

CHOCTAW PUBLIC SCHOOLS

May 1, 2022 thru May 31, 2022

Base Menu Spreadsheet

ELEMENTARY LUNCH

Weighted Values - Detailed

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Generated on: 4/13/2022 10:35:21 AM

	Portion Size	Reimb Qty	Carb (g)
Mon - 05/02/2022			
ELEMENTARY LUNCH	Total	1	
Beef, Bean & Cheese Burrito	1	1	36.99
Chicken Ranch Quesadilla	1 each	1	22.7
pinto beans can	.75	1	27.91
Nacho Chips	28 g.	1	20.0
BANANAS	1 EACH	1	23.07
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			152.04
% of Calories			54.6%
Nutrient Guideline			

Tue - 05/03/2022			
ELEMENTARY LUNCH	Total	1	
Chicken popcorn	serving	1	14.05
Teriyaki Meatballs	serving	1	18.0
Chips, Sun Harvest Cheddar	package	1	18.03
PEAS GREEN,CANNED,DRAINED	1/2 CUP	1	8.03
APPLES,Fresh	1 EACH	1	19.06
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			98.55
% of Calories			42.5%
Nutrient Guideline			

Wed - 05/04/2022			
ELEMENTARY LUNCH	Total	1	
Big Daddys Cheese Pizza	slice	1	43.0
Grilled Cheese Sandwich	1 each	1	31.99
BROCCOLI: frozen, boiled	1/2 CUP	1	4.92
CELERY STICKS	1/2 CUP	1	2.21
MIXED FRUIT: frozen,sweetened	1/2 CUP	1	30.29
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			133.79
% of Calories			56.8%
Nutrient Guideline			

Thu - 05/05/2022			
ELEMENTARY LUNCH	Total	1	
STROMBOLI	SERVINGS	1	20.94
SPAGHETTI AND MEAT SAUCE	3/4 CUP	1	31.85
Roll Whole Grain	2.0	1	15.0
GREEN BEANS: canned,cooked	1/2 CUP	1	2.28
CARROT STICKS	3/4 CUP	1	12.63
RANCH DRESSING	2 TBSP	1	2.55
PEARS: canned,light syrup	1/2 CUP	1	19.04
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			125.67
% of Calories			52.9%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Fri - 05/06/2022			
ELEMENTARY LUNCH	Total	1	
Corn Dog, All Meat	corn dog	1	27.0
Cheeseburger	1 each	1	25.74
FRENCH FRIES: oven heat	serving	1	15.6
SALAD, TOSSED: no dressing	1 CUP	1	5.61
RANCH DRESSING	2 TBSP	1	2.55
PEACHES: canned, light syrup	1/2 CUP	1	24.35
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			122.22
% of Calories			45.9%
Nutrient Guideline			

Mon - 05/09/2022			
ELEMENTARY LUNCH	Total	1	
Chicken Burrito	1	1	27.16
Chili Pie	serving	1	22.77
pinto beans can	.75	1	27.91
Nacho Chips	28 g.	1	20.0
BANANAS	1 EACH	1	23.07
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			142.28
% of Calories			44.9%
Nutrient Guideline			

Tue - 05/10/2022			
ELEMENTARY LUNCH	Total	1	
GOULASH	servings	1	17.1
Roll Whole Grain	2.0	1	15.0
Italian Sub	1	1	36.08
FRENCH FRIES: oven heat	serving	1	15.6
SALAD, TOSSED: no dressing	1 CUP	1	5.61
RANCH DRESSING	2 TBSP	1	2.55
PEARS: canned, light syrup	1/2 CUP	1	19.04
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			132.35
% of Calories			55.4%
Nutrient Guideline			

Wed - 05/11/2022			
ELEMENTARY LUNCH	Total	1	
Big Daddys Cheese Pizza	slice	1	43.0
Ham & Cheese Sandwich	1 each	1	29.81
CORN: canned, yellow	1/2 CUP	1	11.76
Chips, Sun Harvest Cheddar	package	1	18.03
FRUIT COCKTAIL: canned, lt syrup	1/2 CUP	1	18.07
MILK - Variety	HALF PINT	1	21.38

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	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average			142.04
% of Calories			54.9%
Nutrient Guideline			

Thu - 05/12/2022			
ELEMENTARY LUNCH	Total	1	
Turkey, Sliced	serving	1	2.61
MEAT LOAF	3/4" SLICE	1	7.96
MASHED POTATOES:flakes,mlk+but	3/4 CUP	1	8.56
Gravy, Peppered	serving	1	31.75
GREEN BEANS: canned,cooked	1/2 CUP	1	2.28
Roll Whole Grain	2.0	1	15.0
PEACHES: canned,light syrup	1/2 CUP	1	24.35
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			113.89
% of Calories			46.9%
Nutrient Guideline			

Fri - 05/13/2022			
ELEMENTARY LUNCH	Total	1	
Pizza Burger	1	1	24.08
Corn Dog, All Meat	corn dog	1	27.0
CARROT STICKS	1 CUP	1	16.84
RANCH DRESSING	2 TBSP	1	2.55
WATERMELON,CHUNKS	1 CUP	1	12.08
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			103.93
% of Calories			44.9%
Nutrient Guideline			

Mon - 05/16/2022			
ELEMENTARY LUNCH	Total	1	
TACO BURGER W/PORK	1 EACH	1	23.52
Chicken Fajitas	1	1	16.59
pinto beans can	.75	1	27.91
CARROT STICKS	1 CUP	1	16.84
RANCH DRESSING	2 TBSP	1	2.55
APPLESAUCE:cnnd,unswtnd,+vit C	1/2 CUP	1	13.75
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			122.53
% of Calories			49.6%
Nutrient Guideline			

Tue - 05/17/2022			
ELEMENTARY LUNCH	Total	1	
SUPERVISOR'S CHOICES	1 EACH	1	0.0

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	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average % of Calories			0.00 0.0%
Nutrient Guideline			

Wed - 05/18/2022			
ELEMENTARY LUNCH SUPERVISOR'S CHOICES	Total 1 EACH	1 1	0.0 0.0
Weighted Daily Average % of Calories			0.00 0.0%
Nutrient Guideline			

Thu - 05/19/2022			
ELEMENTARY LUNCH SUPERVISOR'S CHOICES	Total 1 EACH	1 1	0.0 0.0
Weighted Daily Average % of Calories			0.00 0.0%
Nutrient Guideline			

Weighted Average			126.30 49.9%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	126.30	49.89%						

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