



# RMS & RHS Breakfast Menu

May  
2022



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>French Toast Sticks</p> <p>Fruit or Juice</p>	<p>3</p> <p>Breakfast Sandwich</p> <p>Fruit or Juice</p>	<p>4</p> <p>Raspberry Breakfast Bar Cheese Stick</p> <p>Fruit or Juice</p>	<p>5</p> <p>Cinnamon Roll</p> <p>Fruit or Juice</p>	<p>6</p> <p>Mini Donut</p> <p>Fruit or Juice</p>
<p>9</p> <p>Brekkie</p> <p>Fruit or Juice</p>	<p>10</p> <p>Chocolate Chip Muffin Cheese Stick</p> <p>Fruit or Juice</p>	<p>11</p> <p>Long John</p> <p>Fruit or Juice</p>	<p>12</p> <p>Cinnamon Cream Cheese Filled Bagel</p> <p>Fruit or Juice</p>	<p>13</p> <p>Bacon, Egg &amp; Cheese on English Muffin</p> <p>Fruit or Juice</p>
<p>16</p> <p>Strawberry Pop Tart Cheese Stick</p> <p>Fruit or Juice</p>	<p>17</p> <p>Blueberry Loaf</p> <p>Fruit or Juice</p>	<p>18</p> <p>Coffee Cake</p> <p>Fruit or Juice</p>	<p>19</p> <p>Mini-Cinnis</p> <p>Fruit or Juice</p>	<p>20</p> <p>Breakfast Burrito</p> <p>Fruit or Juice</p>
<p>23</p> <p>Strawberry Banana Yogurt Graham Crackers</p> <p>Fruit or Juice</p>	<p>24</p> <p>French Toast Loaf</p> <p>Fruit or Juice</p>	<p>25</p> <p>Sliced Bagel Cream Cheese</p> <p>Fruit or Juice</p>	<p>26</p> <p>Pancake on a Stick</p> <p>Fruit or Juice</p>	<p>27</p> <p>Blueberry Muffin</p> <p>Fruit or Juice</p>
<p>30</p> <p>Memorial Day</p> <p>NO SCHOOL</p>	<p>31</p> <p>Banana Chocolate Loaf Cheese Stick</p> <p>Fruit or Juice</p>			

PRICES

Adult \$1.90  
Milk \$0.60

EXTRA INFO

Milk choice of 1%, Skim or Chocolate Skim is included with breakfast. For questions or comments contact the Food Service Director at [adelmanh@rockford.k12.mn.us](mailto:adelmanh@rockford.k12.mn.us) or call (763)477-5826 x. 3052.

HARVEST OF



THE MONTH

Your MENUS plus more information on our app  
TaHER Food4Life®



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