

Adverse Childhood Experiences (ACEs) in Kentucky

Quick Facts About Adverse Childhood Experiences (ACEs):



ACEs are **common**. More than **24%** of Kentucky kids have experienced at least two ACEs—the 8th highest rate in the country.¹



ACEs have **lifelong effects** on health and overall success and well-being.



There are **steps we can take** to reduce the impact of ACEs so that Kentuckians grow up healthy and hopeful.

Examples of ACEs

- Physical abuse/neglect
- Emotional abuse/neglect
- Sexual abuse
- Mental illness in the home
- Domestic violence
- Relative incarceration
- Divorce or parental separation
- Substance abuse

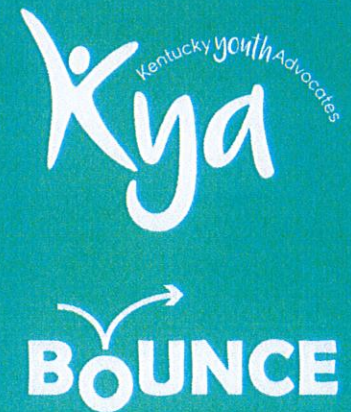
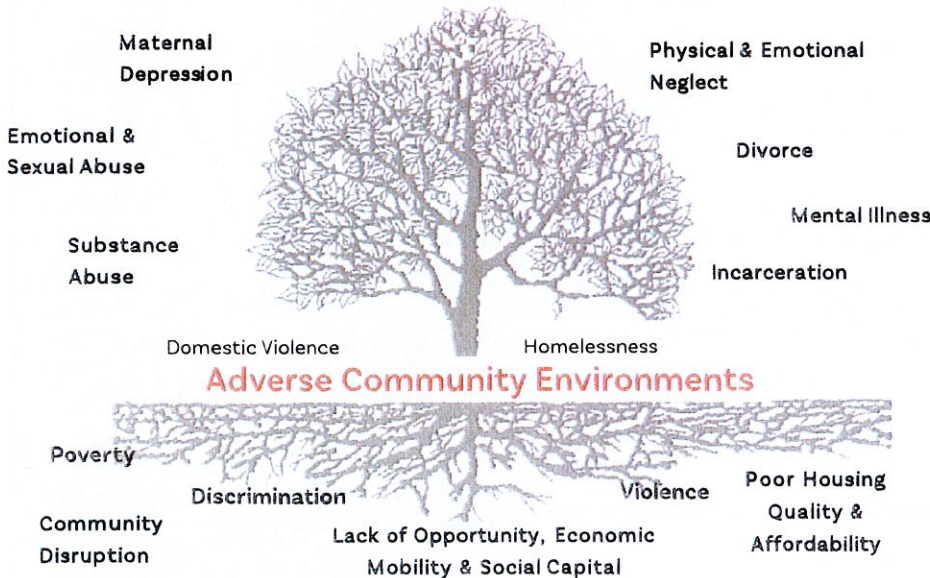
ACEs by the Numbers

- ➔ **64%** of adults have at least one ACE
- ➔ **Increased number of ACEs** leads to greater risk for chronic disease, mental illness, violence and being a victim of violence
- ➔ Adults with the highest level of ACEs had a life expectancy **20 years less** than those without high levels of ACEs

The Pair of Aces

We must address Adverse Community Environments in order to address Adverse Childhood Experiences. Environments that include poverty, discrimination, and other challenges create a negative cycle of ever worsening "soil" for a child's "tree" of experiences.

Adverse Childhood Experiences



1. National Survey of Children's Health, 2017-2018. More references. More references. More references. Still more references. Whoa more references. References, references, references.

Ellis, et., Olson, M. (2017). A New Framework for Addressing Adverse Childhood and Community Experiences: The Building Community Resilience (BCR) Model. *Academic Pediatrics*, 7 (2017) pp. 388-393. DOI Information: 10.1016/j.acped.2016.12.011