

10TH GRADE/SOPHOMORE YEAR

TALK TO YOUR TEACHERS AND COUNSELORS

Talk to your [guidance counselor](#) (or teachers, if you don't have access to a guidance counselor) about the following:

- Reviewing the high school curriculum needed to satisfy the requirements of the colleges you are interested in attending
- Finding out about [Advanced Placement](#) courses:
 - What courses are available
 - Whether or not you are eligible for the classes that you want to take
 - How to enroll in them for your junior year

UPDATE YOUR DOCUMENT FILE

Update your file or start one if you haven't already. Take a look at the Grade 9 timeline for a list of what your document file should contain.

PARTICIPATE IN EXTRACURRICULAR ACTIVITIES

Continue extracurricular activities, as admissions officers look at students' extracurricular



PARTICIPATE IN ENRICHMENT PROGRAMS

Continue participation in academic enrichment programs, summer workshops, and camps with specialty focuses such as music, arts, science, etc.

OCTOBER

Take the [PSAT](#) in October. The scores will not count for National Merit Scholar consideration in your sophomore year, but it is valuable practice for when you take the PSAT again in your junior year (when the scores will count), as well as for the SAT exam, which you should also be taking in your junior year. You will receive your PSAT results in December.