



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2

Sausage Biscuit
Applesauce

3

Blueberry Muffin
Diced Peaches

4

French Toast Sticks
Apple Slices

5

Honey Glazed Chicken
Biscuit
Banana

6

Cinnamon Roll
Raisins

9

American Breakfast Sandwich
Raisins

10

Pancakes
Diced Peaches

11

Oatmeal Round
Bananas & Orange
Smiles

12

Breakfast Taco Roll
Orange Smiles

13

Cinnamon Roll
Applesauce

16

Confetti Pancakes
Fruit & Yogurt
Smoothie
Diced Pears

17

Pancake Sausage
Bites
Fruit & Yogurt
Smoothie
Applesauce

18

Banana Muffin
Applesauce
Baked Cinnamon

19

Breakfast Egg
Sandwich
Fresh Banana

20

Oatmeal Round
Applesauce
Raisins

23

Chocolate Muffin
Mixed Fruit

24

Bacon Scramble
Breakfast Pizza
Baked Cinnamon
Apples & Raisins

25

French Toast Sticks
Fresh Banana &
Orange Smiles

26

Biscuit & Gravy
Diced Peaches

27

Blueberry Mini Waffles
Applesauce

30

31

Menus is subject to change due to product availability
Tulsa Public Schools - Secondary Breakfast Menu