

**San Angelo Independent School District  
School Health Advisory Council  
Meeting Minutes  
Date: April 20, 2022**

Kendra Conley, SHAC President called the meeting to order at 12:05.

1. Call to Order and Establish Quorum

Quorum Met

- See attached Roster or click [HERE](#) to review.

2. Approval of Minutes

Motion to approve: Mark Baker

Seconded by: Chesney Stephens

3. Wellness Plan

Reviewed each section of the Wellness Plan Draft.

- Physical Education: Mark Baker
- Nutrition: Michelle Helms
- Mental Health: Rebecca Cline

Motion to approve [Wellness Plan](#) to submit to School Board: Rebecca Cline

4. Additional Items: Open to Council

Mark Baker: Kids Marathon

Ray Valadez: ADACCV has mental health curriculum that they are able to provide and are interested in partnering with SAISD.

There being no further business, the meeting adjourned at approximately 12:25 by Monica Porras.

Audio of the meeting is available [HERE](#).

Respectively submitted,

Monica Porras, SAISD Nurse with Administrative Duties/SHAC Secretary