

What's on the Menu?

Rochester Community Schools Middle School: In Person Lunch Menu May 2022

A full student lunch includes a choice of entrée supplying protein and grain, 1/2 cup fruit side, 1/2 cup of vegetable side, and 1% chocolate or white milk.

	Monday	Tuesday	Wednesday	Thursday	Friday	
We offer a variety of fresh fruits and vegetables including legumes and green salad offered throughout the week.	2	3	4	5	6	
	Classic Cheese Pizza Slice (V) OR Chicken Nuggets w/ Breadstick OR Deli Turkey and Cheese	Chicken Quesadilla w/Salsa OR Cheese Quesadilla w/Salsa (V) OR Deli Turkey and Cheese Sandwich	Bosco Cheese Sticks w/ Pizza Dipping Sauce (V) OR Spicy or Regular Chicken Patty Sandwiches OR Deli Turkey and Cheese Sandwich	Chicken Popcorn w/WG Breadstick OR Grilled Cheese (V) OR Deli Turkey and Cheese Sandwich	No School	
	9	10	11	12	13	
	Classic Cheese Pizza Slice (V) OR Chicken Tenders w/ Breadstick OR Deli Turkey and Cheese	Turkey Nacho Bowl Tortilla Chips and Salsa OR Bean and Cheese Burrito w/Salsa (V) OR Deli Turkey and Cheese Sandwich	Bosco Cheese Sticks w/ Pizza Dipping Sauce (V) OR Spicy or Regular Chicken Patty Sandwiches OR Deli Turkey and Cheese Sandwich	Macaroni and Cheese WG Breadstick (V) OR Mini Corn Dogs OR Deli Turkey Ham and Cheese Sandwich	Chicken Drumstick with Breadstick OR French Bread Pizza (V) OR Deli Turkey Ham and Cheese Sandwich	
	Menu subject to change due product availability.	16	17	18	19	20
		Classic Cheese Pizza Slice (V) OR Chicken Nuggets w/ Breadstick OR Deli Turkey and Cheese	Chicken Quesadilla w/Salsa OR Cheese Quesadilla w/Salsa (V) OR Deli Turkey and Cheese Sandwich	Bosco Cheese Sticks w/ Pizza Dipping Sauce (V) OR Spicy or Regular Chicken Patty Sandwiches OR Deli Turkey and Cheese Sandwich	Chicken Popcorn w/WG Breadstick OR Grilled Cheese (V) OR Deli Turkey and Cheese Sandwich	Chicken Parmesan w/ Pasta OR Mozzarella Cheese Sticks w/ Marinara (V) OR Deli Turkey and Cheese Sandwich
We are currently not offering a la carte items.	23	24	25	26	27	
	Classic Cheese Pizza Slice (V) OR Chicken Tenders w/ Breadstick OR Deli Turkey and Cheese	Turkey Nacho Bowl Tortilla Chips and Salsa OR Bean and Cheese Burrito w/Salsa (V) OR Deli Turkey and Cheese Sandwich	Bosco Cheese Sticks w/ Pizza Dipping Sauce (V) OR Spicy or Regular Chicken Patty Sandwiches OR Deli Turkey and Cheese Sandwich	Macaroni and Cheese WG Breadstick (V) OR Mini Corn Dogs OR Deli Turkey Ham and Cheese Sandwich	Chicken Drumstick with Breadstick OR French Bread Pizza (V) OR Deli Turkey Ham and Cheese Sandwich	
All meals are FREE through the end of the school year due to a USDA waiver from COVID.	30	31				
	No School Memorial Day	Chicken Quesadilla w/Salsa OR Cheese Quesadilla w/Salsa (V) OR Deli Turkey and Cheese Sandwich				