

SHAC-School Health Advisory Council Meeting

Monday, November 4th 2019

5:45-6pm Administration Boardroom

Minutes

Attendees: Karen Collins, Nurse at Community HS and District Health Coordinator

Cindy Lewis, Director of Child Nutrition Community ISD

Karrie Gaines, Nurse at NeSmith Elementary

Ami Roddy, Nurse at McClendon Elementary

Katrina Jones, Nurse at Edge Middle School

April Sawyer, Parent

Carly Abel, Parent

Courtney McCuistion, Parent

Klarissa Warner, Parent

1. Old Business

- a. Minutes from last meeting approved by members

2. New Business

- a. Safety Update: Karen Collins let members know that the requirements from House Bill 496 stating students grade 7 and up should be offered a class on Stop the Bleed/Traumatic Injury Response were met today as class was offered in EMS cafe 11/4/19 taught by Danny Anthony (chief of fire Lavon), 2 students attended. Next meeting will discuss options for offering this class in the future.
- b. Health Services Update: Karen Collins, reviewed SHAC duties per SB No 435 (recommending appropriate grade levels and curriculum for instruction regarding opioid addiction/abuse and methods of administering an opioid antagonist)

-attendees suggested at last meeting having someone come to the middle and high schools and present in an assembly format on this topic. I have reached out to a psychologist friend of April Sawyer as well as Recovery Resource Council (that offers free speakers for schools) to see if we can find a speaker. Awaiting response to see what we can set up. I let attendees know that after meeting with Mr. Ryan at EMS he and the EMS counselors would like to have a speaker on this topic present during Tribe Time (Monday mornings) preferably 3 Mondays (to cover the 6th, 7th and 8th grade separately). Mr. Westfall would like to wait until May after testing complete.

- c. 5 SHAC members (mostly parents of students in the district per board policy) [https://pol.tasb.org/Policy/Download/318?filename=BDF\(LEGAL\).pdf](https://pol.tasb.org/Policy/Download/318?filename=BDF(LEGAL).pdf) to be appointed by board; asked members to email me if interested in committing to be a member appointed by the board as our district policy states.

Healthy Braves Health Community event presented (open to community) just after SHAC meeting, November 4th 2019 Parenting Through the Haze: the Realities of Teen Vaping 6-8pm.

3. Topics to be discussed at the next meeting will be:

Opioid addiction/abuse curriculum follow-up

School Safety (Traumatic Injury Response Protocol) follow-up; discuss other options for offering class to students next year

Physical Activity SHAC subcommittee follow-up; need a chair for this (still looking)

SHAC members (need 5 members committed to this) follow-up

4. Next meeting will be Monday, January 27th, 2020 5-6pm