

Sexual/Gender Identity

Los Alamitos High School



Why Is It Important To Understand Sexual Identity?

- Establish a culture of respect
- Reduce bullying, harassment, violence
- Better understand others and ourselves



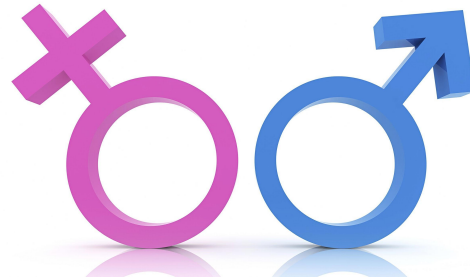
Gender

-Gender: The state of being male or female

-Biological Sex: Our anatomy as female, male, or intersex. It includes our internal and external sex organs, chromosomes, and hormones.

-Gender identity: One's innermost concept of self as male, female, a blend of both or neither – how individuals perceive themselves and what they call themselves. One's gender identity can be the same or different from their sex assigned at birth.

-Gender Dysphoria: Strong, persistent feelings of identification with the opposite gender and discomfort with one's own assigned sex that results in significant distress or impairment.



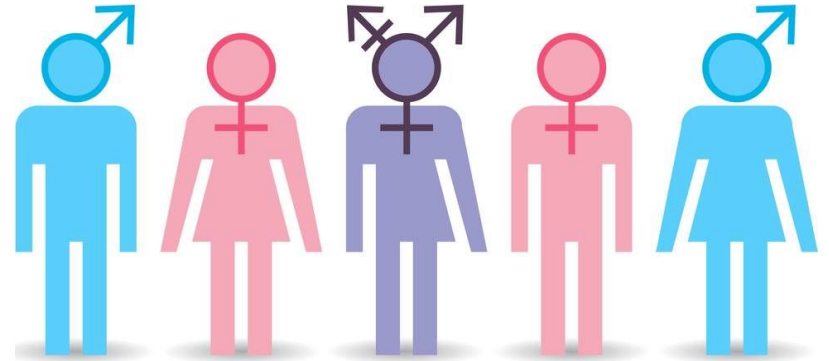
Gender Continued

-Gender Expression: Refers to the ways in which we each manifest masculinity or femininity. It is usually an extension of our “gender identity,” our innate sense of being male or female.

-Each of us expresses a particular gender every day – by the way we style our hair, select our clothing, or even the way we stand.

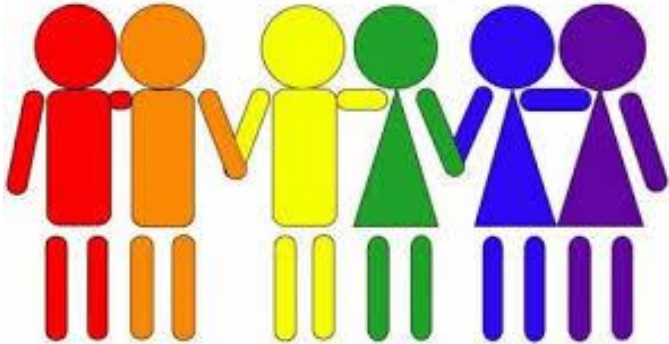


-Intersex: General term used for a variety of conditions in which a person is born with a reproductive or sexual anatomy that doesn't seem to fit the typical definitions of female or male



Sexual Orientation

-Sexual Orientation: A person's sexual identity in relation to the gender to which they are attracted; the fact of being heterosexual, homosexual, bisexual, etc.



-Define the following terms:

1. Heterosexual
2. Homosexual
3. Bisexual
4. Asexual

-Pair/share

Key Vocabulary

-Lesbian: A homosexual woman. A female that is sexually attracted to another female.

-Gay: Generally refers to a homosexual man. A man that is sexually attracted to another man.

-Bisexual: Refers to an individual who is sexually attracted to both men and women.

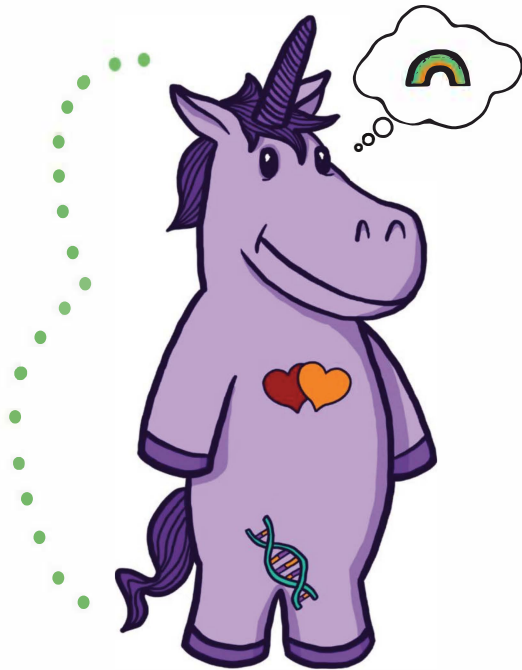
-Transgender: denoting or relating to a person whose self-identity does not conform unambiguously to conventional notions of male or female gender.

