our fifth-grade band students to take advantage of the wonderful instrumental music programs at the District 196 middle schools.

Participation in band:

- Reinforces literacy, math, and organizational skills
- Is an opportunity to continue to develop a skill on an instrument
- Allows students the creative experience of making music with friends in a positive peer group

Middle school bands do not rehearse before or after school as we do at the elementary school level. Instead, students have a playing class every other day during the school day. Students also have small group lessons once per cycle (about once every 8 school days).

Former students come back and tell me about the exciting music they are playing at the middle school and high school. They also really enjoy being able to play more because middle school bands meet every other day as a class.

In addition to band class and lessons, students registered for band may participate in a variety of other ensembles, some of which may be:

- Jazz band
- Holiday band
- Flute or clarinet choir
- Saxophone Quartet
- Brass ensemble
- Percussion ensemble
- Other special performing trips

Students branch off and learn another instrument in addition to their main instrument, for example, some may learn

- Bass guitar or keyboard for jazz band
- Timpani, drum set, and much more (percussionists)
- Baritone saxophone (saxophones)
- Piccolo (flutes)

Middle school band is also the “gateway” to future participation in high school band - which opens another world of opportunities for students involving travel, additional performance opportunities, and many exciting musical experiences!

Fourth Grade Families:

Most 4th graders have chosen their band instruments and are acquiring an instrument.

Here is a reminder of important dates:

- **March:** arrange for an instrument online with one of the music stores ~ *If your student was sent a blue “Band for All” sheet or a yellow “School Owned Instrument” sheet you do not need to do this step, HOWEVER, you will need to complete steps on My Payments Plus as soon as possible.
- **April 8th:** Be sure you have arranged for an instrument by this date. The early date reflects the supply chain issues that all stores are dealing with at this time.
- **August:** Instruments are delivered to your child's school.
- **August:** We prep each instrument. This is different for each instrument. We add various items that may not be included already and various literacy aides. If you own the instrument already, your child can bring it to school in September and drop it off with me so I can prep it if needed. (Exception: Please do not bring percussion instruments to school.)
- **September:** Lessons begin!

Band for All ~ Donations needed!

If you have a gently used musical instrument that is no longer being used, please consider donating it to the district's Band For All program. This year, more than 780 students are participating in band with a donated instrument from Band For All. In 15 years we have helped over 2310 students. Some students who started band with a BFA instrument are now playing in college!

More than 250 additional instruments are needed to meet the needs of next year's fifth-grade students who would like to participate in band but do not have an instrument to use. All gently used band and orchestra instruments are accepted and used.

Instruments can be dropped off at Scott Highlands Middle School during school hours. Include name, address and phone number on a piece of paper inside the instrument case if you would like to receive a donation letter for tax purposes.

Band For All also accepts monetary donations to repair donated instruments. Monetary donations can be sent to Scott Highlands Middle School, c/o Band For All, 14011 Pilot Knob Rd, Apple Valley, MN 55124 (checks should be made payable to Band For All).

SPECIALISTS CORNER

Bulldog Fun Run

By Shirley Buck

On June 8th, Westview will have our annual, Bulldog Fun Run! This well-loved event takes place outside from 11:30 a.m.-1 p.m.

All students will run/walk a set course on the fields behind our school, eat bag lunches out on the grass, and conclude with an all school recess/dance party.

Families are welcome to come and watch this event. You may even bring your own lunch and eat with your child's class. More information will be coming in late May.

In case of bad weather, this outdoor event will be cancelled so think positive, sunny thoughts!



1st Grade Spring Concert & Author Celebration

By Brenda Bush

1st grade spring concert and author celebration will be held Friday, May 6 beginning at 2 p.m. in the Westview gym. We will be singing songs about animals!

Library Book Reminder



A reminder that **ALL LIBRARY BOOKS** and materials are due on **TUESDAY, MAY 24th!**

Updates from Phy. Ed.

By Shirley Buck

Grade 5 District Track & Field Meet:

Friday, May 20th, from 10 a.m.-2 p.m.

Information letters were sent home on April 20. Spectators are welcomed. If you want to help out please return the volunteer form by May 6. Alternate date due to weather is May 27th. Go Bulldogs!

Kids Heart Challenge Update:

Westview collected \$8,917 for the American Heart Association! Thank you Heart Heroes!

Kindergarten's Celebrate Our Learning Day

By Stephanie Nord

Families are welcome to come on June 7 from 2:15-3 p.m. to celebrate their child's success in kindergarten.

COME ONE, COME ALL!

THE GREAT WESTVIEW GET-TOGETHER

5p
START

05.12.2022
FOOD, FUN & GAMES

8p
END

WESTVIEW ELEMENTARY



WESTVIEW PTO FUNDRAISER



MAY 2ND
THRU
MAY 6TH

WESTVIEW CARNIVAL BOTTLE BLAST

Sidewalk drop off
during parent
pickup time for
your convenience.
You may also
drop off to front
office at any
time.

We are in need of
donations for the
Westview Carnival!

Donate and Drop right
from your car!

We are asking for:

- 12 ounce soda
cans
- 16 ounce bottled
water
- Individual size
juice boxes





DISTRICT 196

One District. Infinite Possibilities.



FREE SUMMER MEALS!

June 20, 2022 – August 12, 2022

Monday – Friday (No Meals July 4- 8)

Free for **ALL KIDS** ages 18 and under*

No income eligibility requirements.

JUST SHOW UP!

CUNTADA BILAASHKA AH SAMARKA!

Juun 20, 2022 - Agoosto 12, 2022

Isniinta – Jimacaha (Cuntada ma jirto Juulay 4-8)

Waa bilaash DHAMAAN caruurta jira 18 ama ka yar *

Dakhli looma eegaayo si uu ilmuhu cuntada u cuno.

