

## **PSYCHIATRY**

This 2 week mandatory block occurs in the PGY1 year and includes time with the inpatient Psychiatry Service at Ochsner LSU Health Monroe Medical Center as well as 2 half days at Palmetto Rehabilitation in Rayville. There is also longitudinal overlap with other rotations including Community Health to provide awareness of community resources for patients in need of a variety of mental and behavioral health services. This rotation is supplemented with didactic presentations throughout the three-year curriculum and online modules highlighting professional wellness, substance abuse and recognition of depression in self and colleagues.

### **Goals**

The understanding of human behavior and mental health should be accomplished primarily in the outpatient setting through a combination of clinical experiences and didactic teaching. This combination needs to include experience in diagnostic assessment, psychotherapeutic approaches and psychopharmacologic management skills. Interaction with different mental health providers, including psychiatrists, social workers and counselors, is essential. Moreover, family physicians need to be able to recognize the interrelationships among biological, psychological and social factors in all patients and their families.

**Knowledge Objectives:** Upon completion of the training, the resident will demonstrate the following competencies:

1. Understand how to diagnose and treat depression, and discuss features of six major types as written in the DSM-V. (patient care, medical knowledge, interpersonal & communication skills)
2. Understand how to diagnose and treat anxiety disorders, and discuss features of nine major type as written in the DSM-V. (patient care, medical knowledge, interpersonal & communication skills)
3. Understand how to diagnose and treat substance-related disorders as written in the DSM-V. (patient care, medical knowledge, interpersonal & communication skills)
4. Understand how to diagnose and treat mental disorders of childhood and adolescents as written in the DSM-V. (patient care, medical knowledge, interpersonal, communication skills & system-based practice)
5. Understand how to diagnose and work with personality disorders, and discuss specific features of ten major types as written in the DSM-V. (patient care, medical knowledge, interpersonal & communication skills)
6. Understand how to prescribe and manage psychopharmacological agents in the treatment of mood disorders, anxiety disorders and psychotic conditions. (patient care, medical knowledge, interpersonal & communication skills)
7. Understand how to diagnose and treat somatoform and factitious disorders as written in the DSM-V. (patient care, medical knowledge, interpersonal & communication skills)
8. Understand how to recognize and treat family violence issues, child abuse/neglect and elder abuse/neglect, with emphasis on when and how to access community resources for intervention.(patient care, medical knowledge, interpersonal communication skills, system-based practice)
9. Understand how to recognize and manage the suicidal patient, including knowledge of the use of legal restraints for emergency situations. (patient care, medical knowledge, interpersonal & communication skills & system-based practice)
10. Understand when to treat psychiatric disorders, and when to make referrals to other

mental health care providers, including recognition of acute exacerbations which require immediate intervention and possibly the use of legal restraints. (Medical knowledge, practice-based learning and improvement)

UPDATE 4/13/22.  
Teri B. O'Neal, MD