

Rankin County School District

May 1, 2025 thru May 31, 2025

Base Menu Spreadsheet

9-12 High School Self Serv

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Thu - 05/01/2025			
9-12 High School Self Serv	Total	100	
Corn Dog Nuggets M3165	6 nuggets	50	29.46
Chicken Quesadilla RCSD	1 each	50	23.32
Lima Beans, Frozen M5525	1/2 cup	50	16.36
Carrots Baby w/dip RCSD	3 oz. bag	50	8.93
Fresh Fruit Bowl Variety M6715	1 each	50	21.72
Mandarin Oranges	1/2 cup	50	21.45
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Saltine Crackers, 2 grain	4-count packs	1	9.0
Banana Pudding M7610	1/2 cup	75	36.62
Weighted Daily Average			103.18
% of Calories			57.9%
Nutrient Guideline			

Fri - 05/02/2025			
9-12 High School Self Serv	Total	1610	
Cheeseburger 2 oz Patty M4100	1 each	1577	32.68
All American Sub Sandwich RCSD	1 sandwich	1	37.3
Season FRY Potato Wedges M6148	1/2 cup	1589	16.65
Whole Kernel Corn, CND M6010	1/2 cup	1	14.68
Fresh Fruit Bowl Variety M6715	1 each	1	21.72
Applesauce, M6555	1/2 cup	1610	15.62
Milk, FF Choc 1/2 pint PF M120	1/2 pint	805	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	805	11.0
Mayonnaise PC Reduce Fat M8010	PC Packet	1577	0.61
Mustard, PC M8015	1 packet	1577	0.29
Ketchup PC M8000	1 packet	2577	3.0
Cookie, Red Velvet, IW M7557	1 cookie	75	25.0
Weighted Daily Average			85.95
% of Calories			46.4%
Nutrient Guideline			

Mon - 05/05/2025			
9-12 High School Self Serv	Total	100	
Pizza, Variety	slice	75	32.25
Ham and Cheese Croissant	1 each	25	34.1
Glazed Carrots M5865	1/2 cup	50	8.91
Lima Beans, Frozen M5525	1/2 cup	50	16.36
Mandarin Oranges	1/2 cup	50	21.45
Fresh Fruit Bowl Variety M6715	1 each	50	21.72
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Chocolate Pudding M7640	1/2 cup	75	24.95
Weighted Daily Average			100.65
% of Calories			58.7%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Tue - 05/06/2025			
9-12 High School Self Serv	Total	100	
Southwest Chicken Dip & Chips	1 serving	85	27.14
Stromboli Supreme M2570 RCSD	1 slice	15	50.69
Vegetable Juice, Asst,CRMS1156	1/2 cup	50	12.0
Tossed Salad w/Drsg	1/2 cup	50	12.19
Pineapple Tidbits M6890	1/2 cup	50	18.87
Fresh Fruit Bowl Variety M6715	1 each	50	21.72
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Cookie Brookie #1428	1 Brookie	50	19.22
Weighted Daily Average			87.68
% of Calories			46.5%
Nutrient Guideline			

Wed - 05/07/2025			
9-12 High School Self Serv	Total	100	
Chicken Nuggets, Baked M 3170	5 nuggets	90	14.0
Ranch Club Wrap Mer MS772	2 halves	10	34.0
Toast, Garlic WW M7115	1 slice	75	15.0
Mashed Potatoes w/Cheese M6075	1/2 cup	75	15.31
Carrots, Baby with Dip M5850	1/2 cup	50	9.95
Chilled Peach Slices M6815	1/2 cup	50	17.49
Fresh Fruit Bowl Variety M6715	1 each	50	21.72
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Saltine Crackers, ENR,CR M7020	2 4-count packs	1	18.0
Strawberry Short Cake RCSD	Serving	75	33.05
Weighted Daily Average			103.29
% of Calories			58.5%
Nutrient Guideline			

