

**Laguna Beach Unified School District**

**Resolution 19-12**

**Recognition of National Nutrition Month**

**WHEREAS**, the Laguna Beach Unified School District Board of Education is committed to the health and well being of all students; and

**WHEREAS**, being physically fit and making healthy choices involves all partners, including health professionals, parents, policymakers, and children themselves, and children need to hear the same message about incorporating healthy eating and physical activity in the home, at school, and in the community; and

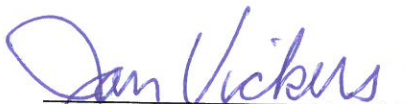
**WHEREAS**, LBUSD recognizes that the type, quality, and amount of food that individuals consume plays a vital role in their overall health, fitness, and academic success; and


**WHEREAS**, LBUSD is committed to providing organic produce that is locally sourced and beef and poultry products that are free of nitrates and nitrites whenever possible; and

**WHEREAS**, LBUSD will provide fresh, scratch-made meals and outsourced food products that meet the requirements of the State and National School Meal programs; and

**WHEREAS**, LBUSD recognizes that one of the fundamental goals of education is to prepare students to make informed and thoughtful decisions about their own health and futures;

**THEREFORE, BE IT RESOLVED**, by the Governing Board of the Laguna Beach Unified School District, hereby recognizes and encourages all district employees to join the campaign by becoming proactive in their nutrition and physical activity habits and by educating students on positive nutrition and physical activity habits and declares the month of November as National Nutrition Month.

  
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Jan Vickers, President  
Board of Education

  
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Jason Vilorio, Ed.D.  
Superintendent of Schools

November 12, 2019