

Winter-Spring Brochure

2021-22



418 Payne Road, Scarborough, ME 04074

207.730.4150

www.scarboroughmaine.org

comserv@scarboroughmaine.org

Registration begins November 1 at 10:00 am

WINTER 2021-22 BROCHURE

Due to the ongoing, sometimes daily, changes that are taking place due to COVID, Scarborough Community Services has decided to make a digital brochure that continues to evolve as more information becomes available. If a program, trip, or activity appears in this brochure, that means it is ready for registration, either online, over the phone, or in person.

HOW TO REGISTER

ONLINE

Location: web1.vermontsystems.com/scarborough.html

Hours: 24/7

Payment Options: Visa, Mastercard, or Discover

PHONE

Phone Number: 207-730-4150

Hours: Monday through Friday, 8:00 am to 4:00 pm

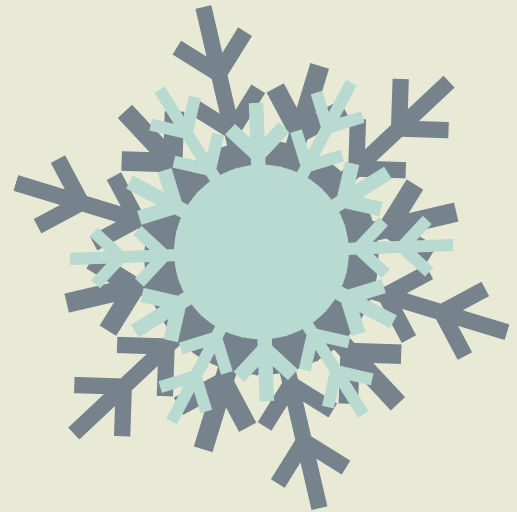
Payment Options: Visa, Mastercard, or Discover

IN PERSON

Location: 418 Payne Road, Scarborough

Hours: Monday through Friday, 10:00 am to 4:00 pm

Payment Options: Cash, Check, Money Order, Debit or Credit Card (Visa, Mastercard, or Discover)



GENERAL REFUND POLICY

NO REFUND

If an individual does not attend the program or does not cancel at least 7 days prior to the start of a program.

REFUND MINUS SERVICE FEE

For any cancellation or change made by an individual. For Youth and Adult Programs, the processing fee is \$15. For 55 Programs, the processing fee is \$15 for trips over \$30 and \$5 for trips under \$30.

FULL REFUND

If Community Services cancels the program. Refunds are issued back to the original payment method (credit or debit card) or by check. Refund checks are processed through our Finance Department and mailed to recipients. Please be sure that Community Services has the correct mailing address before refund is processed. Please allow up to two weeks to process refund.

POKÉMON

PAINTING



April 15

10:00-11:30am

OR

12:30-2:00pm

\$25 per person

Min 5, Max 20

Join us at the Hub for a Pokemon painting event! We supply all of the paint supplies, a canvas with your selected Pokemon already outlined, and a picture of your Pokemon to work from. Parents are welcome to register to paint, as well!

Register Online: <https://bit.ly/3bcHKPw>

Free!



**MARCH 18TH
9AM - 11AM
THE HUB**

Donuts with **GROWNUPS**

Start your no-school day off right with your favorite grownup here at the Hub! Join us anytime from 9:00 am to 11:00 am for coffee, donuts, coloring, and free time in our play space. *No registration required!*

YOUTH MOVEMENT CLASS

AGES 3-5

In these classes, your child will be introduced to gymnastics, yoga, dance, music, rhythm, games and more at a developmentally-appropriate level. Each weekly session will focus on coordination, balance, flexibility, strength, and spatial awareness through play and games chosen to develop fine and gross motor skills. The goal is for each child's creative spirit to shine while we experience all the wonderful ways we can move our growing bodies. *Parent/guardian participation required for this class.*

04/22 to 05/27

Fridays

10:30 to 11:15 am

Min 4, Max 10

\$100 per child

Register Online:

