

Minutes of the Wellness Committee of the Board of Education  
Regional School District 14 [www.ctreg.org](http://www.ctreg.org)  
Tuesday, April 24, 2018

Start: 3:45pm End: 4:07pm

In attendance were: Superintendent Dr. Anna Cutaia, Pattie Sola, Mary Lou Czarniecki, Chrissy Fensore, Maryanne Van Aken, Jodie Roden. Also in attendance was BOE clerk, Natascha Schwartz.

Absent: Karen Sheehan-Wolf, Bill Nemecek, Julee Oppici, Peter Brooks.

**Review of Healthy Snacks List & Ordering Process**– Ms. Sola advised that the celebrations snack list process is working extremely well. The committee discussed if any items should be removed or added. The committee decided to add the following items starting the 2018 school year:

- o Milk
- o Chocolate milk
- o Small water bottles
- o Rich's Sour Swell Ice cream

Pricing to be reviewed this summer when the vendor bids come in to see if any adjustments need to be made to the celebration snack form.

**Wellness Policy evaluation** – Some questions regarding the wellness policy will be included in this year's climate survey for all schools.

**Other Business** - Ms. Roden mentioned that she had parent question in regards to why Kindergarteners cannot have ice cream all year long, but only starting in the spring. The committee discussed that this was put into place due to the concern that some of the Kindergarteners were not eating their lunch and instead would only eat the ice cream. The committee went on to recommend that the schools implement the ability for students K-5 to purchase ice cream once per week all year long and this will be implemented in the 2018 school year.

Ms. Roden also wanted to revisit the possibility of implementing the "Share table" whereby the overage of food from the cafeteria would be collected and brought to the local food bank and/or other local charities. She went on to advise that the PTO and student council will be asked to help.

Dr. Anna thanked everyone and advised that this would be the last meeting of the 2017-18 school year and that we would reconvene once school has started.

Meeting was adjourned at 4:07pm

Respectfully Submitted,



Natascha Z. Schwartz  
Regional School District 14 Board Clerk

Recorded and filed subject to Board of Education approval by: Natascha Z. Schwartz, Board Clerk, 4/27/2018