

# Minooka K-4 Lunch Menu

## May 2022

**Student Meal**  
**Includes: Entrée, Fruit,**  
**Vegetable, & Milk**  
**White Milk 11G**  
**Chocolate Milk 20G**

**\*\*\*MENU**  
**SUBJECT TO**  
**CHANGE\*\*\***

Field Day Lunhes Will Consist of...

All Beef Hot Dog 27G  
Baked Chips 24G  
Carrots 12G  
Apple Slices 7G  
Milk

Questions contact the Food Service Director

Cindy Day at:  
**630-747-1427**

Nutritional information is provided as a courtesy, Quest nor Minooka School District 201 can guarantee its accuracy.

In accordance with Federal law and the US Department of Agriculture policy, this institution is prohibited from discrimination on the basis of race, color, national origin, sex age, or disability.

2 Blueberry Waffle 33G Hash Browns 21G Turkey Sausage Patty 1G Grape Juice 20G Milk	3 Chicken Corn Dog 30G Steamed Sweet Corn 21G Applesauce 13G Milk  Fruit Roll Up 11G	4 Grilled Cheese Sandwich on Whole Grain Bread 29G Baked Cheetos Banana 27G Dragon Punch Veggie Drink 13G	5 Chicken Tacos served on Whole Grain Tortillas 29 Fiesta Beans 33G Shredded Cheddar 1G Salsa 4G Orange 21G Milk	6 French Bread Cheese Pizza 33G Romaine Lettuce Salad w/ Ranch 13G Strawberries 21G Milk
9 Chicken Sandwich served on a Whole Grain Bun 41G Baked Beans 30G Applesauce 13G Milk  Fruit Roll Up 11G	10 Pancake Wrap w/ Pork Sausage 18G Hash Browns 21G Orange Juice 13G Milk  *Contains Pork	11 Make Your Own Cheese Pizza Lunch-Able 23G Carrots & Ranch 13G Milk  Slushy 22G	12 Diced BBQ Chicken Sandwich served on a Whole Grain Bun 57G Tater Tots 24G Banana 27G Milk	13 Chicken Nuggets 16G Dinner Roll 13G Romaine Salad w/ Ranch 13G Whole Apple 18G Milk  Whole Grain Cinnamon Roll 19G
16 Chicken Tender Wrap w/ Shredded Lettuce & Shredded Cheese on a Whole Grain Wrap 46G Carrots & Ranch 13G Milk  Slushy 22G	17 All Beef Hamburger Served on Whole Grain Bun 26G Baked Beans 30G Apple 18G Milk	18 French Toast Sticks Turkey Sausage Links 1G Potato Smiles 21G Orange Juice 13G Milk  Fruit Snacks 21G	19 *Ham, Turkey & Cheese Sub Sandwich on Whole Grain Bun 31G Baked Chips 24G Cherry Tomatoes w/ Ranch 13G Applesauce 13G Milk  *Contains Pork	20 Individual Cheese Pizza 22G Romaine Salad w/ Ranch 13G Strawberries 21G Milk  Chocolate Chip Cookie 18G
23 Popcorn Chicken w/ BBQ Sauce 46G Sweet Potato Waffle Fries 24G Whole Apple 18G Milk  Fruit Roll Up 11G	24 <b>Field Day MES</b> Cheesy Chicken Nachos 36G Salsa 4G Fiesta Beans 33G Applesauce 13G Milk	25 <b>Field Day Jones &amp; Aux</b> All Beef Meatball Sub w/ Mozzarella Cheese 37G Tater Tots 24G Fresh Banana 27G Milk	26 <b>Field Day WT</b> Cinnamon Toast Crunch 44G Yogurt Cup 15G Cheese Stick 1G Apple Juice 14G Carrots & Ranch 13G Milk	<b>Field Day Lunch Will Consist of.....</b> <b>All Beef Hot Dog 27G</b> <b>Baked Chips 24G</b> <b>Carrots 12G</b> <b>Apple Slices 7G</b> <b>Milk</b>

# Minooka Lunch Menu

## May 2022 MIS/JH

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Includes: Entrée, Fruit,  
Vegetable, & Milk  
**White Milk 11G**  
**Chocolate Milk 20G**

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**SUBJECT TO**  
**CHANGE\*\*\***

Field Day Lunhes Will Consist of...

All Beef Hot Dog 27G

Baked Chips 24G

Carrots 12G

Apple Slices 7G

Milk

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9 Chicken Sandwich served on a Whole Grain Bun 41G Baked Beans 30G Applesauce 13G Milk  Fruit Roll Up 11G	10 *Pancake Wrap w/ Pork Sausage 18G Hash Browns 21G Orange Juice 13G Milk  *Contains Pork	11 Vegetarian Chopped Salad (Romaine, Shredded Cheese ,Tomatoes , Cucumbers & Pasta) 53G Breadstick 13G Ranch or Italian Milk  Slushy 22G	12 Diced BBQ Chicken Sandwich served on a Whole Grain Bun 57G Tater Tots 24G Banana 27G Milk	13 Chicken Nuggets 16G Dinner Roll 13G Romaine Salad w/ Ranch 13G Whole Apple 18G Milk  Whole Grain Cinnamon Roll 19G
16 Chicken Tender Wrap w/ Shredded Lettuce & Shredded Cheese on a Whole Grain Wrap 46G Carrots & Ranch 13G Milk  Slushy 22G	17 All Beef Hamburger Served on Whole Grain Bun 26G Baked Beans 30G Apple 18G Milk	18 Buffalo Chicken Tater Tots (Chicken, Cheese,& Buffalo Sauce on the side) 23G Fresh Banana 27G Celery And Ranch 13G Milk	19 *Ham, Turkey & Cheese Sub Sandwich on Whole Grain Bun 31G Baked Chips 24G Cherry Tomatoes w/ Ranch 13G Applesauce 13G Milk  *Contains Pork	20 Individual Cheese Pizza 61G Romaine Salad w/ Ranch 13G Strawberries 21G Milk  Chocolate Chip Cookie 18G
23 Popcorn Chicken w/ BBQ Sauce 46G Sweet Potato Waffle Fries 24G Whole Apple 18G Milk  Fruit Roll Up 11G	24 Cheesy Chicken Nachos 36G Salsa 4G Fiesta Beans 33G Applesauce 13G Milk	25 <b>Field Day MIS</b> All Beef Meatball Sub w/ Mozzarella Cheese 37G Tater Tots 24G Fresh Banana 27G Milk	26 <b>Field Day JH</b> Cinnamon Toast Crunch 44G Yogurt Cup 15G Cheese Stick 1G Apple Juice 14G Carrots & Ranch 13G Milk	<b>Field Day Lunch Will Consist of.....</b> <b>All Beef Hot Dog 27G</b> <b>Baked Chips 24G</b> <b>Carrots 12G</b> <b>Apple Slices 7G</b> <b>Milk</b>