



November 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
At all sign up meetings, the team swimsuit will be available for anyone to try on for proper sizing	1 Mass 5	2 Regular 1	3 All Periods Day 5	4 Regular 5	5 Meeting 2	6
7	8 All Periods Day 4	9 Regular 4	10 Special 1	11 Regular 4	12 Meeting 1	13
14	15 All Periods Day 3	16 Regular 3	17 Meeting 7	18 Special 3	19 Regular 6	20
21	22 NO SCHOOL	23 NO SCHOOL	24 NO SCHOOL	25 NO SCHOOL Thanksgiving	26 NO SCHOOL	27
28	29 All Periods Day 2	30 Regular 2 2 pm Sign up Meeting (SMCHS Pool Deck)				



December 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
At all sign up meetings, the team swimsuit will be available for anyone to try on for proper sizing			1 Meeting 6 1:45 pm Sign up Meeting (SMCHS Pool Deck)	2 Regular 2 2 pm Sign up Meeting (SMCHS Pool Deck)	3 Special 6	4
5	6 Regular 1	7 Meeting 5 1:45 pm Sign up Meeting (SMCHS Pool Deck)	8 Mass 1 2:15 pm Sign up Meeting (SMCHS Pool Deck)	9 Regular 4 2 pm Sign up Meeting (SMCHS Pool Deck)	10 All Periods Day 1	11
12	13 All Periods Day 7	14 Semester Exams (7, 1)	15 Semester Exams (2, 3)	16 Semester Exams (4, 5)	17 Semester Exam (6)	18
19	20 NO SCHOOL	21 NO SCHOOL	22 NO SCHOOL	23 NO SCHOOL	24 NO SCHOOL	25 Christmas
26	27 NO SCHOOL	28 NO SCHOOL	29 NO SCHOOL	30 NO SCHOOL	31 NO SCHOOL	



January 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
At all sign up meetings, the team swimsuit will be available for anyone to try on for proper sizing						1
2	3 All Periods Day 6	4 Regular 6 2 pm Sign Up Meeting (SMCHS Pool Deck)	5 Meeting 3 7 pm Parent Info Night @ (Science Lecture Hall)	6 Regular 6	7 Minimum 3	8
9	10 All Periods Day 5	11 Regular 5 2 pm Sign Up Meeting (SMCHS Pool Deck)	12 Special 2 1:45 pm Sign Up Meeting (SMCHS Pool Deck)	13 Regular 5	14 Special 2	15
16	17 NO SCHOOL MLK Day	18 Regular 4	19 Meeting 1	20 Regular 4	21 Meeting 1	22
23	24 All Periods Day 3	25 Regular 3	26 Meeting 7	27 Regular 3	28 Minimum 7	29
30	31 Regular 2					



February 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Meeting 6	2 NO SCHOOL	3 Regular 2	4 Mass 6	5
6	7 All Periods Day 1 3-5 pm Practice (Newcomers)*	8 Regular 1 3-5 pm Practice (Newcomers)*	9 Meeting 5 3-5 pm Practice (Newcomers)*	10 Regular 1 3-5 pm Practice (Newcomers) *	11 Special 5 3-5 pm Practice (Newcomers)*	12
13	14 All Periods Day 7 3-5 pm Practice (All)*	15 Regular 7 3-5 pm Practice (All)*	16 Meeting 4 3-5 pm Practice (All)*	17 Regular 7 3-5 pm Practice (All)*	18 Minimum 4 12:30-2:30 pm Practice (All)*	19 1 pm Pentathlon @ SMCHS Pool
20	21 NO SCHOOL President's Day 3-5 pm Practice (All)*	22 Regular 6 1:45 pm Team Mass @ SMCHS Chapel (Girls) 3-5 pm Practice (All)*	23 Meeting 3 3-5 pm Practice (All)*	24 Regular 6 1:45 pm Team Mass @ SMCHS Chapel (Boys) 2:30-4 pm Team Photos (All) @ SMCHS 4-5 pm Practice (All)	25 Minimum 3 12:30-2:30 pm Practice (All)*	26 9 am Villa Park Relays (Girls) @ Villa Park HS 1 pm Villa Park Relays (Boys) @ Villa Park HS
27	28 All Periods Day 5 3-4:30 pm Practice (All) 5-6:30 pm Team Retreat & Dinner (All)		Items in bold are swimming or diving meets	February 7 is the 1st mandatory practice for all newcomers (optional for returning swimmers)	February 14 is the 1st mandatory practice for all swimmers	Days with (*) mean practice could be moved to a different time depending on the girls' water polo season



