



THE YSGOL NANTGWYN  
MAGAZINE



Edition 1, April 2022

# NANTGWYN NEWS

At Nantgwyn, when we are ready,  
respectful and responsible, everything  
is possible!

#TeamNantgwyn

## In this edition...

- Good news stories from lower, middle and upper school
- Information about our extra-curricular activities
- We celebrate your achievements since Christmas
- Advice and support - where can you find it in school?
- How have we helped charities this year?



# Magazine

# CONTRIBUTORS

Isobel Lodwick  
Seren Carpenter  
Millie Phillips  
Cole Jenkins  
Miles Davies  
Riley Williams  
Grace Bournier  
Lola McCarthy  
Lynsey McCabe  
Mrs. K. Retallick  
Ms. L. Morris  
Mr. R. Evans  
Miss. V. Evans  
Miss. T Mein  
Mr. A. Cross

Mr. J. Smith  
Mr. J. Davies  
Ms. G. Waithaka  
Miss. L. Rees  
Mrs. A. Thomas  
Miss. M. Morse  
Mrs. B. Holmes  
Mr. D. Stanton

# A LETTER FROM THE HEADTEACHER, MRS. RETALLICK

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## WELCOME TO OUR COMMUNITY MAGAZINE



**I am incredibly proud to welcome you to our very first Ysgol Nantgwyn pupil magazine!**

**What a busy spring term we have all had. You have embraced our new school mission statement with resilience and dedication and I am very proud of each and everyone of you . It has not been quite the term we had expected with Covid still here, but each and every one of you should be very proud of you hard work and effort that you have put in this term- I know I am.**

### **Points of celebration**

**We have so many things to celebrate this term, from you working very hard to great sporting achievement, personal growth and achievement to year 10 and 11 pupils being ready for their forthcoming examinations. Wrapped up in all of that is the Ysgol Nantgwyn team spirit**

### **Special wishes**

**We send our support and best wishes to pupils, families and staff who are facing challenges and difficulties at the minute, please remember we are always here for you and you are always in our thoughts and prayers.**

### **Farewells**

**We have four members of our staff team off to pastures new at the end of term: Mr Tom Howells, Miss. F. Gardner, Ms. Jodie Atkinson and Ms. Kate Parsons. I am sure you will all be sad to see them go but we wish them the very best of luck in their new jobs and they will always be a part of #TeamNantgwyn**

**Mrs. K.Retallick**

# YOUR SENIOR LEADERSHIP TEAM BY MRS. RETALLICK



## Top Row

Mr Davies, Assistant Head Leads lower school, standards/progress and wellbeing

Ms Morris Deputy Head Teacher Leads curriculum, standards/progress and faculty areas

Mrs Higgs Assistant Head Leads ALN standards, progress and wellbeing, WRE and LSC

Miss Evans Assistant Head Leads learning/teaching and professional development

Mrs Williams Assistant Head Leads upper school, standards/progress and wellbeing

Mr Evans Deputy Head Teacher Leads pastoral team, behaviour, wellbeing and safeguarding

## Front Row

Miss Hooper Quality Systems Lead Lead for Data, Exams and Health and Safety

Mrs Waithaka Assistant Head Pastoral lead, attendance, wellbeing and PLT

Mrs Retallick Headteacher Strategic leader, responsible and accountability for all areas listed

Miss Mein Assistant Head Leads middle school, standards/progress and wellbeing

Miss Beasley Business Manager Resource management and budget

**I often get questions about my job; I am pretty lucky to be the Head of such an incredible school, full of such wonderful pupils and staff. My leadership team are the group of staff in the picture. We lead the school together, but I take the ultimate responsibility for what happens across the board, a little like a football manager!**

**My job varies on a daily basis and I do not get to spend as much time with large groups of children as I would like now due to the continuing Covid situation because of funny kidneys! But I do get to meet lots of pupils in a range of situations, which includes our virtual assemblies, 'Hot Chocolate with the Head' where we celebrate achievement and your hard efforts, meetings with the PLT and the Head Boy and Head Girl and check ins throughout the day. I meet with lots and lots of grown-ups (staff) throughout the day, often from very early in the morning (sometimes 7.30) until after 6 in the evening.**

**We have 1090 pupils in our school and over 100 staff and I have lots of ways of 'knowing' what is going on a daily basis and how you are all doing, through from what I see and hear. What my team tells me; what Class Charts tells me; What you tell me; but most importantly what I see in your books and assessments. All of this information helps me to work out how best to support you and staff and change or redirect resources to make sure we do THE BEST JOB POSSIBLE FOR YOU to make sure you can become the best grown up possible - that's my JOB.**

