

**San Angelo Independent School District
School Health Advisory Council
Meeting Minutes
Date: February 23, 2022**

Monica Porras, SAISD Health Coordinator/SHAC Secretary, called the meeting to order at 1205.

1. Call to Order and Establish Quorum

See attached Roster or click [HERE](#) to review.

2. Approval of Minutes

Motion to approve: Lesa Parry

Seconded by: Jennifer Flores

3. Wellness Plan

Each subgroup leader or volunteer member -if leader not in attendance- reviewed updates made to their section of the Wellness Plan.

Items to be reviewed further

1. What curriculum is being used for physical education.
2. What curriculum is being used for nutrition education.
3. Mental Health Objectives

4. Additional Items: Open to Council

Betty Teston- Hunger Summit Update

There being no further business, the meeting adjourned at approximately 12:25 by Monica Porras.

Audio of the meeting is available [HERE](#).

Respectively submitted,

Monica Porras, SAISD Health Coordinator/SHAC Secretary