March 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Items in bold are swimming or diving meets</p>		1 Special 5 7:15-8:00 am Dryland 3-5 pm Practice (All)	2 Mass 1 3-5 pm Practice (All)	3 Regular 4 6:45-7:30 am Dryland 3 pm Capo Relays Prelims (Girls) @ Capo Valley HS 3-5 pm Practice (All those not in today's relays)	4 Regular 1 3 pm Capo Relays Prelims (Boys) @ Capo Valley HS 3-5 pm Practice (All those not in today's relays)	5 8 am Capo Relays Finals (All) @ Capo Valley HS
6	7 All Periods Day 4 3-5 pm Practice (All)	8 Regular 4 6:45-7:30 am Dryland 3 pm vs. Tesoro HS (All) @ SMCHS Pool	9 Meeting 1 3-5 pm Practice (All)	10 Regular 4 6:45-7:30 am Dryland 3-5 pm Practice (All)	11 Meeting 1 3 pm SM Lower Level Invite Prelims (F/S & JV) @ SMCHS Pool	12 2 pm SM Lower Level Invite Finals (F/S & JV) @ SMCHS Pool
13	14 All Periods Day 3 EAGLE GOLF CLASSIC 3-5 pm Practice (All)	15 Regular 3 6:45-7:30 am Dryland 3-5 pm Practice (All)	16 Meeting 7 3-5 pm Practice (All)	17 Regular 3 6:45-7:30 am Dryland 3:15 pm vs. JSerra HS (All) @ JSerra HS	18 Special 7 8:30 am Mission Viejo Dive Invitational (Divers) @ MV Nadadores Pool 2-4 pm Practice (All)	19
20	21 NO SCHOOL 3-5 pm Practice (All)	22 Special 2 7:15-8 am Dryland 3 pm vs. Foothill HS (All) @ SMCHS Pool	23 Meeting 5 3-5 pm Practice (All)	24 Regular 1 6:45-7:30 am Dryland 3:15 pm vs. Servite/Rosary HS (All) @ Servite HS	25 Regular 5 3-5 pm Practice (All)	26 9 am Special Olympics @ SMCHS Pool
27	28 Regular 1 3-5 pm Practice (All)	29 Meeting 5 7:45-8:30 am Dryland 3-5 pm Practice (All)	30 Regular 1 3-5 pm Practice (All)	31 All Periods Day 5 6:45-7:30 am Dryland 3:15 pm vs. Mater Dei HS (All) @ Mater Dei HS		



April 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Items in bold are swimming or diving meets</p>					1 Meeting 5 3-5 pm Practice (All)	2 10 am SM Diving Invitational (Divers) @ SMCHS Pool
3	4 Regular 7 3-5 pm Practice (All)	5 Regular 4 6:45-7:30 am Dryland 3:15 pm vs. St. John Bosco HS (All) @ SMCHS Pool	6 Special 1 3-5 pm Practice (All)	7 Regular 4 6:45-7:30 am Dryland 3 pm Foothill Swim Games Prelims (Boys) @ Foothill HS 3-5 pm Practice (All those not in today's meet)	8 NO SCHOOL 3 pm Foothill Swim Games Prelims (Girls) @ Foothill HS 1-3 pm Practice (All those not in today's meet)	9 10 am Foothill Swim Games Finals (All) @ Foothill HS
10	11 Special 1 3-5 pm Practice (All)	12 Special 4 6:45-7:30 am Dryland 3-5 pm Practice (All)	13 Regular 7 7:30 am National Signing Day 3:15 pm vs. Orange Lutheran HS (All) @ SMCHS Pool (SENIOR DAY)	14 Minimum 4 6:45-7:30 am Dryland 12:30-2:30 pm Practice (All)	15 NO SCHOOL Good Friday NO PRACTICE	16
17 Easter	18 NO SCHOOL 8-10 am Practice (All)	19 NO SCHOOL 7-7:45 am Dryland 8-10 am Practice (All)	20 NO SCHOOL 8-10 am Practice (All)	21 NO SCHOOL 8-10 am Practice (All)	22 NO SCHOOL 8-10 am Practice (All)	23 10 am California Catholic Swim Challenge @ SMCHS Pool (Varsity)
24	25 All Periods Day 5 9 am Trinity League Dive Finals (Divers) @ MV Nadadores Pool 3-4:30 pm Practice (All) 4:30 pm Team Shave Down Dinner (All)	26 Regular 5 4 pm Trinity League Swim Prelims (Girls) @ SMCHS Pool 6-7 pm Practice (Boys)	27 Mass 2 8:30 am CIF Dive Finals (Divers) @ MV Nadadores Pool 4 pm Trinity League Swim Prelims (Boys) @ SMCHS Pool 6-7 pm Practice (Girls)	28 Regular 5 3-4:30 pm Practice (All)	29 Meeting 2 2 pm Trinity League Swim Finals (All) @ SMCHS Pool	30



May 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Regular 4 3-4:30 pm Practice (CIF Team)	3 Meeting 1 3-4:30 pm Practice (CIF Team)	4 Regular 4 9 am CIF Swim Prelims (CIF Team) @ MV Nadadores Pool 10:00 am State Qualifying (Divers) @ Nadadores Pool	5 Meeting 1 3-4:30 pm Practice (CIF Team)	6 All Periods Day 4 3 pm CIF Swim Finals (CIF Team) @ MV Nadadores Pool	7
8	9 Regular 3 3-4:30 pm Practice (State Team)	10 Meeting 7 3-4:30 pm Practice (State Team)	11 Regular 3 3-4:30 pm Practice (State Team)	12 Mass 7 9:30 am State Champs (Girls Diving) @ Clovis West HS 2:30 pm State Champs (Boys Diving) @ Clovis West HS 3 pm Leave for State Champs (State Team)	13 Minimum 3 1 pm State Champs Prelims (State Team) @ Clovis West HS	14 10:30 am State Champs Finals (State Team) @ Clovis West HS
15	16 Regular 6 Senior Semester Exams (6,7)	17 Meeting 3 Senior Semester Exams (3,4)	18 Regular 6 Senior Semester Exams (1,2)	19 Special Senior Semester Exam (5) Semester Exam (5) Prom	20 NO SCHOOL	21
22	23 Special Semester Exams (6,7)	24 Special Semester Exams (1,2) 5 pm Banquet (SMCHS Pool Deck)	25 Special Semester Exams (3,4)	26 NO SCHOOL Graduation	27 NO SCHOOL	28 TBA PAL Swim Championships
29	30 NO SCHOOL Memorial Day	31 NO SCHOOL				Items in bold are swimming or diving meets



June 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		



July 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4	5	6	7	8	9
10	11 1-3 pm Swim Technique Camp	12 1-3 pm Swim Technique Camp	13 1-3 pm Swim Technique Camp	14 1-3 pm Swim Technique Camp	15	16
17	18	19	20	21	22	23
24 ----- 31	25	26	27	28	29	30