

Flex PE Credit Option-Washington High School

The Indiana Department of Education has opened the possibility to allow students to earn physical education credits in ways other than attending traditional PE classes, provided state criteria is met. This criteria allows a school to issue PE credit for other activities students participate in which would include: any sport in our athletic program (provided an outdoor activity or conditioning component is implemented), our dance team, WHS Show Choir, and WHS Marching Band. Flexible PE credits will be allowed under the following guidelines:

1. One semester of credit in PE will be issued for successful completion of a sport/activity and its full season in our athletic department or school. A second semester of PE credit will be issued for successful completion of another season in a distinctly different sport or activity. Department of Education literature on this topic states that it is not the intention of this opportunity to allow a student to earn all PE credits through participating for two years in one sport/activity. If a student only participates in one sport/activity, then the student would have to complete one semester of traditional PE class.
2. Students earning both semesters of PE credit through flex credits may be required to take the Indiana Physical Education End of Course Knowledge Assessment. This test measures basic knowledge of motor skills, nutrition, health-wellness, and physical fitness. WHS would provide students with a study guide for this test, to be administered during homeroom, and supervised by a licensed PE teacher.
3. A rubric form will be used by students and their coach or sponsor to certify flexible PE credit. A student would earn an A for meeting the requirements.
4. A student must declare to their counselor during registration prior to the beginning of the 9th grade year their intention to earn flexible PE credit. Any student that has not completed flexible PE credit by the end of their 10th grade year will automatically be enrolled in classroom PE for their 11th grade year.
5. Students may apply for flexible PE credit for activities not approved in this document. A student must apply to the principal. If the principal determines the activity may have merit for flexible credit, a committee comprised of the principal, athletic director, a counselor, current PE teacher, and one representative from either band, show choir, or dance team will determine eligibility for flexible PE credit. A student must seek approval for an activity not approved on this document in advance, prior to participation in the activity.
6. A student would not be eligible for flex PE credit if they were suspended during a sports season for an Athletic Code of Conduct violation.

Please fill out the WHS PE Waiver Application and submit it to the Athletic Office prior to the beginning of the sport/activity season. The Athletic Office will verify your grade with the coach/sponsor at the end of the season.