

SHAC - School Health Advisory Council Meeting Minutes
Thursday April 7, 2022
6-7pm Executive Boardroom

Attendees

Mallory Scott - Director of Health Services,
Danay Freeman - Assistant Director of Child Nutrition,
NaTosha Harris - Director of Student Services,
Cassi Daniels - Campus Nurse at McClendon 4-5,
Klarissa Warner - Parent,
Katie Batson -
Brook Miller - Parent (via ZOOM)

1800 - Call to Order, Introductions

1. Mallory Scott presented a slideshow on Wellness Plan Overview.
 - a.) Nutrition Promotion
 - b.) Physical Activity
 - c.) School Based Activities
2. Revisited Future Goals
 - a.) Fun Run - Color Run v/s Mud Run
 - b.) Walking with My PEEP's - April 2023
3. Recruiting Campus Wellness Champion - 1 activity per semester
 - a.) ToothFairy
 - b.) Mental Health
 - c.) Bike and Fire Safety
 - d.) Fitness Buddy Program
 - e.) 3 on 3 BasketBall Tournament for older students.
4. 21 Day Kids Teaching Kids Program / 21 Day Healthy Snack Challenge
5. Needs - Parent Co-Chair
6. Topics for next SHAC meeting
 - a.) Child Nutrition
 - b.) Food Allergy Management Plan
 - c.) Shattered Dreams Program

1900 - Dismissed meeting