

Gainesville City Schools: Wellness Triennial Assessment

This evaluation addresses:

- Compliance with the district Wellness policy EEE
- The extent to which the local wellness policy compares to the model local school wellness policy (see Comparison Document)
- Progress made in attaining the goals of the wellness policy

School Food Authorities (SFAs) are required to make the Local Wellness Policy and Triennial Assessment available to the public.

Date of Assessment: 3-18-2022	Name of School District: Gainesville City		Number of Schools in District: 9 sites
Nutrition Education Goal(s):	Goal Status:	Number of Compliant Schools:	Notes:
1. Nutrition is integrated into the core curriculum	Completed	9	Georgia required curriculum for schools is implemented in our district.
2. Schools provide nutrition education consistent with federal, state and local requirements.	Completed	9	In addition to the required courses for GA students, all sites are also Team Nutrition schools.
3. Nutrition education promotes fruit, vegetables, whole-grain products, low-fat dairy products, healthy food preparation methods, and accurate portion sizes.	Completed	9	All School Nutrition grain items are whole grain-rich and we only offer flavored milk if it is fat-free, unless supply chain interruptions dictate otherwise. Portion sizes and vegetable subgroups are included on menus. Carbohydrate counts are provided to nurses with menus.
Nutrition Promotion Goal(s):	Goal Status:	Number of Compliant Schools:	Notes:
1. Schools shall participate in federal school meal programs.	Completed	9	Students who bring their lunch are also encouraged to eat school meals.
2. All cafeterias promote nutrition and health with educational displays and posters.	Completed	9	Reimbursable meal signage is displayed prominently, along with Harvest of the Month information.
Physical Activity Goal(s):	Goal Status:	Number of Compliant Schools:	Notes:
1. Physical activity is encouraged outside of physical education.	Completed	9	Many schools have physical activity clubs (e.g. running clubs), in addition to school-sponsored sports. Additional physical activity goals are found in other GCSS policies as well (found in SNP Model Comparison document).

Other School-Based Activities that Promote Student Wellness Goal(s):	Goal Status:	Number of Compliant Schools:	Notes:
1. After-school programs will encourage physical activity and healthy lifestyle information.	Completed	9	All afterschool programs provide opportunities for homework help and physical education.
2. The school district supports the integration of a farm-to-school movement in the curricular and co-curricular activities as appropriate to facilitate the nutritional and educational goals of the school district.	Completed	9	Harvest of the month items are featured on the menus and signage is posted on the serving lines at each site. School Nutrition procures local food items when possible. Some schools also have their own gardens.
3. Wellness officer outreach	In Progress	9	Increase school-level and community officer participation through outreach efforts. In SY22-23, each school-level leader will personally invite at least 1 other person from their school to join the committee. Central Office will invite community member(s).
4. Staff Professional Development and Wellness	Completed	9	This goal is not in the Wellness Policy, but is found across other policies in the district. Found in SNP Model Comparison Document.
Nutrition Guidelines for All Foods and Beverages Sold to Students	Goal Status:	Number of Compliant Schools:	Notes: The GCSS Board of Education does not permit any exempted fundraisers.
1. All foods and beverages sold on campus during the school day shall be consistent with the requirements of federal, state law and local board policy EE Smart Snacks and Fundraisers.	Partially Completed	8	Gainesville High School Store receives ongoing technical assistance due to non-compliance. This store is not operated by School Nutrition. When an entity is determined to be non-compliant, School Nutrition submits a technical assistance document to the person in charge of each fundraiser or store if they are not complying with the policy. This document is also submitted to the Superintendent if non-compliance continues.
Nutrition Guidelines for All Foods and Beverages Not Sold to Students <i>(i.e., classroom parties, foods given as reward).</i>	Goal Status:	Number of Compliant Schools:	Notes:
1. Schools should not use foods or beverages as rewards for academic performance or good behavior (unless this practice is allowed by a student's individual education plan or behavior intervention plan) and should not withhold food, beverages, or physical activity as punishment.	Completed	9	Non-food celebration ideas are shared by School Nutrition. See Non-Food Rewards

Policies for Food and Beverage Marketing	Goal Status:	Number of Compliant Schools:	Notes:
1. It is the intent of the District to protect and promote students' health by permitting advertising and marketing for only those foods and beverages that are permitted to be sold on the school campus, consistent with District policy EE.	Partially Completed	8	Policy compliance is monitored by School Nutrition across all school campuses. One site continues to require technical assistance.

Summary: Many components of the comparison document are found in other district policies and referenced in that document. We have met most of the goals in our Wellness policy, with the intent to increase meeting frequency and outreach efforts in SY22-23.

Wellness Policy Leadership <i>Name of school official(s) who are responsible to ensure compliance.</i>	Title and School	Notes:
1. Penny Fowler	Director, School Nutrition	
2. Emily House	School Nutrition Coordinator	
3. Crystal Johnson	Elementary Level Leader	
4. Sheryl Hendrix	Elementary Level Leader	
5. Mayra Padron	Middle School Level Leader	
6. Brandy Thomas	High School Level Leader	
Wellness Committee Involvement <i>List of committee members names</i>	Title and Organization	Notes:
1. Penny Fowler	Director, School Nutrition	
2. Emily House	School Nutrition Coordinator	Parent of GCSS child
3. Teresa Wiley	Systems Training Manager	
4. Amelia Jones	Manager Mundy Mill	
5. Amy Morrison	Manager Gainesville Middle West	
6. Annette King	Manager Fair Street	
7. Brandy Thomas	Manager Gainesville High	Grandparent of GCSS child
8. Chavon Payne	Manager/Boys & Girls Club Leader Centennial and New Holland	Parent of GCSS child
9. Crystal Johnson	Manager New Holland	
10. Mayra Padron	Manager Gainesville Middle East	Parent of GCSS children
11. Sheryl Hendrix	Manager Gainesville Exploration Acad.	Grandparent of GCSS child
12. Others	Public notification has been posted for the upcoming school year.	

Key	
Completed	select if you have met this goal at all schools
Partially Completed	select if one or more schools has met this goal
In Progress	select if you are working on the goal, but none of the schools have met the goal
Not Completed	select if you have not begun working on this goal