-Queer: Slang term towards gay and lesbian individuals that used to be considered derogatory. Some in the LGBTQIA community have now embraced this term.

-Intersex: General term used for a variety of conditions in which a person is born with a reproductive or sexual anatomy that doesn't seem to fit the typical definitions of female or male.

-Asexual: Refers to an individual who is not sexually attracted to any type of individual.

The Gender Unicorn



 Gender Identity

- Female/Woman/Girl
- Male/Man/Boy
- Other Gender(s)

 Gender Expression/Presentation

- Feminine
- Masculine
- Other

 Sex Assigned at Birth

Female Male Other/Intersex

 Sexually Attracted To

- Women
- Men
- Other Gender(s)

 Romantically/Emotionally Attracted To

- Women
- Men
- Other Gender(s)

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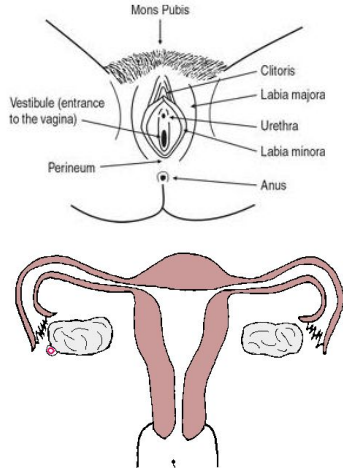
What Is Sex Assigned At Birth?



The biological characteristics that we are born with. Includes: body parts, chromosomes, & hormones.

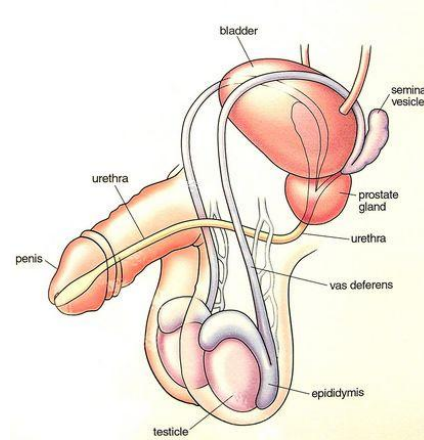
Female

XX



Male

XY



Other/Intersex

X0,XXY,XXX, XY, XX

- 46, XX Intersex
- 46, XY Intersex
- 1 in 1500 births
(ambiguous genitals)

What Is Gender Identity?



Gender Identity



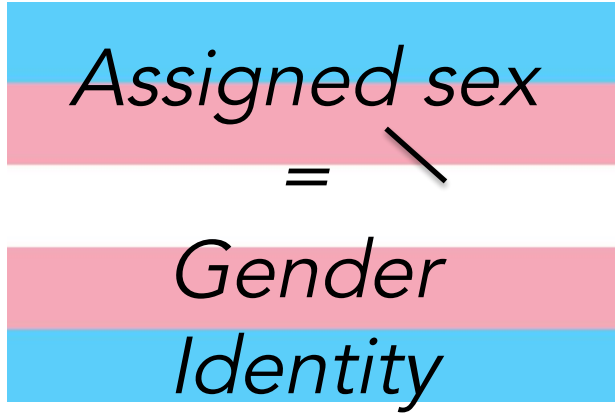
Female / Woman / Girl

Male / Man / Boy

Other Gender(s)

How we think and feel about ourselves. One's internal sense of being male, female, neither of these, both, or another gender(s).

Can We See What Someone's Gender Identity Is?

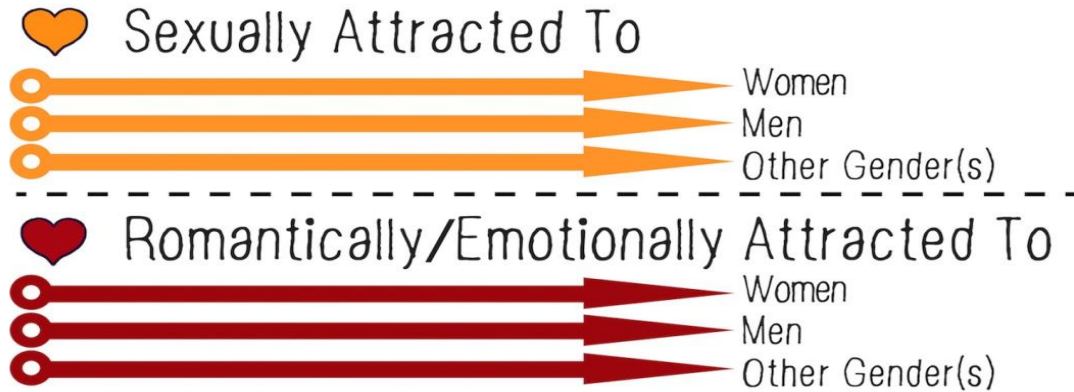


What Is Gender Expression?



How we physically present ourselves to the world. We do this through clothing, hairstyle, voice, body shape, etc.

What Is Sexual Orientation?



It is who we are romantically, spiritually, sexually, or physically attracted to.

What Can You Do?

- ✓ Treat others with respect
- ✓ Speak up if you witness disrespect
- ✓ Inform yourself and others
- ✓ Reach out to the following resources if you need help with bullying, talking to a parent, or need legal help