# MEET THE PUPIL LEADERSHIP TEAM



Head girl  
**Taya Hazlewood**



Senior prefect  
**Nia Davies**



Senior prefect  
**Kean Williams**



**Lucas Carpenter**



**Blake Frederick**



**Riley Williams**



**Holly Equeall**



## THE STANDARDS TEAM



# LOWER SCHOOL LIFE



## DA IAWN ALIYAH

After a lot of hard work and commitment, last weekend Aliyah Rose from 1B completed her very first karate grading. Earlier in the term she entered her very first tournament and took away the bronze trophy; we are so impressed!



There has been a wide range of topics this term in lower school. We have been learning about different countries and places around the world. Year 3 learned about natural disasters and even managed to make their own tornados in jars. Your teachers are all so proud of the work you do every day and cannot wait to explore exciting new topics next term.

## Outdoor learning

As the nicer weather has arrived in the last few weeks, we have taken our learning outdoors. There has been drawing on the yard, exploration walks, P.E. and even some reading in the sun!



**FOLLOW OUR FACEBOOK PAGE FOR MORE OF OUR DAILY GOOD NEWS STORIES**

# HOT CHOCOLATE WITH THE HEAD



## WE LOVE TO CELEBRATE YOU!

There is nothing that Mrs. Retallick enjoys more than her time with pupils for 'Hot Chocolate with the Head'. Here are some of the pupils we've rewarded this term for excellent effort in lessons, being kind and polite, making improvements in their subjects and always being ready, responsible and respectful. Da iawn pawb!

### LOWER SCHOOL:

Mia George & James Foulkes,  
Payton English & Rhys Valentine,  
Finley Davies & Aria Griffiths,  
Paisley Tanner & William Harrison,  
Harris Evans & Hallie Pettitt,  
Callie Symmonds  
William Dawson & Ted Reed

### MIDDLE SCHOOL:

Thomas Field & Lucy Woods, Daniel Ajax &  
Miles Davies, Joshua Ferguson, Brett Jones,  
Lexi Rees, Riley Williams, Micah Freeman,  
Amelia Taylor Griffiths

### UPPER SCHOOL PUPILS:

ELI LEWIS, HONEY HALL, JACK GOOCH  
& IOAN LEE, SHAKYLA EVANS, LLOYD  
DAVIES, KEBBA CEESAY, TYLER  
PHILLIPS, MORGAN JONES, AIMEE HOLT,  
CAMERON HARRIS AND ELLIS EVANS-  
COBURN, BEN JERRAM, LILY SAYCE,  
ISABELLE KAY, GRACE ENGLISH,  
JENSON EVANS





# MIDDLE SCHOOL MATTERS



## ST. JOHNS AMBULANCE GIVE US A COURSE IN FIRST AID

This term the life faculty have given us the opportunity to learn first aid by getting in the team from St. Johns Ambulance services.

We learnt about resuscitation and were allowed to practice our new skills on the dummies that they brought along with them.