Thu - 05/08/2025			
9-12 High School Self Serv	Total	100	
Philly Chicken Hoagie RCSD	1 each	65	35.6
Red BeansCND/Rice/SausageM2550	1 serving	45	37.41
Toast, Garlic WW M7115	1 slice	1	15.0
Pinto Beans Legumes M5550	1/2 cup	50	26.44
Green Beans, Cut, CND M5750	1/2 cup	50	4.86
Strawberries, Frozen M6945	1/2 cup	50	21.05
Fresh Fruit Bowl Variety M6715	1 each	50	21.72
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Southern Mud M7620	1 square	75	45.09
Weighted Daily Average			125.98
% of Calories			61.1%
Nutrient Guideline			

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Fri - 05/09/2025			
9-12 High School Self Serv	Total	100	
Cheeseburger 2 oz.,US M4100.1	1 each	75	32.96
Hot Dog WG M4230	1 each	25	28.0
Crinkle Cut Fries Baked M6110	1/2 cup	75	12.12
Baked Beans Vegetarian M5000	1/2 cup	50	38.23
Fresh Fruit Bowl Variety M6715	1 each	50	21.72
Applesauce, M6555	1/2 cup	50	15.62
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Mayonnaise PC Reduce Fat M8010	PC Packet	50	0.61
Mustard, PC M8015	1 packet	50	0.29
Ketchup PC M8000	1 packet	50	3.0
Rice Krispie Bars M7500	Bars	75	22.23
Weighted Daily Average			112.22
% of Calories			61.0%
Nutrient Guideline			

Mon - 05/12/2025			
9-12 High School Self Serv	Total	100	
Pizza, Variety	slice	75	32.25
Chicken Salad Croissant	1 each	25	33.15
Whole Kernel Corn, CND M6010	1/2 cup	50	14.68
Green Beans, Cut, CND M5750	1/2 cup	50	4.86
Fruit Cocktail M6735	1/2 cup	50	14.91
Fresh Fruit Bowl Variety M6715	1 each	50	21.72
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Brownies, Mix, ENR, CR M7510	1 piece	75	25.01
Weighted Daily Average			94.33
% of Calories			55.4%
Nutrient Guideline			

Tue - 05/13/2025			
9-12 High School Self Serv	Total	6350	
Fajita Happy Plate RCSD	1 fajita	75	52.3
Club Croissant	1 each	25	4.87
Pinto Beans Legumes M5550	1/2 cup	25	26.44
Tossed Salad w/Drsg	1/2 cup	50	12.19
Strawberries, Frozen M6945	1/2 cup	50	21.05
Fresh Fruit Bowl Variety M6715	1 each	50	21.72
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Cookies, ChocChip Gma M7540	1 each	1	25.0
Weighted Daily Average			1.41
% of Calories			51.9%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Wed - 05/14/2025			
9-12 High School Self Serv	Total	100	
Country Fried Steak Sand M4125	1 each	75	46.55
Chicken Spaghetti RCSD MS542	3/4 cup	25	22.87
Roll, Whole Wheat Pur2oz M7140	Roll - 2 oz.	50	27.0
Sweet Potato Fries, Bkd M5925	1/2 cup	50	18.18
Squash, Summer, FRZ M5810	1/2 cup	50	6.24
Fresh Fruit Bowl Variety M6715	1 each	50	21.72
Chilled Peach Slices M6815	1/2 cup	50	17.49
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Mayonnaise PC Reduce Fat M8010	PC Packet	45	0.61
Mustard, PC M8015	1 pouch	45	0.29
Ketchup PC	1 packet	75	3.0
Funnel Cake, 2 WGR M8860	servings	75	45.39
Weighted Daily Average			137.65
% of Calories			56.0%
Nutrient Guideline			

