

Draft Minutes

03/16/2022

1. Welcome
2. Introductions
 - a. Attendants: Holly Hansen, Robin Kohler, Cassie Schend, Michelle Hill, Kimberly McTighe, Cynthia Zingler, Dustin Yager, Alessia Campenaro, Kimberly Maganella, Hilary Norcia
3. Review of 02/16/22 minutes
 - a. Robin Kohler motions to accept the minutes as presented, seconded by Kim McTighe and approved by the coalition.
4. Real Talk Updates
 - a. Youth Development-
 - i. One youth, Skylin, has taken on the role of Peer Advocate.
 - ii. One more role is vacant. The coalition is looking for an RHS youth aged 16-18. The youth hired will receive a monthly stipend based on a flexible, 12-hour work month that is funded through July.
 1. This role will focus on Real Talk recruitment
 - b. Cassie and Holly attended RHS's GSA club to present Real Talk and gain more members
 - a. 2022 initiatives
 - i. Youth have identified that they want to provide peers with healthy coping mechanisms.
 1. Therapy dogs into the high school
 - a. Kim has a connection to Willow, a hypoallergenic dog
 2. Have a tabling event to make sensory items, to take place during finals week
 3. Marijuana education will focus on common misconceptions and be delivered in a trivia game format
 4. Vaping cessation efforts and vape collection
 - a. Look at models that other coalitions have done and then present the idea to Jason and Ally

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5. SOR Mini-Grant Application Update

- a. Received the grant, \$5,000, funding through the end of September
 1. Selected Deliverables:
 - a. Invite groups to community-wide Narcan and QPR trainings (possibly in the library)
 - i. Holly will be trained in QPR
 - b. Provide reentry bags for people discharged for treatment. Partnering with the newly opened sober house to determine needs of individuals discharged
 - c. Provide continuing education funds to a coalition member. Funds will be used to host an additional coalition member at the CADCA Mid-Year occurring July 18-21, 2022
 2. Required Deliverables: utilize CT campaigns, use local and state data to guide priority populations and strategies, implement substance abuse prevention and behavioral health promotion initiatives within their communities.
 - i. Develop poster and yard signs to promote the campaigns

6. DEA Take Back April 30

- a. Partnering with Walgreen's of Rockville and Vernon Police Department
- b. The coalition collected over 200 pounds last year
- c. Event Promotion
 - i. Plan to hang posters around the community
 - ii. Holly has advertised the event on The Patch, CVC, and social media, as well as on the website
- d. Confirmed with Walgreen's manager and they will inform their staff of the event
 - i. We can bring in flyers to help promote the event
- e. NCDHD will provide giveaways and pamphlets

7. Events Subcommittee

- a. Call for members to join the committee
- b. Events include:

- i. International Overdose Awareness Day
 - ii. National Prevention Week
 - 1. Annual Rockville ROCKS block party- including resources, youth-based activities, resource fair
 - a. A community bonding event aimed at providing resources to the community and demonstrating what is accessible to them
 - b. Possibly being held May 14, 2022
8. MVPP Youth Advisory Board
- a. Quarterly meeting of Manchester and Vernon youth was held
 - b. Youth discussed significant community issues and offer ideas for effective preventative messaging.
 - i. Youth Perspective
 - 1. Repetitive messages- methods for getting the message to stick rather than merely being another phrase or fact
 - 2. Personal Stressors- communication and connection with teachers is lacking, drive to doing well in school, internal pressures, as well as overwhelming feelings towards school
9. Other Announcements
- a. Cassie met with Lieutenant Marra for 2021 Police data
 - i. Over 1000 pounds of medication was collected in the box from 2021, percentage has grown since 2016
10. Next Meeting: April 20th