WAA INAAD ISKA TIMAADID

Alimentos Gratuitos para Niños

20 de junio – 12 de agosto

Lunes Viernes (No se ofrecerán comidas del 4-8 de julio)

Gratis para **TODOS** los niños*

No hay requisitos de elegibilidad de ingresos

¡SOLO PRESENTESE AL LUGAR!

Educational Benefits

Applications for the upcoming school year 2022-2023 will be **available July 2022** and are needed each school year. If your household qualifies, each approved application provides additional funding for programs for our school district.

Beneficios educativos

Las solicitudes para el próximo año escolar 2022-2023 estarán **disponibles a partir del mes de julio de 2022** y se requieren cada año escolar. Si su familia califica, cada solicitud aprobada proporciona fondos adicionales para los programas de nuestro distrito escolar.

Faa'iidooyinka Waxbarashada

Codsiyada sanad dugsiiyeedka soo socda ee 2022-2023 waxay **noqon doonaan kuwo la heli karo luulyo 2022** waxaana loo baahan yahay sanad dugsiiyeed kasta. Haddii qoyskaagu uu u qalmo, codsi kasta oo la aqbalay wuxuu bixiyaa maalgelin dheeraad ah oo loogu talagalay barnaamijyada dugsiga degmadeena.

Online Application: www.district196.org/edbenefits

Hot & Cold meals will be served and must be consumed onsite.

ADULT Lunch is \$5.00.

Available from 11 – 12 p.m.

Cedar Park

7500 Whitney Drive, Apple Valley

Diamond Path

14455 Diamond Path, Apple Valley

Echo Park

14100 County Road 11, Burnsville

Thomas Lake

4350 Thomas Lake Road, Eagan

Distributed by Open Door Mobile Lunchbox

** Times & Locations subject to change*

Cedar Knolls 12:30 – 1:00 p.m.

Mobile Home Community near the pool

12571 Garland Avenue, Apple Valley

Cinnamon Ridge Park 11:45- 12:15 p.m.

4598 Slater Road, Eagan

Eagan Place Apts. 11:00 – 11:30 a.m.

3575 Lexington Ave. S., Eagan

Emerald Hills 11:00 – 11:30 a.m.

8555 Bacardi Ave, Inver Grove Heights

Rosemount Greens 12:30 – 1:00 p.m.




3810 145th St W, Rosemount

Rosemount Woods 11:45 – 12:15 p.m.

13925 Bunratty Ave, Rosemount

This institution is an equal opportunity provider. In accordance with federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability.

Do you want a different approach to calm your child's most challenging behaviors? Learn positive, specific tools from our brain-based approach to create more peace at home.

-  Specially designed for parents of emotionally intense kids
-  Reduce fighting, yelling, and frustration at home
-  Increase listening, connection, and happiness

live online series





START DATE

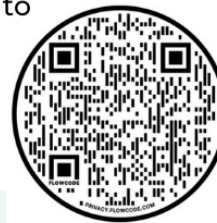
Friday, May 6, 2022

12:30 - 2:00pm Central
(every Friday for 8-weeks)



What's Included:

-  Eight brain-based parenting classes taught live – learn one strategy each week plus the psychology behind WHY it works
-  50+ page workbook with detailed notes on every concept, plus specific action steps to transform a stuck family dynamic
-  Live troubleshooting and coaching – ask questions and receive step-by-step guidance to successfully implement in your unique home
-  Recordings of all classes; listen again whenever it works for you



register

COST: \$297
(Save \$50 with PARENT50; expires 5/1)

<https://tamiss.krtra.com/t/Stl5wnrmPl1a4>



your host

Certified parent coach and speaker Samantha Moe has coached parents on how to help their children calm, connect, and cooperate since 2004.

She is the creator of the Mad to Glad Blueprint™, a revolutionary brain-and-nervous-system-based approach to positive communication and parenting that works to soothe and even prevent intense kids' most challenging behaviors. Samantha provides continuing education, advanced training, and parent coach certification for family service professionals who support intense kids and their families.

1. CALM THE FIRE

- What's going on in an intense kid's brain that causes challenging behaviors
- How to put out that "fire in the brain"

2. AVOID FIRE-STARTERS

- What you might unintentionally be doing to contribute to the fighting, yelling and frustration in your home
- Common triggers of power struggles and how to avoid them

3. HAPPY CHEMICALS

- Play and quality time techniques to put your child's brain in a calm and happy state
- Develop mutual respect with your child so you have more fun together

4. RED-LIGHT PARENTING

- How to get your child to listen and cooperate the first time (without repeating yourself!)
- Set clear, enforceable expectations to eliminate disruptive behavior

5. POSITIVE DISCIPLINE PROTOCOL

- How to respond both pro-actively and reactively when your child acts out, so they develop self-control and the ability to choose their behavior
- Get the framework to enforce a break that combines "time-in" (connection) with "time-out" (pattern interruption)

6. EMOTION COACHING

- How to help your child communicate their feelings and manage big emotion
- How to help your child self-soothe and become more independent at dealing with frustration and upset

7. OPTIMIZE DAILY ROUTINES

- Improve upon (or create) consistent morning, afternoon, and evening routines your child will follow without resistance or negotiation
- Easy transitions to get out the door, through the homework process, and into bed without a fight

8. SKILLS AND SIBLINGS

- Harmonize sibling relationships and decrease conflict
- Improve social-emotional and communication skills for highly competitive kids



register

COST: \$297

(Save \$50 with PARENT50; expires 5/1)

<https://tamiss.krtra.com/t/Stl5wnrmPl4>