

Minutes of the Wellness Committee  
Regional School District 14  
[www.ctreg14.org](http://www.ctreg14.org) December 11, 2019

The Wellness Committee met on Wednesday, December 11, 2019 in the Conference Room of the Central Office, 67 Washington Ave, Woodbury, Connecticut.

Present were committee members Peter Brooks, Pattie Sola, Marianne Dwan, Kathryn Brenner and Andrew Komar. Also present were Wayne McAllister, Dr. Olzacki, and BOE clerk Karen Daley. Absent were Janet Morgan, Pam Zmek, Donna Marcinek.

The meeting was called to order by Dr. Olzacki at 2:04 pm.

Review of classroom celebration snack list – Ms. Sola and Ms. Dwan met prior to the meeting regarding the celebration snack list. They would like the date removed and would like to change the time frame for ordering from 1-2 weeks to 2 weeks prior to the event. They would also like to add a line that no exceptions will be made to the ordering time frame. Dr. Olzacki would like to see more items added to the list. Ms. Dwan and Ms. Sola will work on creating a more extensive list. This list is applicable to elementary through high school so we need to be sure we are hitting all of the age groups. The group will look into using a Google Form linked directly to the website for parents to fill out as an alternative to a paper form.

USDA audit discussion – Mr. Brooks discussed the questions that are on the audit. He asked the committee to review the answers he was proposing and add any thoughts of their own. Mr. Brooks asked for input on how to answer the question about providing an assessment of the school wellness policy. Mr. Komar asked for an explanation of the audit process. Mr. Brooks explained that they do come in to do a visit and will generally issue some corrective action items. As long as those items are corrected there isn't further intervention.

Public Comment – none

Other Business –

Dr. O would like Ms. Dwan, Ms. Sola and Mr. Brooks to go visit a couple of other school districts to see what they are doing to help us stay up to date with the latest offerings and programs. Dr. Olzacki would also like to look into teaming up with local farms to purchase produce and see if our food waste would be helpful to use on their farms.

The next Wellness Committee meeting will be on Wednesday, January 29, 2020 at 2:00 pm.

Hearing no further discussion, the meeting was adjourned at 2:33 pm.

Respectfully Submitted,



Karen Daley  
Regional School District 14 Board Clerk

Recorded and filed subject to Board of Education approval by: Karen Daley, Board Clerk, 12/13/2019.