



Kings Valley Charter School

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Student Athlete Contract

As a student athlete, I _____ (PRINT NAME) recognize the commitment that is included while participating on a KVCS athletic team.

Academic Standards

I understand that the athletics department is committed to the philosophy that student-athletes are students first and foremost and that all student athletes must exhibit behaviors that demonstrate a commitment to maximizing academic success as their first priority. I understand that the athletics department has created the following standards, strategies, and policies to maximize the possibility of student athletes meeting their academic goals. I understand that I am obligated to comply with these standards:

- Per OSAA standards, HS student athletes must make satisfactory progress toward graduation, earning minimum quantity of credits. Sophomores (4.5 credits), juniors (10.0 credits), seniors (17.0 credits). If students have not earned the minimum credits, they are ineligible to participate for the season.
- MS/HS Athletes must maintain a 2.0 GPA (or have passed with a minimum of five classes) for each teacher reporting period. Students who fall below the 2.0 GPA or have more than 2 failing classes will be placed on probationary status for the next grading period. Students who do not meet performance standards for a second consecutive grading period will become ineligible until the next reporting period. Special consideration will be made for those who have a documented disability and circumstances outside the student athlete's control.
- Student-athletes' academic progress is monitored by the administrators/Athletic Director. If at any time, the Athletic Director receives academic information that a student-athlete is not meeting his or her responsibilities (i.e. warning notices, probationary status notices, grade point average reduction, excessive absences notices, etc.) the director will meet with the head coach and to determine if playing or practice privileges will be restricted, suspended, or terminated.
- Sports schedules are designed to minimize missed class time. While classes missed for contests are school approved, the expectation is that student athletes will make every effort not to miss any additional classes and will only do so under extenuating circumstances such as illness or family emergency. Excessive absences may result in restriction of a student athlete's participation in practice or competition.
- Student athletes are expected to meet all deadline dates for class assignments and are required to make pre-arrangements with teachers when quizzes, tests or special assignments conflict with contest dates.

Behavioral Expectations

I understand that student athletes are visible representatives of the school both on campus and off campus whose behaviors are often closely scrutinized by general public. Student athletes' behavior affects public perception of school's ethos, athletics department standards, and the character of the student body. Therefore, it is an expectation that student athletes will demonstrate consistent role model behavior, sportsmanship, and self-control. More specifically:

- Student-athletes must be committed to fair play. Intentional acts of unsportsmanlike behavior or cheating will not be tolerated.
- During competition, student athletes will exercise self-control in all ways including, but not limited to, resisting the use of profanity, demonstrating unnecessary aggression or hostility towards others, making inappropriate physical gestures, taunting or excessively celebrating, and disrespecting coaches, officials, teammates, or opponents.
- Student athletes are prohibited from interacting in any negative way with fans.
- Any actions that result in a student athlete being sanctioned by school, local, or state authorities may also result in sanctions from the athletics department.

Physical Conditioning and Training

I understand that physical conditioning and training programs in preparation for athletics performance as designed and supervised by coaches and support staff require intense physical activities, constant feedback, and creating benchmarks to maximize each athlete's potential and team success. I understand that participation in training and instruction is an educational process that requires collaboration between athletics staff and student athletes, especially as such collaboration is intended to minimize the inherent risks associated with intense physical activities that can also be mentally and emotionally challenging. Therefore, I understand the need for and accept the following participation responsibilities:

- Report to my coach or the Athletic Director, any change in my physical, mental, or emotional well-being that may affect my ability to participate safely. This includes any additions of prescription medications or over the counter supplements.
- Commit to completing all conditioning activities and practice session I am asked to perform to ready me for the physical, mental, and emotional stress associated with my sport unless I have documented limitations that have been approved by the medical or counseling staff.
- Follow the guidelines given to me by my coaches regarding hydration, sleep, and nutrition.
- Communicate with my coach any time I feel any abnormal or labored physical response to exercise (i.e. pain, nausea, shortness of breath, dizziness, etc.) and to stop the activity immediately.
- Communicate with my coach if I come become aware of another athlete's abnormal or labored physical, mental, or emotional response to any activity.
- Willingly discontinue participation any time a coach tells me to and, if applicable, follow their directives regarding follow-up meetings with medical staff or other appropriate professionals.
- Recognize that participation decisions must be made by professional athletics staff members. Parents may not override these decisions.

Teamwork and Team Expectations

I understand that team unity and team chemistry are key variables for a positive and successful athletics experience. Commitment to team goals is essential which, at times, may take precedence over individual goals. However, I understand that the athletics department does not subscribe to a team culture based on intimidation or mandatory allegiance to questionable practices and requires that all student athletes be treated fairly by coaches, support staff, and teammates. Under these conditions, I understand that student athletes are expected to exhibit a level of selflessness that promotes team goals. More specifically:

- Student athletes are expected to abide by team rules that have been constructed by the team and approved by the coaches and the sports administrator.
- Student athletes are expected to report any actions that establish a class system (hazing, initiations, etc.) to their coach immediately.
- Student athletes are expected to immediately report any behaviors they would describe as abusive by a coach, staff member, or a teammate to the Athletic Director.
- Student athletes and coaches are expressly prohibited from engaging in sexual intimacies and other forms of inappropriate conduct with each other. Student athletes are expected to immediately report any such behaviors to the coaches.
- There will be “zero tolerance” toward hazing, initiation rituals, sexual harassment, and physical punishment and is expected to honor and contribute to a culture of respect of self and others.

Prohibition of Retaliation

Creating a culture of personal responsibility requires an assurance to coaches/support staff and student athletes that no retaliation will occur against those who report governance association rules violations or misconduct policy violations. Staff and student athletes are expected to report these concerns to the Athletic Director.

After reviewing this student athlete contract, please sign, date, and turn in the following to Mr. Chung, Athletic Director:

I agree to accept the participation standards and policies listed above and knowingly accept that violations of these standards may result in a variety of sanctions by the athletics department including, but not limited to restriction, suspension from, or termination of participation in the athletics program at Kings Valley Charter School.

Student-Athlete Signature:

_____ Date: _____

Parent/Guardian's Signature:

_____ Date: _____