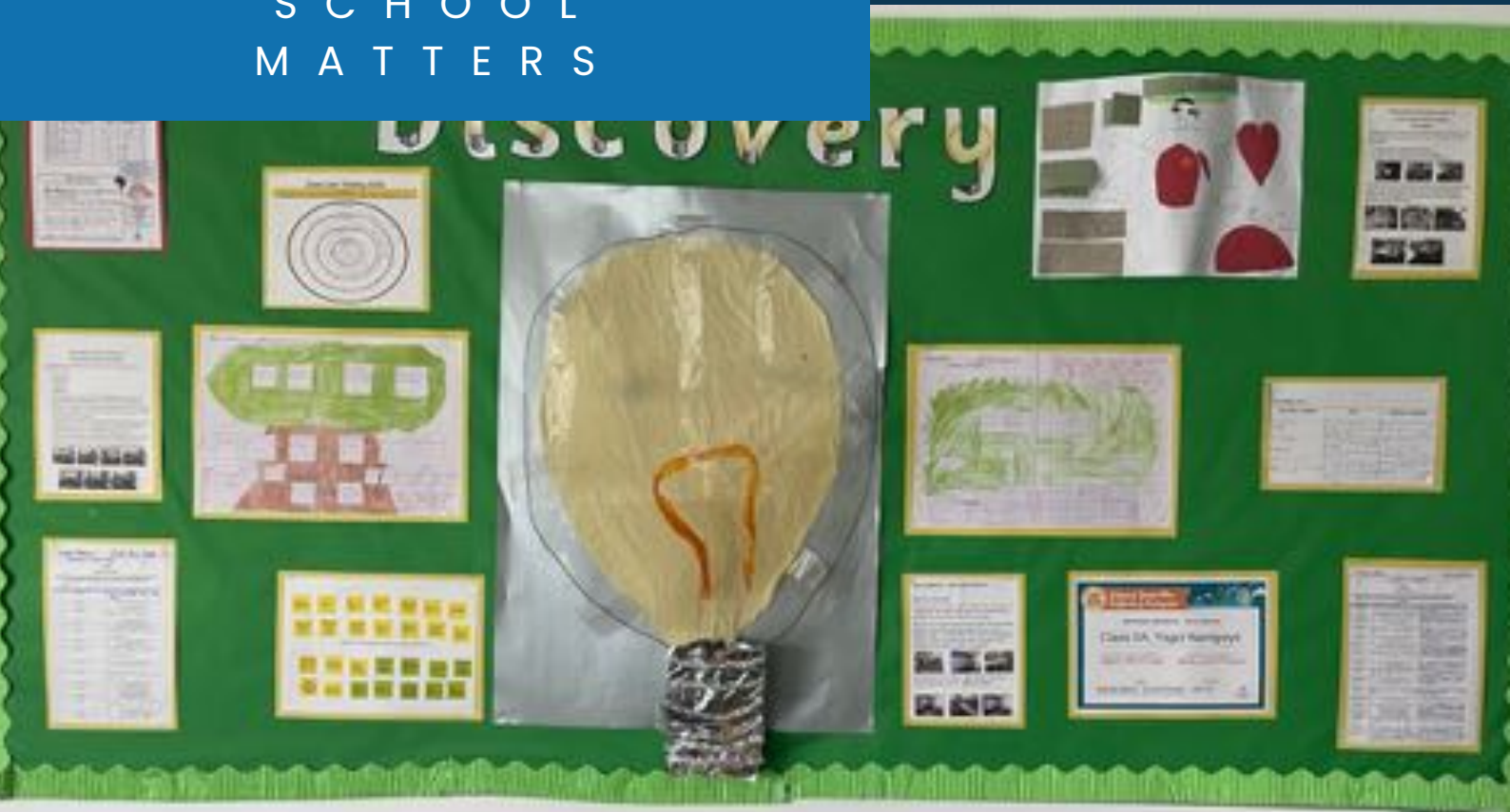
We also tried on their uniform (coats) and they spoke to us about the work that they do.

We hope that we never need to use these skills but they are important and valuable. As you can see, we really enjoyed our day!





# MIDDLE SCHOOL MATTERS



## THE WORK I'VE DONE THIS TERM BY RHYS VALENTINE

The things I love about school is that it has amazing lessons especially maths and Caru Dysgu. I have enjoyed learning about the Mayans and Egyptians.

There is a book we're reading called Wonder it's about a boy called August who has a disability called Treacher Collins syndrome. This book has taught me that we shouldn't judge people based on their appearance and that everyone is equal.

On Tuesdays we have Sporting Marvels and play lots of fun games and sports like basketball and netball and in STEM we are making a steady hand game which has been fun because we get to go over to the workshops in Nant.

In art I really loved making my Mayan mask in a mosaic style and making a rainbow picture based on the book Wonder.

I love that all the lessons are fun because we get to do fun things like having discussions and work in groups and make our own PowerPoints.

I can't wait for next term!

## WHAT'S IS COMING UP NEXT TERM?

For the summer, the new, exciting topics are:

Year 4 and 5 - Exploration

Year 6 - Enterprise

Year 7 - What do we really know about Britain?

Year 8 - Equality and diversity



MIDDLE  
SCHOOL  
MATTERS



## YEAR 8: CRIMESTOPPERS

Two of our year 8 classes have experienced workshop sessions with guest speaker Alastair from Fearless, a part of Crimestoppers.

Police officer turned Fearless worker, Alastair spoke about Fearless' services and tackled the subject of crime and county lines to help empower our pupils to make positive, informed decisions about reporting crime.



# MEET THE PUPIL LEADERSHIP TEAM



Head boy  
**Teejay Picton**



Senior prefect  
**Abby Davies**



**Lynsey McCabe**



**Millie Philips**



**Tygan Waithaka**



**Cole Jenkins**



**THE TEACHING,  
LEARNING AND  
EXPERIENCES TEAM**



# UPPER SCHOOL UPDATES!

## A TRIP TO OXFORD

By Isobel Lodwick, year 10

The trip to Oxford went really well, the bus trip was easy there and back. The university was really welcoming and I had a great time. The lectures were interesting to learn about and the tour of the university was an enjoyable experience. This experience really made us consider what university could offer us in the future.



