

Free meals continue for all students!



Help your school receive funding. Apply online for Free & Reduced Price Meals at www.SchoolLunchApp.com

Pay Online for School Meals - Everyone Loves a Line that Moves!

Contactless online payments are strongly encouraged for all a la carte purchases

Parents can make a pre-payment safely & securely anytime at:

www.myschoolbucks.com
Request a balance transfer or refund at www.eesd.org



What Makes a Complete Lunch?

USDA requires that a student select a minimum of 3 different components: **Fruit, Vegetable, Protein, Grain, Milk**



A COMPLETE LUNCH MUST INCLUDE A ½ CUP OF FRUIT OR VEGETABLE

A La Carte Menu

Milk \$0.75
Water \$0.75
Fruit Juice \$0.75
Whole Grain Crackers \$0.75
No credit is extended for a la carte purchases.



Vegetarian Options Available Daily!

Check in with your Super Lunch Lady at your school site for the vegetarian entrée of the day.



MAY LUNCH MENU 2022

	Monday Lunes	Tuesday Martes	Wednesday Miercoles	Thursday Jueves	Friday Viernes
Week of: May 2	Galaxy Cheese Pizza (M) Grilled Chicken Sandwich (C)	Nacho Pretzel Pocket (M) Chili Cheese Dog (B, T)	Grilled Cheese (M) Chicken Empanada (C)	Cinco De Mayo Bean & Cheese Chalupa (M) Chicken Red Chile Tamale (C) English Spanish Grahams	School Lunch Hero Day Cheesy Pull-Aparts (M) French Toast & Turkey Sausage (T)
Week of: May 9	Pizzaboli (M) Chicken Nuggets & Fries (C)	Yogurt, Cheese & Muffin (M) All American Burger (B)	Chimi Nada (M) Pepperoni Stuffed Sandwich (T)	Cheese Pizza (M) Tuna Salad Croissant Sandwich (F)	Cheese Quesadilla (M) Chicken Teriyaki & Rice (C)
Week of: May 16	Cheese Raviolis (M) Corn Dog (C)	Bean & Cheese Burrito (M) Turkey Ham & Cheese Hoagie (T)	Cheese Croissant (M) Maple Chicken Bites & Waffle (C)	Soybutter & Jelly (M) Cheeseburger Twins (B)	Cheese Pizza Slice (M) Turkey Taco Nachos (T)
Week of: May 23	Gardenburger (M) Pepperoni Pizza Slice (I)	Hummus, Cheese & Tortilla Chips (M) Meatball Hoagie (B)	Cheese Calzone (M) Taco Nada (T)	Bean, Cheese & Rice Burrito (M) Rib Sandwich (B)	Grilled Cheese (M) BBQ Chicken & Rice (C)
Week of: May 30		Cheese Pizza (M) Spicy Chicken Sandwich (C)	Veggie Chick n' Nuggets & Fries (M) Beef, Bean, Salsa Burrito (B)	Nachoboli (M) Double Dogs (C)	Mac & Cheese (M) Turkey Pastrami Hoagie (T)



CHILD NUTRITION SERVICES
EVERGREEN SCHOOL DISTRICT

Child Nutrition Services can be reached at (408) 223-4500, Monday-Friday, 7:30am -4:00pm



Important dates to remember:



Apr 15-22: Spring Break
May 30: Memorial Day
Jun 9: Last day of school

Available choices to go with menu items:

Non-Fat Chocolate Milk
1% Low-Fat White Milk
100% Fruit Juice
Variety fresh & canned fruits
Variety fresh & hot veggies
Baby Carrots

Menu is subject to change without notice.

This institution is an equal opportunity provider and employer.
For CalFresh information, call 1-877-847-3663.
Visit www.CaChampionsForChange.net for healthy tips.

MENU KEY
(M) Meatless
(C) Chicken
(B) Beef
(P) Pork
(T) Turkey
(F) Fish

