

## Shuruudaha Tallaalka Dugsiga Missouri 2022-2023

- Dhammaan ardaydu waa inay keenaan dukumeenti ku saabsan heerka tallaalka ee ugu dambeeyay, oo ay ku jiraan bisha, maalinta, iyo sanadka tallaalka kasta ka hor intaysan dugsiga tagin.
- Guddiga La-talinta ee Dhaqannada Tallaalka (ACIP) waxay oggolaadaan 4-maalmoood oo fadhi ah. Ardeyda ku jirta dhammaan heerarka fasaladu waxay heli karaan tallaalka ilaa afar maalmood ka hor taariikhda la filayo
- Tallaalkada loo baahan yahay waa in lagu maamulaa si waafaqsan Guddiga La-talinta ee Jadwalka Tallaalka ee hadda jira, oo ay ku jiraan dhammaan kala-fogaanshaha, (<http://www.cdc.gov/vaccines/schedules/index.html>).
- Si ay dugsiga ugu sii jiraan, ardaydu "gudbaysaa" waa in ay haystaan foomka Tallaalka Horumarka (Imm.P.14) ee faylka. Horumarka socda macnaheedu waa in ilmuhu bilaabay taxanaha tallaalka oo uu leeyahay ballan qiyaasta xigta. Balantan waa in la hayaa oo diiwaanka la cusboonaysiiyay la siiyaa dugsiga. Haddii ballanta aan la dhawrin, ilmuhu ma sii socon doono oo waa sharci daro. (tusaale ahaan, Taxanaha tallaalka Cagaarshowga B ayaa la bilaabay laakiin ilmuhu weli uma qalmo in la siiyo qiyaasta xigta ee taxanaha.)
- Diin ahaan (Imm.P.11A) iyo caafimaad ahaan (Imm.P.12) waa la ogolyahay. Kaarka cafiska ee habboon waa inuu ku jiraa faylka. Carruurta aan la tallaalin ayaa laga saarayaa dugsiga marka ay dillaacaan cudurrada tallaalka looga hortagi karo.

Tallaalkada looga baahan yahay imaanshaha dugsiga	Qiyaasta loo baahan yahay darajada												
	K	1	2	3	4	5	6	7	8	9	10	11	12
DTaP/DTP/DT <sup>1</sup>	4+	4+	4+	4+	4+	4+	4+	4+	4+	4+	4+	4+	4+
Tdap <sup>2</sup>									1	1	1	1	1
MCV <sup>3</sup> (isku xidhka Meningococcal-ka )									1	1	1	1	2
IPV (Dabaysha) <sup>4</sup>	3+	3+	3+	3+	3+	3+	3+	3+	3+	3+	3+	3+	3+
MMR <sup>5</sup>	2	2	2	2	2	2	2	2	2	2	2	2	2
Cagaarshowga B <sup>6</sup>	3+	3+	3+	3+	3+	3+	3+	3+	3+	3+	3+	3+	3+
Varicella-da <sup>7</sup>	2	2	2	2	2	2	2	2	2	2	2	2	2

1. Qiyaasta ugu dambeysa ee dhalashada afraad ama ka dib iyo qiyaasta ugu dambeysa ee xiiq-dheerta carruurta ka hor dhalashada toddobaad.  
**Baahida ugu badan:** lix qiyaasood.
2. 8-12 Fasalada: Tdap, oo ka kooban tallaalka xiiq-dheerta, ayaa loo baahan yahay.
3. Fasalka 8-11: Hal qiyaas oo MCV ah ayaa loo baahan yahay. Qiyaasta waa in la bixiyaa 10 sano ka dib.  
Fasalka 12: Laba qiyaasood oo MCV ah ayaa loo baahan yahay haddii aan qiyaasta koowaad la siin arday da'diisu tahay 16 jir ama ka weyn, taas oo hal mar kaliya loo baahan yahay. Ugu yaraan hal dose waa in la bixiyaa 16 sano ka dib.
4. Fasalka 12aad: Qadarka ugu dambeeya waa in la qaataa maalinta afraad ama kadib. Inta u dhaxaysa qiyaasta xigta-ilaa-tadambe oo ugu dambayn waa inay ahaataa ugu yaraan lix bilood.
5. Qiyaasta koowaad waa in la bixiyaa markay da'du tahay laba iyo toban bilood ama ka dib.
6. inay jirtaa ugu yaraan afar toddobaad inta u dhaxaysa qiyaasta koowaad iyo labaad; ugu yaraan 8 toddobaad inta u dhaxaysa qiyaasta laba iyo saddex; ugu yaraan 16 toddobaad inta u dhaxaysa qiyaasaha kow iyo saddex iyo qiyaasta ugu dambaysa waa in la siiyaa wax aan ka horrayn da'da 24 toddobaad.
7. Fasalka Barbaarinta ee 12aad: Sida caddaynta lagu qanco ee cudurka, bixiye daryeel caafimaad oo shati leh ayaa laga yaabaa inuu saxiixo oo ku rido dugsiga qoraal ah oo muujinaya bisha iyo sanadka hore ee cudurka varicella (chickenpox).