## EXAM PREPARATION

Year 11 are all set for their Easter residential revision trip to the Urdd centre in Cardiff. More than half of the year group are signed up for Easter revision in all of their core subjects. They will be joined by their teachers who cannot wait to give them a head start in their revision. As it is the Easter holiday, also... year 11 can be sure of some fun along the way with bowling, cinema and a sleepover!

## SCRIBBLERS TOUR

*"Our year 9 and 10 pupils attended a 'Scribbles Tour' with First Campus and Hay Festival at University of South Wales. They got to meet two published authors, listen to them read from their recent works and engage in creative writing activities. Our pupils even got a free copy of their books and had them personally signed! Pupils also experienced a tour of campus to get a feel for university life and what it has to offer on what was overall a lovely day".*

By Miss. L. Rees

*Da iawn from Mrs Thomas!*

*Year 10 and 11 pupils have been incredible in the last weeks of the term in regards to their Welsh and Spanish oral examinations. You have worked hard, prepared, behaved impeccably throughout and we are so proud of you!*





# EXTRA-CURRICULAR ACTIVITIES

Written by Mr. A. Cross



## LEARNING EXPERIENCES

Over the course of the summer, and with Covid guidance allowing for us to do more, we are planning to give every pupil in the school an amazing learning experience! Your experience could be in the classroom, or out on a trip.

The idea of this is show you how your learning can be taken into the big wide world and other environments.

There are lots of different ideas depending on what you are learning and the themes you are studying so be prepared to get out of the classroom and get busy!

We are also hoping to widen the opportunities that we can provide you in extra-curricular activities by purchasing some new equipment in order to give you some ideas of things you might be interested in that you would not normally think of!



A big thank you to YEPS and their support of extra-curricular activities this term too. The Nant quad being transformed into a skatepark on Thursday's has been incredible! Remember to check our social media, Parent Mail and your emails for other opportunities that we can offer you, here at Ysgol Nantgwyn.



## Our new skills

BY MISS V. EVANS

Our partnership with Y.E.P.S. has been successful for a number of years. This year we have been lucky enough for Y.E.P.S. to fund our extra-curricular skiing club in Cardiff Ski Centre.

The first week was scary and daunting for all of the pupils involved; none had ever been skiing before. After getting used to putting on all the new equipment and learning how to walk in the ski boots... it was off to the slope!

Across five weeks all of the pupils progressed from the 'baby slope' to using the button lift and going down the slope from the very top. There were a few slips and spills along the way (as to be expected on skis) but everyone finished the course with smiling faces.

Certificates were presented for everyone's efforts and development of their new found skill. We hope to repeat this club in the next academic year.

## Pitch perfect piano

Music is incredibly important for your development. It can be a tool for relaxation, for expression and for creativity. It is also good for your brain in other ways (a bit like a brain workout!)

We are so happy that so many of you want to be a part of our piano clubs which are one of the most popular choices in our extra-curricular provision.

Because of your enthusiasm, we are buying more musical equipment in the summer. As far as we're concerned, the more music, the better!



# MEET THE PUPIL LEADERSHIP TEAM



Senior prefect  
**Harvey Hawkins**



Senior prefect  
**Macy Pugh**



Senior prefect  
**Kenzie Rees**



**Seren Carpenter**



**Miles Davies**



**Dafydd Gubbings**



## THE WELLBEING TEAM

# SUMMER EXTRA-CURRICULAR ACTIVITIES: TUESDAYS

Activity/Club	Year Group	Date and Time
Take a Look and Read a Book	Nursery-Yr 3	Tuesdays 3:15-4:00pm
Zumba	Nursery-Yr 3	Tuesdays 3:05-4:05pm
Arts and Crafts	Nursery-Yr 3	Tuesdays 3:15-4:00pm
Young Multi sports	Yrs 1-2	Tuesdays 3:15-4:00pm
Reading Eggs/Eggspress Club	Yrs 1-6	Tuesdays 3:15-4:00pm
Karaoke Club	Yrs 4-6	Tuesdays: 3:15-4pm
Minecraft	Yrs 4-9	Tuesdays 3:15-4:00pm
Quiz and Trivia club	Yr 5-7	Tuesdays: 3.05-4.00pm
Rugby	Yr 6	Tuesdays: 3:05-4:00pm
Morning Library club	Yr 7-9	Tuesdays 3:05-4:05pm
Netball	Yrs 6-11	Tuesdays 3:05-4:05pm
Table Tennis	Yrs 7-11	Tuesdays 8:00-8:30am
Rugby	Yrs 7-11	Tuesdays 3:05-4:05pm
Study Club - Science and technology	Yrs 7-11	Tuesdays 3:05-4:00pm
Art and photography club	Yrs 9-11	Tuesdays 3:15-4:30pm
Welsh Club	Yrs 10-11	Tuesdays 3:15-4pm