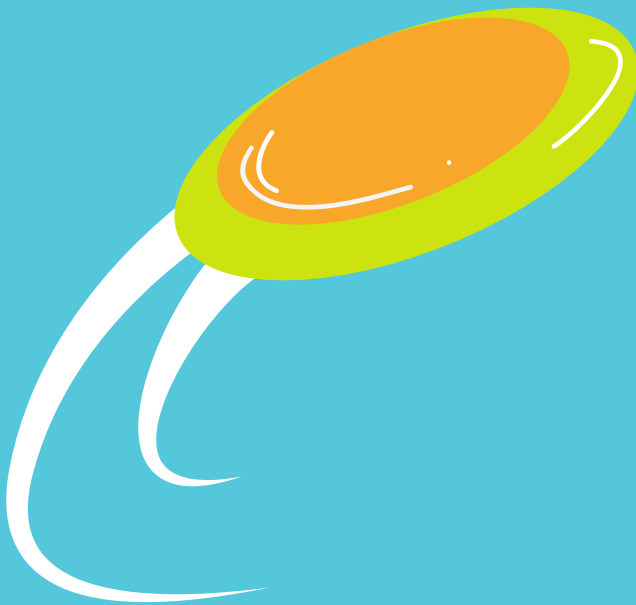
<https://bit.ly/3Hg0sDa>



DISC GOLF CLINIC

GRADES 2-8

Come join this introductory disc golf clinic to learn the game, make new friends and have fun! Clinics will take place every Wednesday at Memorial Park and be taught by local disc golf pros. Each week we will build on the previous week's lesson. Clinic runs four weeks and ends with a short round at Pleasant Hill Disc Golf Course on Saturday, May 28!



5/4 to 5/25
Wednesdays
5:00 to 6:00 pm
Memorial Park
\$40 per child
Min 4, Max 16

Register Online:

<https://bit.ly/3t6P48N>

OUTDOOR BOOT CAMP

AGES 18+

Outdoor Boot Camp is a high-intensity interval training (HIIT) with bursts of intense activity alternated with intervals of lighter activity. The workouts will change each week and will include a combination of strength and cardio exercises to target your whole body. Please wear athletic shoes and bring a yoga mat or towel to lay down on, water, and a sweat towel.

If you have children signed up for the youth Cross Country program, this runs at the same time and in the same place. Get your workout in while they do theirs (the ultimate multitasking opportunity)!



04/28 to 06/02

Thursdays

5:15 to 6:00 pm

Min 6, Max 20

\$85 per person

Register Online:

<https://bit.ly/3DTUDt0>

SPRING CROSS COUNTRY

Grades 1-6

Come join in the fun of this popular spring sport. This program involves learning the proper technique used in running through different terrain such as woods, fields, and a track. Practices are held Mondays and Thursdays. Participants who are interested in competing can attend the optional in-house cross-country meets on Wednesday afternoons. *Shirts for this program may be purchased through the coaches for a fee of \$10.*

04/25 to 06/06

Practices: **Mondays and Thursdays**
 5:00 to 6:00 pm
 Memorial Park

Meets (optional): **Wednesdays**
 Locations and Times Vary

\$50 per child
Min 10, Max 75

Register Online:
<https://bit.ly/31c8fPw>



Saltwater Classroom Youth Workshop

Grades 3-6

Saltwater Classroom is 501(c)3 non-profit that strives to inspire an ethic of global ocean stewardship in today's youth through an innovative approach to environmental education. Through hands-on education and thoughtful and engaging virtual programming, Saltwater Classroom connects young students to the ocean in new and meaningful ways, sparking a passion for our oceans. No matter what corner of the planet, our oceans are in trouble. With devastating threats ranging from ocean acidification and habitat loss, to overfishing and plastic pollution, the oceans need our help. Now, more than ever, we must come together as global citizens and drive sustainable change for our oceans.

This starts with education. And that is where Saltwater Classroom comes in.

Saltwater Classroom's core curriculum will provide participants in this 6-week program with a broad and thorough introduction to marine science and conservation. Participants will be engaged with hands-on activities, thought-provoking lessons, creative challenges, as well as fun, ocean-related games. Program will incorporate at least two field trips into the local marine environment.

04/26 to 05/31

Tuesdays

4:00 to 5:00 pm

Community Services Hub

\$200 per student

Min 8, Max 12



Register Online:

<https://bit.ly/3753FZP>

SPRING THEATER PROGRAM

Ages 8-12

Mr. Reagan's Theater program is back by popular demand! In these 4-week programs, participants will learn theatrical skills in a fun, safe, and creative environment through improvisational games, children's plays, and skits. There will also be the opportunity for active play and outdoor games during sessions. The program will conclude with a short performance for parents and friends. No theater experience is necessary -- just an open mind and willingness to try. Register soon as space is limited to 20 students!

