



Dear Parents:

Campbell Clinic is again pleased to be able to offer pre-participation medical screenings for the 2022- 2023 school year. Due to continued Covid-19 concerns, the physicals will be held at our Germantown office location on Saturdays during the month of June. This will be June 4th, 11th, 18th, and 25th from 8:00am until 11:00am. The location is **1400 Germantown Road Germantown, TN 38138**

The process we use for athletic physical screenings is determined by our Sports Medicine Committee. This committee reviews the latest literature from the American College of Sports Medicine, the American Medical Association, and the subspecialty groups relating to pediatrics and family medicine. Their guidelines, which are considered standard medical practice, are followed in our physical screenings. The pre-participation physical will include the following: An orthopedic exam, a general medical exam by a family medicine physician, as well as blood pressure, pulse, height, weight, and vision screenings. **Note: *If you have corrected vision, please wear glasses or contact lenses to the screening.***

Each screening is subsequently reviewed by a fellowship trained and board certified Sports Medicine physician. Any athlete who has a questionable finding will be instructed to follow up with their family physician so that this finding is properly addressed and recorded in that child's medical record. The most common reasons for non-clearance and referral to family M.D. include: heart abnormalities, uncorrected vision and high blood pressure. In these cases, their own physician is better suited to determine fitness for participation, and the athlete will not be cleared from our M.D's.

This physical screening is **not** a substitute for an annual physician checkup. We recommend every adolescent visit their family physician for a yearly checkup in addition to having a pre-participation physical. Our intent is to provide a comprehensive athletic medical screening and to clear for participation those athletes who have no questionable findings.

Thank you for your participation and I hope that this letter clarifies our process. If you have any questions or concerns, please feel free to call me at 901-759-3180.

Sincerely,

Owen Golden, MS, ATC, LAT, PES
Athletic Training Coordinator
ogolden@campbellclinic.com

John Hyden, M.D.
Medical Director for Physicals