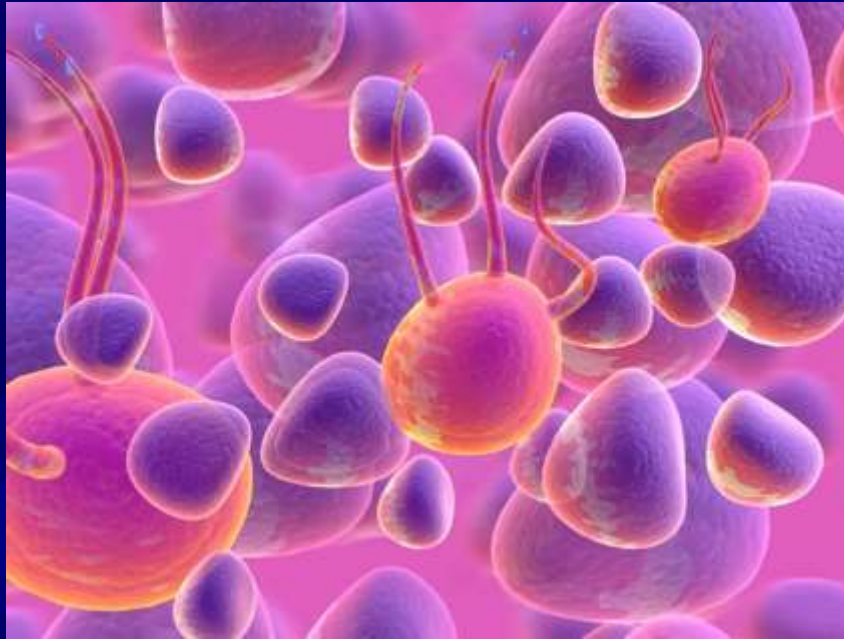


Universal Precautions

In the School Setting

What are Universal Precautions?

- Usual and ordinary steps all school staff need to take in order to reduce their risk of infection from:
 - Blood Borne Pathogens
(Hepatitis B, Hepatitis C, HIV)
 - Infectious Organisms that cause illness



- Exposure occurs through contact with infected body fluids

These Body Fluids Include:

- Blood
- Vomit
- Saliva
- Stool (feces)
- Urine
- Drainage from nose
or sinuses
- Drainage from cuts,
scrapes, wounds or
sores
- Secretions from
mucous membranes
- Sputum (mucus from
lungs)
- Vaginal secretions
- Semen



Protect Yourself...

- *Universally*, treat every child's body fluid as if it were infected.

- *Precaution* – Use foresight and plan ahead to avoid exposure

Universal Precaution Steps

- Gloves (Personal Protective Equipment)
- Decontamination
- Hand Washing
- Waste Disposal

Step 1: Gloves...

Always wear gloves when ...

- Direct contact with body fluids is anticipated (nosebleeds, bleeding abrasions, etc.)
- Handling clothes soiled by urine, feces, vomit or blood
- Diapering children



Step 1 ...Gloves...

- One time use.
- If gloves not immediately available, use barrier such as paper towels.
- When removing, peel off hands and roll glove outside in.
- Discard gloves in lined trash container.
- Wash hands after removing gloves.

Step 1: ...Gloves

- Gloves are provided in the infection control kits.
- Please ask Health Assistant at your school if you need more.
- Our gloves are “Nitrile” gloves which do not contain latex.



Step 2: Decontamination

- Area must be cleaned with approved disinfectant –
Clorox wipes and Lysol type products will kill many infectious organisms but will not kill blood borne pathogens.
- Contact custodian for clean-up of blood or body fluid “spills”.
- Discard gloves and any contaminated materials in a lined trash container.
- Wash Hands.



Step 3: Handwashing



- The **MOST IMPORTANT STEP** in Preventing the spread of disease!
- Use liquid soap and warm water.
- Wash vigorously for 10 – 15 seconds.
- Rinse under warm running water.
- Turn off faucet with paper towel.



Step 4: Waste Disposal

- Bag and tie
- Place in second bag and tie again (double bag technique)
- Place all sharps (used needles) in sharps container.
- Wash hands after removing gloves.



Have a Great School Year!