03/19 to 4/9

Saturdays

9:00 to 11:00 am

Community Services Hub

\$140 per child

Min 8, Max 20 (per session)



Register Online:

<https://bit.ly/32Zbefc>

TEEN PROGRAMS

ADVISE

CALLING ALL TEENS!

Don't just complain that there is nothing to do on Friday nights! We are looking for Middle School students to join our new Teen Advisory Board to help influence what activities and trips are offered in Scarborough to Grades 6-8 kids. The goal is to provide middle school students with recreational, educational and social opportunities during out of school hours. We will have monthly meetings before our Teen Nights at the Hub. Come early and share your program ideas, then stay to hang around with your friends at our Teen Nights.

UPCOMING MEETINGS

- Friday, 3/18 @ 5:30 PM

For more information or to RSVP for the meeting, please email Andrea:

azglobicki@scarboroughmaine.org

PARTY

MOVIE NIGHT

Bring your friends and join us for movie night at the Hub. Popcorn will be provided.

Friday, 3/18

6:00-8:15 PM

Community Services Hub

\$ 15 per person

Movie: *Ghostbusters: Afterlife* (PG13)



Register Online: <https://bit.ly/3w55Gxu>

TEEN PROGRAMS

MOVE

VOLLEYBALL CLINIC

Join Maine Juniors Volleyball coach and current USM player Meg Perry for this one night clinic. Participants will focus on learning and improving basic skills through various volleyball drills. No prior volleyball experience needed.

Friday, 5/20

6:00-8:00 PM

Wentworth Gym

\$ 20 per person

NERF GAMES NIGHT

Grab your friends and join SCS for Nerf Games night. Play in our gym around inflatable bunkers. A Studios2go game coach will lead various games such as Free for All, Big Team Battle, Capture the Flag, Duos and Squads. All equipment is provided.



Friday, 5/27

6:00-8:00 PM

Community Services Hub

\$ 45 per person

All Teen Nights are open to 6-8 grade students and include pizza and drinks. Once participants arrive, they must stay in the building until an adult on their approved pick up list enters the facility and signs them out. All participants must have a signed Code of Conduct on file before participating. **Preregistration required.**

Register Online: <https://bit.ly/3w55Gxu>

YOUTH OPEN GYM

Grades 3-5

Join us at the Community Services Hub for an open gym for Grades 3-5. SCS staff will be here to assist the children in organizing soccer, basketball, dodgeball or other games that the children may want to play. Pizza and drinks will be provided.

Friday, 4/29

6:00 to 8:00 pm

Community Services Hub

\$15 per child

Min 8, Max 20



Register Online:

<https://bit.ly/35Ap2BG>

Hop to the Hub

Live Animal Shows

Scarborough Community Services has partnered with the Wildlife Encounters Ecology Center to present not one, but two live animal shows in celebration of World Wildlife Day!

Come join us as junior zookeepers as we get to meet and learn all about animals who hop, jump, slink, and glide. We will have animal-themed coloring and activity sheets to take home with you after the show.

All attendees ages 2 and older must wear masks while in the building, regardless of vaccination status. Due to limited capacity, we are asking families to secure tickets to one show only. Duplicate orders will be canceled.

If the event is sold out, please be sure to add your name to the waitlist. If anyone cancels, we will release tickets to waitlisted families. We will also be filming and airing the animal show on our cable access channels afterwards for families who could not attend.

Saturday, March 5

Two Shows:

1:00 pm OR 2:30 pm

\$5 per person

Community Services Hub

Limited to 50 per show



Get Your Tickets Today!



Basketball Spring Training

Grades 3-8

This program is designed to develop each player's individual skills in a competitive environment and incorporate those skills into game settings. Players will work on ball handling, shooting, rebounding, post moves and defense. There will be an instructor posted at every basket to ensure participants are getting the most out of the drills. The players will incorporate their skills while playing 3 on 3 games at the end of each session. *Open to both girls and boys.*

02/28 to 03/24
Mondays and Thursdays
Grades 3-5: 5:30 to 6:30 pm
Grades 6-8: 6:45 to 8:00 pm
High School Alumni Gym
\$140 per child
Min 10, Max 50 (per session)



Register Online:
<https://bit.ly/3sqSK3g>

MINI HITS

AGES 2.5 TO 5

In this introductory course instructors will get your athlete comfortable with the basic rules and fundamentals of baseball. Parent involvement is encouraged but not required. Participants should wear comfortable clothing, such as a T-shirt, sweat pants, and sneakers. A glove is recommended but not required.

