



# MAY 2022 MIDDLE SCHOOL LUNCH MENU

## Monday

2  
*No School!*

9  
JET'S Cheese Pizza  
MICHIGAN SALAD  
GREENS w/ RANCH

16  
JET'S Cheese Pizza  
MICHIGAN SALAD  
GREENS w/ RANCH

23  
JET'S Cheese Pizza  
MICHIGAN SALAD  
GREENS w/ RANCH

30  
*No School!*  
*Happy Memorial Day!*

## Tuesday

3 Beef and Cheese  
Nachos  
Black Beans  
MICHIGAN APPLE

10 Beef or Chicken Tacos  
Variety of Toppings  
Refried Beans  
MICHIGAN APPLE

17 Beef and Cheese  
Nachos  
Black Beans  
MICHIGAN APPLE

24 Beef or Chicken Tacos  
Variety of Toppings  
Refried Beans  
MICHIGAN APPLE

31 Beef and Cheese  
Nachos  
Black Beans  
MICHIGAN APPLE

## Wednesday

4  
All Beef Hot Dog  
Carrots and Fries  
MICHIGAN CHERRIES

11  
Grilled Cheese  
Tomato Soup  
MICHIGAN CHERRIES

18 Orange Chicken  
WG Rice  
Broccoli  
MICHIGAN CHERRIES

25  
All Beef Hot Dog  
Carrots and Fries  
MICHIGAN CHERRIES

## Thursday

5  
Macaroni and Cheese  
Garlic Breadstick  
MICHIGAN VEGGIES

12  
Cheese Cavatappi  
Garlic Breadstick  
MICHIGAN VEGGIES

19  
Cheese Lasagna Rollup  
Garlic Breadstick  
MICHIGAN VEGGIES

26  
Cheese Ravioli  
Garlic Breadstick  
MICHIGAN VEGGIES

## Friday

6  
Popcorn Chicken Bowl  
Mashed Potatoes, Corn  
MICHIGAN BLUEBERRIES

13  
Waffles and Chicken  
Sweet Potato Fries  
MICHIGAN BLUEBERRIES

20  
Chicken Drumstick  
Mashed Potatoes, Corn  
MICHIGAN BLUEBERRIES

27  
*1/2 Day*  
*No Lunch!*

All meals include Proteins & whole grains

At least 3/4 cup fruits and veggies and

1% white or chocolate milk

248.341.5671

# DAILY LUNCH OPTIONS!

**CHICKEN PATTY SANDWICH - SPICY AND REGULAR  
CHICKEN TENDERS  
GRILLED BURGERS, CHEESEBURGERS, BOSCO STICKS  
VARIETY OF ENTREE SALADS AND  
GRAB AND GO SUBS AND WRAPS  
AND MUCH MORE!!**

All Beef Hot Dog: All beef hot dog to served on a whole grain bun

Chicken and Waffles: Lightly breaded white meat crispy chicken, served with Sweet Waffle, and Sweet potato fries

Jet's Pizza: deep dish cheese, pepperoni or veggie pizza filled with marinara sauce and topped with mozzarella cheese

Lasagna Roll-up: pasta noodles filled with creamy ricotta and mozzarella cheese, topped with marinara sauce, served with garlic breadstick

Bosco Cheese Sticks: Whole grain bread sticks filled with mozzarella cheeses, baked and topped with parmesan cheese, served with marinara sauce

Chicken Tenders: Lightly breaded white meat crispy chicken, served with homemade roll and butter

Chicken Patty Sandwich: lightly breaded white meat chicken on a whole grain bun with French Fries offered on the side as a Vegetable

Tacos: 2 flour or corn tortillas filled with chicken or beef, topped with cheese with Michigan Lettuce, rice, beans and optional toppings served on the side.

Hot Dog: All Beef Frank served on a WG Bun with French Fries offered on the Side

Grilled Cheese and Tomato Soup: Crispy grilled sandwich stuffed with American cheeses and served with creamy tomato soup.

## Burgers

All Beef Patty with our without American Cheese. Served on a WG Bun with French Fries offered on the Side as a Vegetable

Macaroni & Cheese: Homemade with cavatappi noodles served with garlic bread

Yogurt Plate: Greek Yogurt served with Grahams, Michigan Blueberries and Fresh cut Veggies with Ranch Dip

Fresh Fruit Yogurt Parfait: Layers of vanilla Yogurt, Fresh Fruit and Granola, ready to eat!

Sausage, Egg and Cheese Croissant: Whole grain croissant, stuffed with turkey sausage, egg and american cheese

Vegan Hummus Plate: Hummus cup, pita chips, baby carrots, celery sticks and (nut free) sunflower seeds, Ready to eat!

Chicken Caesar Salad: Romaine lettuce, all natural white meat chicken, parmesan cheese, croutons, Caesar dressing and a muffin

# BREAKFAST

Monday

**Breakfast Bread**

Tuesday

**WG Donut**

Wednesday

**Pop Tart**

Thursday

**Breakfast Bar**

Friday

**Bagel and Cream Cheese**

**All complete breakfasts come with 100% Fruit Juice, and/or Michigan Fruit and 1% white or chocolate milk**

**Join us in learning about**

**Michigan Produce!**

**Carrots, Blueberries,**

**Apples, Salad Greens,**

**Sweet Potatoes and Root**

**Vegetable Medley**

Gluten Free option available per medical request- preorder required



Vegetarian and Dairy Free options available - preorder required

**MENU SUBJECT TO CHANGE WITHOUT NOTICE  
THIS INSTITUTION IS AN EQUAL OPPORTUNITY  
PROVIDER**