

SEXUAL ASSAULT AWARENESS MONTH



SEXUAL VIOLENCE INFORMATION

Sexual Violence Resources

- **National Sexual Assault Hotline**
1-800-656-4673 – Available 24/7
- **Rape, Abuse, & Incest National Network (RAINN)**
<https://www.rainn.org/>
- **National Sexual Violence Resource Center (NSVRC)**
<https://www.nsvrc.org/>
- **Sexual Violence Center – Minneapolis, MN**
612-871-5111 -
<https://www.sexualviolencecenter.org/>
- **MN Coalition Against Sexual Assault (MNCASA) – St. Paul, MN**
651-209-9993 - <https://www.mncasa.org/>
- **SOS Sexual Violence Services**
651-266-1000 – Available 24/7
- **Violence Free Minnesota (VFMN) – St. Paul, MN**
866-223-1111 - <https://www.vfmn.org/>
- **Comunidades Latinas Unidas en Servicio (CLUES)**
651-379-4200 – <https://clues.org/>
- **MN Indian Women's Sexual Assault Coalition (MIWSAC)**
651-646-4800 – <https://www.miwsac.org/>
- **Tubman Chrysalis Center – Minneapolis, MN**
612-870-2426 – <https://www.tubman.org/>

Statistics

- Every 68 seconds, an American is sexually assaulted.
- 1 out of every 6 American women has been a victim of attempted or completed sexual violence in her lifetime.
- 1 out of every 10 rape victims are male.
- 21% of TGQN (transgender, genderqueer, nonconforming) college students have been sexually assaulted.

Types of Sexual Violence

- Sexual Assault
- Rape
- Child Sexual Abuse
- Intimate Partner Sexual Violence
- Incest
- Drug-Facilitated Sexual Assault
- Sexual Assault of Men & Boys

Effects of Sexual Violence

- Depression
- Flashbacks
- PTSD/trauma –related symptoms
- Self-Harm; increased suicidal ideation and/or attempts
- Substance use
- Eating disorders
- Dissociation
- Panic Attacks
- Sleep disturbances
- STDs/STIs; pregnancy

RAINN