# SUMMER EXTRA-CURRICULAR ACTIVITIES: WEDNESDAYS

Activity/Club	Year Group	Date and Time
Variety Club	Nursery	Wednesdays 3:15-4:00pm
Board games	Nursery-Yr 3	Wednesdays 3:15-4:00pm
Painting	Yrs 1-2	Wednesdays 3:15-4:00pm
Young Writers and Publishers club	Yrs 2-4	Wednesdays 3:15-4pm
Science club	Yrs 4-6	Wednesdays 3:15-4:00pm
Multi sports	Yrs 3-5	Wednesdays 3:05-4:05pm
Football	Yrs 6-11	Wednesdays 3:05-4:05pm
Basketball	Yrs 7-11	Wednesdays 3:05-4:05pm
Faculty of Life study club	Yrs 7-11	WednesdaysThursdays, Fridays 3:05-4:05pm
Business Revision Club	Yrs 10-11	Wednesdays 3:05-4:05pm
Spanish GCSE Masterclass	Yrs 10-11 options classes	Wednesdays 3:15-4:15pm

# SUMMER EXTRA-CURRICULAR ACTIVITIES: THURSDAYS

Activity/Club	Year Group	Date and Time
Gardening club	Nursery-Yr6	Thursdays 3:15-4:00pm
Piano club	Reception- Yr6	Thursdays 3:15-4pm
Movie club	Yrs 7-8	Thursdays 3:05-4:15pm
Guitar club	Yrs 7-11	Thursdays and Fridays 3:15-4:15pm
Study Club - Science	Yrs 10-11	Thursdays 3:05-4:15pm
English Language Club	Yr 11	Thursdays 3:15-4pm
English Literature Club	Yr 10-11	Thursdays 3:15-4pm
Welsh Club	Yrs 10-11	Thursdays 3:15-4pm



