

CHOCTAW PUBLIC SCHOOLS

May 1, 2022 thru May 31, 2022

Base Menu Spreadsheet

HIGH SCHOOL LUNCH

Weighted Values - Detailed

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Generated on: 4/13/2022 11:47:17 AM

	Portion Size	Reimb Qty	Carb (g)
Mon - 05/02/2022			
HIGH SCHOOL LUNCH	Total	1	
Enchiladas, Beef & Cheese	serving	1	50.25
Chicken Ranch Quesadilla	each	1	22.7
pinto beans can	.75	1	27.91
CELERY STICKS	CUP	1	4.41
RANCH DRESSING	2 TBSP	1	2.55
BANANAS	EACH	1	23.07
FRUIT,FRESH ASSORTED	EACH	1	16.47
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			168.74
% of Calories			52.6%
Nutrient Guideline			

Tue - 05/03/2022			
HIGH SCHOOL LUNCH	Total	1	
Chicken popcorn	serving	1	14.05
Teriyaki Meatballs	serving	1	18.0
Rice, Brown Long Grain	1/2 cup	1	25.91
PEAS GREEN,CANNED,DRAINED	CUP	1	16.07
SALAD, TOSSED: no dressing	CUP	1	5.61
RANCH DRESSING	2 TBSP	1	2.55
APPLES,Fresh	EACH	1	19.06
FRUIT,FRESH ASSORTED	EACH	1	16.47
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			139.10
% of Calories			51.0%
Nutrient Guideline			

Wed - 05/04/2022			
HIGH SCHOOL LUNCH	Total	1	
Hawaiian Pizza	1 slice	1	47.56
Grilled Cheese Sandwich	each	1	31.99
MIXED VEGETABLES:frozen,boiled	CUP	1	23.82
SALAD, TOSSED: no dressing	CUP	1	5.61
RANCH DRESSING	2 TBSP	1	2.55
Frozen Juice Cup Swirl	each	1	29.0
FRUIT,FRESH ASSORTED	EACH	1	16.47
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			178.39
% of Calories			59.3%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Thu - 05/05/2022			
HIGH SCHOOL LUNCH	Total	1	
STROMBOLI	SERVINGS	1	20.94
SPAGHETTI AND MEAT SAUCE	1 CUP	1	37.37
Roll Whole Grain	2.0	1	15.0
GREEN BEANS: canned,cooked	CUP	1	4.56
SALAD,TOSSED: no dressing	CUP	1	5.61
RANCH DRESSING	2 TBSP	1	2.55
PEARS: canned,light syrup	CUP	1	38.08
FRUIT,FRESH ASSORTED	EACH	1	16.47
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			161.96
% of Calories			58.7%
Nutrient Guideline			

Fri - 05/06/2022			
HIGH SCHOOL LUNCH	Total	1	
Simple Simon's Pizza	Slice	1	31.0
Cheeseburger	each	1	25.74
SALAD,TOSSED: no dressing	CUP	1	5.61
RANCH DRESSING	2 TBSP	1	2.55
CARROT STICKS	CUP	1	16.84
RANCH DRESSING	2 TBSP	1	2.55
PEACHES: canned,light syrup	CUP	1	48.69
FRUIT,FRESH ASSORTED	EACH	1	16.47
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			170.83
% of Calories			58.9%
Nutrient Guideline			

Mon - 05/09/2022			
HIGH SCHOOL LUNCH	Total	1	
Chicken Burrito	1	1	27.16
Chili Pie	serving	1	22.77
pinto beans can	.75	1	27.91
CARROT STICKS	CUP	1	16.84
RANCH DRESSING	2 TBSP	1	2.55
PINEAPPLE CHUNKS:canned,lt syr	CUP	1	33.89
BANANAS	EACH	1	23.07
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			175.57
% of Calories			51.3%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Tue - 05/10/2022			
HIGH SCHOOL LUNCH	Total	1	
GOULASH	servings	1	17.1
Roll Whole Grain	2.0	1	15.0
Italian Sub	1	1	36.08
FRENCH FRIES: oven heat	serving	1	15.6
SALAD,TOSSED: no dressing	CUP	1	5.61
RANCH DRESSING	2 TBSP	1	2.55
PEARS: canned,light syrup	CUP	1	38.08
FRUIT,FRESH ASSORTED	EACH	1	16.47
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			167.86
% of Calories			61.6%
Nutrient Guideline			

Wed - 05/11/2022			
HIGH SCHOOL LUNCH	Total	1	
Big Daddys Cheese Pizza	slice	1	43.0
Beef Shepards Pie	2 oz	1	22.71
Breadstick Cheese Filled	each	1	16.0
CORN: canned, yellow	CUP	1	23.52
SALAD,TOSSED: no dressing	CUP	1	5.61
RANCH DRESSING	2 TBSP	1	2.55
FRUIT COCKTAIL:canned,lt syrup	CUP	1	36.13
FRUIT,FRESH ASSORTED	EACH	1	16.47
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			187.37
% of Calories			57.5%
Nutrient Guideline			

Thu - 05/12/2022			
HIGH SCHOOL LUNCH	Total	1	
Turkey, Sliced	serving	1	2.61
MEAT LOAF	3/4" SLICE	1	7.96
MASHED POTATOES:flakes,mlk+but	CUP	1	11.41
Gravy, Peppered	serving	1	31.75
GREEN BEANS: canned,cooked	CUP	1	4.56
Roll Whole Grain	2.0	1	15.0
PEACHES: canned,light syrup	CUP	1	48.69
APPLES,Fresh	EACH	1	19.06
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			162.42
% of Calories			55.6%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Fri - 05/13/2022			
HIGH SCHOOL LUNCH	Total	1	
Simple Simon's Pizza	Slice	1	31.0
Ham & Cheese Sandwich	each	1	29.81
SALAD, TOSSED: no dressing	CUP	1	5.61
RANCH DRESSING	2 TBSP	1	2.55
BROCCOLI, raw: fresh	CUP	1	6.04
RANCH DRESSING	2 TBSP	1	2.55
WATERMELON, CHUNKS	CUP	1	12.08
FRUIT, FRESH ASSORTED	EACH	1	16.47
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			127.49
% of Calories			55.6%
Nutrient Guideline			

Mon - 05/16/2022			
HIGH SCHOOL LUNCH	Total	1	
TACO BURGER W/PORK	EACH	1	23.52
Chicken Fajitas	1	1	16.59
pinto beans can	.75	1	27.91
CARROT STICKS	CUP	1	16.84
RANCH DRESSING	2 TBSP	1	2.55
APPLESAUCE:cnnd, unswtnd,+vit C	CUP	1	27.5
FRUIT, FRESH ASSORTED	EACH	1	16.47
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			152.75
% of Calories			55.4%
Nutrient Guideline			

Tue - 05/17/2022			
HIGH SCHOOL LUNCH	Total	1	
SUPERVISOR'S CHOICES	EACH	1	0.0
Weighted Daily Average			0.00
% of Calories			0.0%
Nutrient Guideline			

Wed - 05/18/2022			
HIGH SCHOOL LUNCH	Total	1	
SUPERVISOR'S CHOICES	EACH	1	0.0
Weighted Daily Average			0.00
% of Calories			0.0%
Nutrient Guideline			

Thu - 05/19/2022			
HIGH SCHOOL LUNCH	Total	1	
SUPERVISOR'S CHOICES	EACH	1	0.0

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	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average % of Calories			0.00 0.0%
Nutrient Guideline			

Weighted Average			162.95 56.0%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	162.95	56.05%						

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