

SHAC-School Health Advisory Council Meeting

Monday, September 23rd, 2019

5-6pm Administration Boardroom

Minutes

Attendees: Karen Collins, Nurse at Community HS and District Health Coordinator

Cindy Lewis, Director of Child Nutrition Community ISD

Carolyn Boles, Parent

Ami Roddy, Nurse at McClendon Elementary

April Sawyer, Parent

Katrina Jones, Nurse at Edge Middle School

Carly Abel, Parent

1. SHAC Overview:

- a. Introduction to purpose and plan for SHAC this coming year.
- b. Reviewed the meeting schedule for 2019-20 SY. The committee needs to meet at a minimum of four (4) times a year, have 5 members appointed and 1 chair/co-chair. Need subcommittee of SHAC for physical activity/fitness recommendations.
- c. Review of District Wellness Policy done last SY (2018-19), assessment/implementation ongoing.

2. New Business

- a. Safety Update: Karen Collins reviewed the House Bill (496) regarding Traumatic Injury Response Protocol and that we are working with Community ISD Police Department to implement the items required. Still awaiting training recommendations to meet all requirements before offering training to students as the bill states is required.
- b. Health Services Update: Karen Collins reviewed the board policy that lists the duties of the SHAC, also discussed the added duties per SB No 435 (recommending appropriate grade levels and curriculum for instruction regarding opioid addiction/abuse and methods of administering an opioid antagonist).

--Discussed with attendees different ways to implement this and TEA website with curriculum recommendations(https://tea.texas.gov/Academics/Subject_Areas/Health_and_Physical_Education/Evidence-Based_Prescription_Drug_Awareness_Programs), attendees suggested having someone come to the middle and high schools and present in an assembly format on this topic. Attendees to reach out and see if we can find someone with experience in this field to assist us with this. It was discussed that we could use our district psychologist for this. I spoke with Mrs. Ebarb this morning (9/24/19) and she let me know that we do not currently have a school psychologist (only a contract one for now) but we are looking to hire someone.

Healthy Braves Health Community event coming up just after next SHAC meeting, November 4th 2019
Parenting Through the Haze: the Realities of Teen Vaping 6-8pm. Asked attendees to help spread the word to their contacts so that we can educate our community on this important topic.

Employee Flu/Immunizations Scheduled for October 21st and October 23rd.

3. Topics to be discussed at the next meeting will be:

Opioid addiction/abuse curriculum follow-up

School Safety (Traumatic Injury Response Protocol) follow-up

Physical Activity SHAC subcommittee follow-up

SHAC member (need 5 members committed to this) follow-up

4. Next meeting will be November 4th, 2019 5-6pm (Parenting through the Haze Community Education event immediately following)