# MEET THE PUPIL LEADERSHIP TEAM



Senior prefect  
**Mali Morris**



Senior prefect  
**Aiden Brosnan**



**Lexie Rees**



**Ellie George**



**Grace Bournier**



**Lola McCarthy**



## THE LEADERSHIP TEAM



# YSGOL NANTGWYN IS BECOMING A RIGHTS RESPECTING SCHOOL...

By Miss. T. Mein



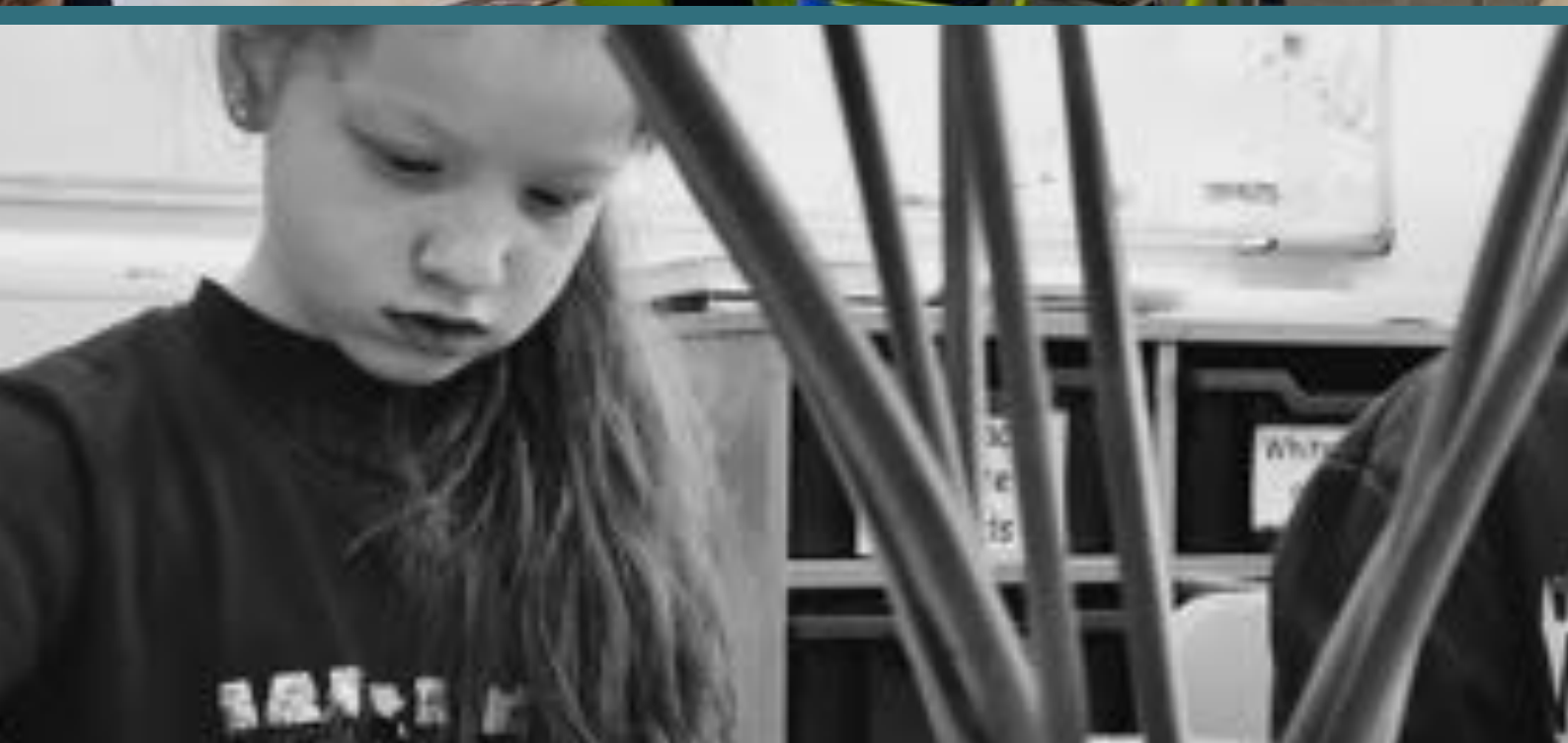
## WHAT DOES THIS MEAN?

**YSGOL NANTGWYN AIMS TO BE A SCHOOL WHERE CHILDREN'S RIGHTS ARE AT THE HEART OF OUR THINKING AND CULTURE. THE AIM IS TO IMPROVE WELL-BEING AND TO DEVELOP EVERY ONE OF YOUR TALENTS AND ABILITIES TO THEIR FULL POTENTIAL. AS PART OF THIS PLAN WE ARE WORKING TOWARDS RECOGNITION AS A 'RIGHTS RESPECTING SCHOOL', AN AWARD GIVEN TO SCHOOLS ON BEHALF OF UNICEF UK.**

**UNICEF IS THE WORLD'S LEADING ORGANISATION WORKING FOR CHILDREN AND YOUNG PEOPLE AND THEIR RIGHTS. IN 1989, GOVERNMENTS ACROSS THE WORLD AGREED THAT ALL CHILDREN HAVE THE SAME RIGHTS BY ADOPTING THE UN CONVENTION ON THE RIGHTS OF THE CHILD (UNCRC). THESE RIGHTS ARE BASED ON WHAT A CHILD NEEDS TO SURVIVE, GROW, PARTICIPATE AND FULFIL THEIR POTENTIAL.**

**AT YSGOL NANTGWYN YOU WILL LEARN ABOUT YOUR RIGHTS BY PUTTING THEM INTO PRACTICE EVERY DAY. A RIGHTS RESPECTING SCHOOL MODELS RIGHTS AND RESPECT IN ALL ITS RELATIONSHIPS.**

**THIS AWARD DOES TAKE TIME TO WORK TOWARDS TO LOOK OUT FOR UPDATES ON THIS FROM YOUR HEAD OF SCHOOL AND OTHER TEACHERS.**







# Reading matters

## This term we celebrated World Book Day

BY MISS. K JAMES

*On Friday 4th March, we celebrated World Book Day with you all! During the day, we had a range of activities for you to participate in. These included attending school in your pajamas or dressed as a character from your favourite book.*

*We also had you creating your own bookmark as part of a competition. We were so impressed with all of your efforts.*

*Reading was also promoted in lessons throughout the day. It was wonderful to see and hear you all reading and sharing your favourite books.*

*The English corridor in the Nant building was transformed into our very own Hogwarts! What will it be next year?*

*We thought you'd all like a reminder of the day and another look at the fantastic pictures that we took during the day.*

### Why does reading matter?

- READING IS "BRAIN FOOD"
- READING IMPROVES LISTENING SKILLS.
- READING BUILDS EARLY LITERACY SKILLS.
- PRACTICE MAKES PERFECT.
- READING IMPROVES ACADEMIC PERFORMANCE.



