

School Health Advisory Council
Meeting Minutes
April 11, 2022
LPISD Board Room

Present: Cynthia Anderson, Ralph Wilkins, Rebecca Villanueva, Jo Johnson, Julie Walton, Jennifer Muschweck, Stacey Brittain, Kristy Hanks, Hannah Westmoreland, Jennifer Upshaw, Jill Howells, Heidi, Schneider, Dora Ortiz, Brie Stanberg, Jose Lozano, Kyle Knight, Abbie Turner, Dr, Linda Wadleigh, Grant Schneider, Taylor Lipardus, Brooklyn, Wanda Anderson, Rosie Sepulveda, Diana Horelka, Danette Tilley.

Ms. Cynthia Anderson called the meeting to order and introductions were made at 4 pm.

- Cynthia Anderson led attendance introductions.
- Brie Stanberg with UNBOUND Houston spoke about protecting youth from human trafficking. UNBOUND Houston has advocacy resource teams that operate 24/7. They introduced Sentinals, a free classroom curriculum consisting of 5 short videos, including law enforcement, and survivor interviews: Define, Reveal, Expose, Empower and Engage are the video titles, and can be previewed on their website unboundhouston.org.
- Jo Johnson gave an update on the Human Sexuality Committee. State laws changed in November, 2021, and were explained. At the March meeting, it was decided that “Choosing the Best” at the 6th grade level, and “It’s Your Game....Keep It Real” for the Junior Highs, would continue. Parents now have to “opt-in” for their students to participate in these programs.
- Harris County Public Health spoke on adolescent vaping prevention and tobacco cessation. A slide show presentation and a hands-on view of a real vape pen and cartridge, informed the audience of the dangers of vaping. Examples given included: Nicotine is a stimulant drug, there are over 7,000 chemicals in vape juice; including Propylene Glycol and Formaldehyde, there are over 8,000 vape juice flavors, toxic metals are produced when inhaling, along with many other facts about the dangers of vaping.

The meeting was closed thereafter and the next SHAC meeting date is May 9, 2022.