

Creative Coping Online

A group for new moms

A free, online and weekly series for first-time moms and moms-to-be where community experts will present special topics, such as:

- The many challenges of motherhood
- First foods
- Understanding your developing child
- How to keep your child safe
- Reading to your baby



Space is limited!

This series will be held completely online via Zoom on Wednesday mornings from April 29–June 17 at 10:30-11:30 a.m.

For more information and to register:

Contact Karen at kandrews@melrosewakefield.org