# Transition Thursdays



Written by Mille and Seren from 6A

In Transition Thursday there have been lots of fun activities to do and to learn new skills, such as learning how to bake pizzas and do cupcake decorating to improve your baking skills. There was multi sports to improve your fitness and to get you working in a team which helps you to get to know each other. Some pupils chose to take part in the arts and crafts session to show their creative side and they have made bird feeders from recycled materials.

Meeting new people improved our confidence as we could make new friends before we all start together in Year 7. We have enjoyed gaining new skills and trying new things but also meeting other children from other schools. We've already made friends ready for next year! We would recommend that all Year 6 join the fun activities. We have had a great time!



# *The importance of charity*

## BEING RESPONSIBLE: HELPING OTHERS

Written by Ms. C. Waithaka

This term the school community supported two main causes; Red Nose Day and the Ukraine Appeal. Red Nose Day saw us all embrace the idea of crazy hair!! We had some weird and wonderful displays across the school site from creative colour, wigs and amazing talent turning hair into cupcakes, fizzy pop and very own Cindy-Lou Who!!

As a community we came together as one to show love support and compassion in the best way possible from here, the heartbreaking situation in Ukraine. We appealed for items of need and were blown away by the volume that we received.



### CHARITABLE CAUSES WE'VE SUPPORTED THIS TERM

- PTA fundraising car boot sale
- Our food bank
- Ukraine relief
- Red Nose Day



Our community room was full of items ready for donations. Our wonderful PLT along with Pip filled a whole mini bus with donations and Pip delivered it to a collection centre ready for its journey to Poland. Added to this, our PLT came up with the idea of making and selling yellow and blue ribbons to raise money and show support. These were made by staff in house and sold across the school. Astonishingly, we had to order and make more ribbon due to the demand. T

Thank you all for your continued support we and wider charities are grateful. Well done team Nantgwyn.

# MAD ABOUT SPORT

BY MRS. B. HOLMES



## *A success story!*

The senior team played their final match of the season this half term. They played a fantastic game against Tonyrefail Community School winning 27-13 making them the division 1 winners. The senior team has been undefeated since joining the school in year 7 - an amazing achievement!



## *Swimming superstar*

Ellie in year 6 continues to excel in the pool. Ellie currently swims for RCT, earlier in the year Ellie represented RCT in the regional championships. Ellie competed in a number of races during the meet, winning bronze in the 100m backstroke, silver in the 400m free with an amazing time of 5.37, and bronze in the 50m backstroke. Ellie has also recently qualified to compete in the Swansea Long Course Open Meet in May and we wish her all the best!

## *Running to glory*

Leroy in year 11 has continued to make progress in his hectic running schedule. At the end of March he finished 6th in Swansea's Gwent League Cross Country Event. He is now 10th overall in the U17 category with a year still to compete!





# LANGUAGE AND CULTURE



## CWL CYMRU

By Miss. M. Morse

This term pupils from across the school celebrated St David's day. Pupils dressed up in Gwyn and created some lovely Welsh crafts during the day.

We also had entries from nursery to year 11 for the competition "what Wales means to me". Pupils baked cakes in the shape of sheep, wrote poems about their country, we had paintings and also songs performed on a range of instruments. It was lovely to see pupils celebrate our Welsh culture and we are now very excited for our Eisteddfod in the summer term!



# Pupil Leadership Team Pages: Gwyn focus!

## TAKING ISSUES THAT MATTER TO MRS. RETALLICK AND THE SENIOR LEADERSHIP TEAM

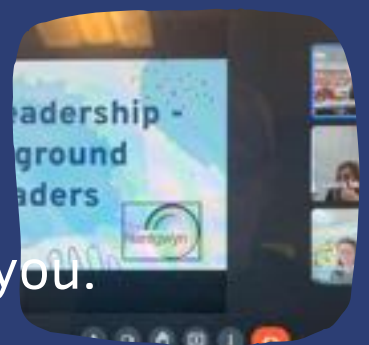
### *Yr4-6 YNG Facebook*

Your PLT reps Miles and Cole want to give you this message.

