

# What's on the Menu?

## Rochester Community Schools High School: In Person Lunch Menu May 2022

A full student lunch includes a choice of entrée supplying protein and grain, 1/2 cup fruit side, 1/2 cup of vegetable side, and 1% chocolate or white milk.

	Monday	Tuesday	Wednesday	Thursday	Friday	
We offer a variety of fresh fruits and vegetables including legumes and green salad offered throughout the week.	2	3	4	5	6	
	Classic Cheese Pizza Slice (V) <b>OR</b> Chicken Nuggets w/ Breadstick <b>OR</b> Deli Turkey and Cheese	Chicken Quesadilla w/Salsa <b>OR</b> Cheese Quesadilla w/Salsa (V) <b>OR</b> Deli Turkey and Cheese Sandwich	Bosco Cheese Sticks w/ Pizza Dipping Sauce (V) <b>OR</b> Spicy or Regular Chicken Patty Sandwiches <b>OR</b> Deli Turkey and Cheese Sandwich	Chicken Popcorn w/WG Breadstick <b>OR</b> Grilled Cheese (V) <b>OR</b> Deli Turkey and Cheese Sandwich	<b>No School</b>	
	9	10	11	12	13	
	Classic Cheese Pizza Slice (V) <b>OR</b> Chicken Tenders w/ Breadstick <b>OR</b> Deli Turkey and Cheese	Turkey Nacho Bowl Tortilla Chips and Salsa <b>OR</b> Bean and Cheese Burrito w/Salsa (V) <b>OR</b> Deli Turkey and Cheese Sandwich	Bosco Cheese Sticks w/ Pizza Dipping Sauce (V) <b>OR</b> Spicy or Regular Chicken Patty Sandwiches <b>OR</b> Deli Turkey and Cheese Sandwich	Macaroni and Cheese WG Breadstick (V) <b>OR</b> Mini Corn Dogs <b>OR</b> Deli Turkey Ham and Cheese Sandwich	Chicken Drumstick with Breadstick <b>OR</b> French Bread Pizza (V) <b>OR</b> Deli Turkey Ham and Cheese Sandwich	
	16	17	18	19	20	
	Classic Cheese Pizza Slice (V) <b>OR</b> Chicken Nuggets w/ Breadstick <b>OR</b> Deli Turkey and Cheese	Chicken Quesadilla w/Salsa <b>OR</b> Cheese Quesadilla w/Salsa (V) <b>OR</b> Deli Turkey and Cheese Sandwich	Bosco Cheese Sticks w/ Pizza Dipping Sauce (V) <b>OR</b> Spicy or Regular Chicken Patty Sandwiches <b>OR</b> Deli Turkey and Cheese Sandwich	Chicken Popcorn w/WG Breadstick <b>OR</b> Grilled Cheese (V) <b>OR</b> Deli Turkey and Cheese Sandwich	Chicken Parmesan w/ Pasta <b>OR</b> Mozzarella Cheese Sticks w/ Marinara (V) <b>OR</b> Deli Turkey and Cheese Sandwich	
We are currently not offering a la carte items.	23	24	25	26	27	
	Classic Cheese Pizza Slice (V) <b>OR</b> Chicken Tenders w/ Breadstick <b>OR</b> Deli Turkey and Cheese	Turkey Nacho Bowl Tortilla Chips and Salsa <b>OR</b> Bean and Cheese Burrito w/Salsa (V) <b>OR</b> Deli Turkey and Cheese Sandwich	Bosco Cheese Sticks w/ Pizza Dipping Sauce (V) <b>OR</b> Spicy or Regular Chicken Patty Sandwiches <b>OR</b> Deli Turkey and Cheese Sandwich	Macaroni and Cheese WG Breadstick (V) <b>OR</b> Mini Corn Dogs <b>OR</b> Deli Turkey Ham and Cheese Sandwich	Chicken Drumstick with Breadstick <b>OR</b> French Bread Pizza (V) <b>OR</b> Deli Turkey Ham and Cheese Sandwich	
All meals are FREE through the end of the school year due to a USDA waiver from COVID.	30	31				
	<b>No School Memorial Day</b>	Chicken Quesadilla w/Salsa <b>OR</b> Cheese Quesadilla w/Salsa (V) <b>OR</b> Deli Turkey and Cheese Sandwich				

