



Bath County High School

School Based Decision Making Policy

Policy Topic Description:

School Wellness Policy

Council Policy Type (Check One):

By-Laws (Council Operations Policies)

Function (School Operational Policies)

Policy Number:

11.01

Policy Statement:

Bath County High school is committed to providing a school an environment that enhances learning and development of lifelong wellness practices. A Coordinated School Health committee shall be created and shall be compromised of the following: Health/PE teacher(s), Heath Sciences Teacher, School Guidance Counselor, Family and Consumer Science Teacher(s), School Nurse, and a representative from Food Services. This committee shall annually collect and analyze data to create/review the school wellness policy and utilize the policy to guide collaboration and integration of health education instruction throughout the school environment. The committee shall oversee the implementation of the following goals:

- Child Nutrition Programs comply with federal, state and local requirements. Child Nutrition Programs are accessible to all children.
- Sequential and interdisciplinary nutrition education is provided and promoted.
- Patterns of meaningful physical activity connect to students' lives outside of physical education.
- All school-based activities are consistent with local wellness policy goals.
- All foods and beverages made available on campus (including vending, concessions, a la carte, student stores, parties, and fundraising) during the school day are consistent with the current Dietary Guidelines for Americans. All foods made available on campus adhere to food safety and security guidelines.
- The school environment is safe, comfortable, pleasing, and allows ample time and space for eating meals. Food and/or physical activity is not used as a reward or punishment.

Date Adopted: 05/13/2014

Signature: _____

Paul W. Prater

Council Chairperson

Date Revised: 04/09/2013