'We will be letting parents know about the achievements that children achieve inside and outside school. One prefect will collect information from each year group and this will then be grouped and sent out once a fortnight. It is important to celebrate success and hopefully inspire other children to succeed.'

### *Lost Property Collection*

Seren and Millie want to share this news with you.



'The amount of jumpers and cardigans that get lost is incredible! We will have a collection box in the LRC where lost property can be stored and then the both of us will bring it around the different classrooms. It is important that children will recognise us and come to us if they have lost anything.'

# Pupil Leadership Team Pages: Gwyn focus!

## TAKING ISSUES THAT MATTER TO MRS. RETALLICK AND THE SENIOR LEADERSHIP TEAM

### *Wet Play Leaders*

Riley and Grace though that you might like to know...



'The prefects already do Play Ground Leaders so we already have had good practise. We will enjoy telling stories and playing games with the children when it rains. It will give teachers a bit of a break and we can influence the younger children how to behave by being role models. They already tell us they look forward to seeing us at breaktime!'

### *Eco-Leaders*

Lola and Lynsey from the middle PLT think this is an important issue.

'Last week, Year 6 spoke to other year groups about the importance of re-cycling. We want to help the school become more environmentally friendly. There needs to be paper recycling in classes, food waste collection for compost and, especially with the rising electricity costs, making sure devices are only on if they are being used.'





ing boy was taking  
all of a sudden  
a bright blue light.  
in the mountains  
s. So he climbed  
us to take a look  
for the cave he heard  
shadows." You have  
oped out it was  
boy of his duty, a  
ortells that the lib  
to make sure the  
as they hold our  
Will you protect t  
The Librarian, The



# BIG BOCS BWYD

WRITTEN BY MS.

L. MORRIS



## GET INVOLVED!

We are absolutely delighted to have taken delivery of a Big Bocs Bwyd (Big Food Box) in recent weeks. For those of you that haven't seen our new 'installation', we have a shipping container now sited on the grounds on the Gellifaelog side of the estate. The pupils have been really excited to wonder what the box is for but, this week, we are speaking with pupils to explain that we will be opening a 'pay as you feel' shop for a few hours per week to our families and local community. We have been extremely lucky with local supermarkets offering to make donations and, while we will not know what will be available in the box from week to week, we are excited to be able to regularly share the available food. The premise is that people will be able to 'pay as they feel' or pay nothing at all. Over the coming weeks, we are taking delivery of fridges, freezers and shelving and working with many pupils to prepare the area inside and around the BBB so that we are able to open to the local community. As we open, many pupils will have the opportunity to contribute to the facility by helping with the grounds around it, keeping things stocked and checked inside the shop and growing herbs and vegetables to go in the shop. We will be sharing more as we go along through our social media channels - you can follow us on Facebook (Nantgwyn Big Bocs Bwyd) and Instagram @nantgwynbbb or both!



# YSGOL NANTGWYN

# WELLBEING

## THERE IS ALWAYS HELP, ADVICE AND SUPPORT ON HAND

At Ysgol Nantgwyn we know that being fit and healthy allows you to learn the best. This means that we look out for your physical and mental health. If you ever feel the need to seek advice or support, use this page to know where to go and what we can offer you.



***If you feel the need to talk to someone who is not one of your teachers or a family member, we have Eye-to-Eye counselling service available at the school. For a referral, please speak to:  
Upper school - Mrs. A. Carter  
Middle school - Mrs. T. Woodbridge or  
Mrs. D. Davies***



The youth engagement and participation team have a base at Ysgol Nantgwyn in the Nant building. They are available to support and help you. If you would like more information speak to the Mrs. A. Carter or Mrs. T. Woodbridge.

## WHY NOT TRY OUT LUNCHTIME SAFE HAVEN?

Safe Haven – N15	
<b>What is it?</b> A place where you can: •Talk •Get Help •Be listened to •Work things out •Feel Supported	<b>Overview</b> Safe Haven is a new counselling service offered by Ysgol Nantgwyn.  We have staff available to support you as an individual or if you wish – as a group.  We are going to have specialist days where we focus on topics which impact you on a daily basis such as LGBTQ+, self-harm, stress, bullying, loneliness and friendship.  The provision will take place in N15 every day from 12:45 to 13:25 each day of the week.  You must book an appointment by texting 07494552475 with your name and form.
<b>How do I book an appointment?</b> TEXT on – <a href="tel:07494552475">07494552475</a> Or ask Mrs C Jones who can book you an appointment from N15	
<b>Who can attend:</b> •You on your own •As a group •As part of an LGBTQ+ meeting	