

CHOCTAW PUBLIC SCHOOLS

May 1, 2022 thru May 31, 2022

Base Menu Spreadsheet

CHOCTAW MIDDLE SCHOOL

Weighted Values - Detailed

Page 1

Generated on: 4/13/2022 11:00:17 AM

	Portion Size	Reimb Qty	Carb (g)
Mon - 05/02/2022			
CHOCTAW MIDDLE SCHO	Total	1	
Enchiladas, Beef & Cheese	serving	1	50.25
Chicken Ranch Quesadilla	1 each	1	22.7
pinto beans can	.75	1	27.91
CELERY STICKS	1/2 CUP	1	2.21
BANANAS	1 EACH	1	23.07
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			147.51
% of Calories			50.5%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Tue - 05/03/2022			
CHOCTAW MIDDLE SCHO	Total	1	
Chicken popcorn	serving	1	14.05
Teriyaki Meatballs	serving	1	18.0
Rice, Brown Long Grain	1/2 cup	1	25.91
PEAS GREEN,CANNED,DRAINED	1/2 CUP	1	8.03
SALAD,TOSSSED: no dressing	1 CUP	1	5.61
RANCH DRESSING	2 TBSP	1	2.55
APPLES,Fresh	1 EACH	1	19.06
FRUIT,FRESH ASSORTED	1 EACH	1	16.47
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			131.07
% of Calories			50.0%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Wed - 05/04/2022			
CHOCTAW MIDDLE SCHO	Total	1	
Hawaiian Pizza	1 slice	1	47.56
Grilled Cheese Sandwich	1 each	1	31.99
MIXED VEGETABLES:frozen,boiled	3/4 CUP	1	17.87
SALAD,TOSSSED: no dressing	1 CUP	1	5.61
RANCH DRESSING	2 TBSP	1	2.55
Frozen Juice Cup Swirl	1 each	1	29.0
FRUIT,FRESH ASSORTED	1 EACH	1	16.47
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			172.43
% of Calories			58.8%
Nutrient Guideline			

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Page 2

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	Portion Size	Reimb Qty	Carb (g)
Thu - 05/05/2022			
CHOCTAW MIDDLE SCHO	Total	1	
STROMBOLI	SERVINGS	1	20.94
SPAGHETTI AND MEAT SAUCE	1 CUP	1	37.37
Roll Whole Grain	2.0	1	15.0
GREEN BEANS: canned,cooked	3/4 CUP	1	3.42
SALAD,TOSSED: no dressing	1 CUP	1	5.61
RANCH DRESSING	2 TBSP	1	2.55
PEARS: canned,light syrup	1/2 CUP	1	19.04
FRUIT,FRESH ASSORTED	1 EACH	1	16.47
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			141.78
% of Calories			55.2%
Nutrient Guideline			

Fri - 05/06/2022			
CHOCTAW MIDDLE SCHO	Total	1	
Simple Simon's Pizza	Slice	1	31.0
Cheeseburger	1 each	1	25.74
CARROT STICKS	1 CUP	1	16.84
SALAD,TOSSED: no dressing	1 CUP	1	5.61
RANCH DRESSING	2 TBSP	1	2.55
PEACHES: canned,light syrup	1/2 CUP	1	24.35
FRUIT,FRESH ASSORTED	1 EACH	1	16.47
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			143.93
% of Calories			55.9%
Nutrient Guideline			

Mon - 05/09/2022			
CHOCTAW MIDDLE SCHO	Total	1	
Chicken Burrito	1	1	27.16
Chili Pie	serving	1	22.77
pinto beans can	.75	1	27.91
CARROT STICKS	1 CUP	1	16.84
PINEAPPLE CHUNKS:canned,lt syr	1/2 CUP	1	16.95
BANANAS	1 EACH	1	23.07
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			156.07
% of Calories			49.4%
Nutrient Guideline			

