

JUMP ROPE WORKSHOP

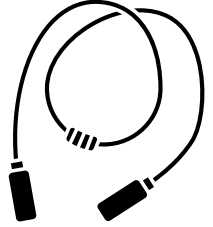
with the Avon Aerial Orioles

Monday, May 9th & Thursday, May 12th

from 6:30-8:00 at Cedar Elementary School

Join the Avon Aerial Orioles Jump Rope Team for 2 evenings of learning various jump rope skills.

- All skill levels and ages welcome - from kindergarten to adult
- Learn skills in single rope, long rope, wheel and double dutch
- Bring **tennis shoes, shorts, t-shirt** and **great attitude!**



Register by April 25th

WHEN:

May 9th & May 12th

WHERE:

Cedar Elementary School

COST:

\$45-includes rope and t-shirt -or-

\$35- includes rope but **NO** t-shirt

Registration and Information

For more information contact Coach Jessica Nicholson at jnicholson46123@gmail.com or at 317-902-4719. Send completed registration and payment by April 25th to Jump Rope Workshop, 1771 Wynnewood Lane, Avon, IN 46123.

If payment and registration not received by April 25th, shirt may not be available

*****Make checks payable to Avon Aerial Orioles*****

Name: _____ **Grade:** _____

School: _____

Email: _____

Emergency Contact: _____ **Phone:** _____

Shirt Size (please circle): YS YM YL AS AM AL

Medical Release & Indemnity Agreement I hereby request that you accept the application for registration in the Jump Rope Workshop of (participant's name) _____ and in consideration of you acceptance of the application, I hereby release the Avon Aerial Orioles, Avon Community School Corp, and all of its facilities and employees and all persons associated with the Jump Rope Workshop, of and from all claims or causes of injury or illness while at the workshop. I give permission for such medical care and will be financially responsible.

Signature: _____ Date: _____