Thu - 05/15/2025			
9-12 High School Self Serv	Total	100	
Cheesy Chicken Over Rice M3120	1 serving	75	30.13
Turkey & Cheese Hoagie M4330	Sandwiches	25	34.11
Toast, Garlic WW M7115	1 slice	50	15.0
Carrots Baby w/dip RCSD	3 oz. bag	50	8.93
Broccoli Florets, FRZ, MS	1/2 cup	50	7.05
Chilled Pear Halves M6855	1/2 cup	50	18.23
Fresh Fruit Cup M6720	1/2 cup	50	16.48
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Banana Pudding M7610	1/2 cup	1	36.62
Weighted Daily Average			79.34
% of Calories			52.5%
Nutrient Guideline			

Fri - 05/16/2025			
9-12 High School Self Serv	Total	100	
Cheeseburger 2 oz Patty M4100	1 each	25	32.68
Grilled Chicken Sandwich M4145	1 each	75	33.15
Fried Crinkle Cut Fries M6115	1/2 cup	50	12.12
Green Peas, Canned M6035	1/2 cup	50	14.34
Pineapple Tidbits M6890	1/2 cup	50	18.87
Fresh Fruit Bowl Variety M6715	1 each	50	21.72
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Mayonnaise PC Reduce Fat M8010	PC Packet	50	0.61
Mustard, PC M8015	1 packet	50	0.29
Ketchup PC	1 packet	50	3.0
Cookie, Red Velvet, IW M7557	1 cookie	75	25.0
Weighted Daily Average			102.26
% of Calories			54.4%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Mon - 05/19/2025			
9-12 High School Self Serv	Total	8121	
Pizza, Variety	slice	50	32.25
Hot Ham and Cheese Croissant	1 each	50	34.1
Potato Rounds, Baked M6095	1/2 cup	5	16.25
Whole Kernel Corn, CND M6010	1/2 cup	6012	14.68
Applesauce, M6555	1/2 cup	2547	15.62
Fresh Fruit Bowl Variety M6715	1 each	3461	21.72
Milk, FF Choc 1/2 pint PF M120	1/2 pint	1980	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	1980	11.0
Mayonnaise PC Reduce Fat M8010	PC Packet	2780	0.61
Mustard, PC M8015	1 packet	1600	0.29
Chocolate Pudding M7640	1/2 cup	1	24.95
Weighted Daily Average			33.03
% of Calories			71.9%
Nutrient Guideline			

Tue - 05/20/2025			
9-12 High School Self Serv	Total	100	
Cheeseburger 2 oz Patty M4100	1 each	50	32.68
BBQ Chicken Sandwich M4140	1 each	50	37.07
Season BKD Potato Wedges M6145	1/2 cup	80	17.0
California Vegetables M5785	1/2 cup	20	5.15
Chilled Blushing Pears M6845	1/2 cup	50	18.91
Fresh Fruit Bowl Variety M6715	1 each	50	21.72
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Mayonnaise PC Reduce Fat M8010	PC Packet	25	0.61
Mustard, PC M8015	1 packet	25	0.29
Ketchup PC M8000	1 packet	75	3.0
Cookie, Brookie IW M7515	1 cookie	1	23.0
Weighted Daily Average			87.53
% of Calories			54.6%
Nutrient Guideline			

Wed - 05/21/2025			
9-12 High School Self Serv	Total	100	
Manager Choice	1	100	*N/A*
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Dessert	1	1	*N/A*
Weighted Daily Average			15.00
% of Calories			57.1%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Thu - 05/22/2025			
9-12 High School Self Serv	Total	100	
Manager Choice	1	100	*N/A*
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Dessert	1	1	*N/A*
Weighted Daily Average			15.00
% of Calories			57.1%
Nutrient Guideline			

Fri - 05/23/2025			
9-12 High School Self Serv	Total	100	
Brunch 1/2 Day	1	100	*N/A*
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Weighted Daily Average			15.00
% of Calories			57.1%
Nutrient Guideline			

Weighted Average			76.44
			55.7%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	76.44	55.70%						

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