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Page 3

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	Portion Size	Reimb Qty	Carb (g)
Tue - 05/10/2022			
CHOCTAW MIDDLE SCHO	Total	1	
GOULASH	servings	1	17.1
Roll Whole Grain	2.0	1	15.0
Italian Sub	1	1	36.08
FRENCH FRIES: oven heat	1 serving	1	15.6
SALAD,TOSSED: no dressing	1 CUP	1	5.61
RANCH DRESSING	2 TBSP	1	2.55
PEARS: canned,light syrup	1/2 CUP	1	19.04
FRUIT,FRESH ASSORTED	1 EACH	1	16.47
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			148.82
% of Calories			58.4%
Nutrient Guideline			

Wed - 05/11/2022			
CHOCTAW MIDDLE SCHO	Total	1	
Big Daddys Cheese Pizza	slice	1	43.0
Beef Shepards Pie	3 oz	1	34.06
Breadstick Cheese Filled	1 each	1	16.0
CORN: canned, yellow	1/2 CUP	1	11.76
SALAD,TOSSED: no dressing	1 CUP	1	5.61
FRUIT COCKTAIL:canned,lt syrup	1/2 CUP	1	18.07
FRUIT,FRESH ASSORTED	1 EACH	1	16.47
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			166.35
% of Calories			52.8%
Nutrient Guideline			

Thu - 05/12/2022			
CHOCTAW MIDDLE SCHO	Total	1	
Turkey, Sliced	serving	1	2.61
MEAT LOAF	3/4" SLICE	1	7.96
MASHED POTATOES:flakes,mlk+but	3/4 CUP	1	8.56
Gravy, Peppered	serving	1	31.75
GREEN BEANS: canned,cooked	1/2 CUP	1	2.28
Roll Whole Grain	2.0	1	15.0
PEACHES: canned,light syrup	1/2 CUP	1	24.35
APPLES,Fresh	1 EACH	1	19.06
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			132.95
% of Calories			51.0%
Nutrient Guideline			

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Page 4

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	Portion Size	Reimb Qty	Carb (g)
Fri - 05/13/2022			
CHOCTAW MIDDLE SCHO	Total	1	
Simple Simon's Pizza	Slice	1	31.0
Ham & Cheese Sandwich	1 each	1	29.81
SALAD, TOSSED: no dressing	1 CUP	1	5.61
RANCH DRESSING	2 TBSP	1	2.55
BROCCOLI, raw: fresh	1 CUP	1	6.04
WATERMELON, CHUNKS	1 CUP	1	12.08
FRUIT, FRESH ASSORTED	1 EACH	1	16.47
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			124.94
% of Calories			57.0%
Nutrient Guideline			

Mon - 05/16/2022			
CHOCTAW MIDDLE SCHO	Total	1	
TACO BURGER W/PORK	1 EACH	1	23.52
CHICKEN FAJITAS	1 EACH	1	38.83
pinto beans can	.75	1	27.91
CARROT STICKS	1 CUP	1	16.84
RANCH DRESSING	2 TBSP	1	2.55
APPLESAUCE:cnnd,unswtnd,+vit C	1/2 CUP	1	13.75
FRUIT,FRESH ASSORTED	1 EACH	1	16.47
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			161.25
% of Calories			53.4%
Nutrient Guideline			

Tue - 05/17/2022			
CHOCTAW MIDDLE SCHO	Total	1	
SUPERVISOR'S CHOICES	1 EACH	1	0.0
Weighted Daily Average			0.00
% of Calories			0.0%
Nutrient Guideline			

Wed - 05/18/2022			
CHOCTAW MIDDLE SCHO	Total	1	
SUPERVISOR'S CHOICES	1 EACH	1	0.0
Weighted Daily Average			0.00
% of Calories			0.0%
Nutrient Guideline			

Thu - 05/19/2022			
CHOCTAW MIDDLE SCHO	Total	1	
SUPERVISOR'S CHOICES	1 EACH	1	0.0
Weighted Daily Average			0.00
% of Calories			0.0%
Nutrient Guideline			

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Page 5

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	Portion Size	Reimb Qty	Carb (g)
Weighted Average			147.92 53.7%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	147.92	53.72%						

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