3/3 to 3/24

Thursdays

10:30 to 11:00 am

Community Services Hub Gym

\$30 per child

Min 6, Max 20



Register Online:
<https://bit.ly/3FTnv5E>

MINI GYM CLASS HEROES

AGES 2.5 TO 5

Nothing beats old-school gym games and activities! Join us for this three-part series where each week we will introduce a new game:

3/1: Floor Hockey

3/8: Indoor Soccer

3/15: Open Gym (Instructor Lead)

3/22: Jump the Creek, Obstacle Course, Tag



3/1 to 3/22

Tuesdays

10:30 to 11:00 am

Community Services Hub Gym

\$30 per child

Min 6, Max 20

Register Online:

<https://bit.ly/3Ct303U>



Learn to LAX -- GRADES K-8

Engineered to teach youngsters the very basics of lacrosse, this program will prepare players for the upcoming spring season. It is also a great way to stay active during the winter months. Engineered to teach youngsters the very basics of lacrosse, this program will prepare players for the upcoming spring season. It is also a great way to stay active during the winter months. Participants will have a blast while competing in various lacrosse games like storm lacrosse, chumash, ultimate, and more. Older and more skilled players will play in small-field lacrosse games. No equipment necessary for Grades K-4 players. Grades 5-8 girls require goggles and a stick. Grades 5-8 boys require a helmet, gloves, and a stick. Equipment available to borrow upon request. Instructor: Dave St. Germain.



02/06 to 03/13

Sunday

Grades K-4: 9:00 to 10:00 am

Grades 5-8: 10:00 to 11:00 am

High School Alumni Gym

\$25 resident, \$50 non-resident

Min 8, Max 125

Register Online:

<https://bit.ly/3g8mqwG>

YOUTH INDOOR SOCCER

Grades K-3

3/6 to 4/3
Sundays

Tentative Locations:

K-1: Middle School Gym

2-3: Wentworth Gym

Tentative Timeframe:

Between 10:00 am and 3:00 pm

\$45 per child

Registration Deadline

February 19



Register Online: <https://bit.ly/3Ck1BYt>



NEW! YOUTH MOVEMENT CLASSES AGES 3 AND UP

In these classes, your child will be introduced to gymnastics, yoga, dance, music, rhythm, games and more at a developmentally-appropriate level. Each weekly session will focus on coordination, balance, flexibility, strength, and spatial awareness through play and games chosen to develop fine and gross motor skills. The goal is for each child's creative spirit to shine while we experience all the wonderful ways we can move our growing bodies. *Parent/guardian participation required for Ages 3-5 class.*

Ages 3-5

1/28 through 3/18

Fridays

10:30 to 11:15 am

Min 4, Max 10

\$100 per session

Ages 5+ (Homeschool students)

1/28 through 3/18

Fridays

11:30 am to 12:30 pm

Min 4, Max 10

\$100 per session



Register Online:

<https://bit.ly/3Hg0sDa>



MAD SCIENCE STEM ENRICHMENT

AFTERSCHOOL PROGRAMS

-Getting Kids Back To Curiosity, Collaboration, & Creativity-

Sponsored By Scarborough Community Services

Energize It!

Hop on board the Mad Science express for a high-speed, hands-on science experience guaranteed to energize your mind! Explore the many facets of energy, forces, motion, potions, and yes...slime! Reach for your potential and ramp up your thinking about energy with gadgets, cars, and catapults. Discover how to make objects disappear and reappear as we unravel the mysteries of magic using science. Slide down the colorful pH scale and make liquids bubble, fizz, and pop. Learn the physics of optical illusions and build your very own periscope. Ooze into a gooey hour of sliming around as you discover the slimy properties of your favorite polymer. Act out hot molecule movements and discover some unusual applications of glow-in-the dark technology. Explore forces by making centrifuges, spinning gyroscopes, and building your own center of gravity game to take home. This program is so energizing, even gravity can't keep you down! Put your seat belt on...these energetic classes are going to make you have a blast!

Classes: Energy Burst, Optical Illusions, PH Phactor, The Glow Show, Harnessing Heat, Science of Magic, Fundamental Forces, & Slim



For more program information please visit
maine.madscience.org

WINTER AfterSchool Program Dates:

Jan 10, 2022-Mar 9, 2022

LOCATION: Scarborough Community Services Hub

Address: 418 Payne Road,
Scarborough, ME 04074

Number of Classes: 8

Grades: K-5th

Price: \$ 150.00

Program Day: Monday

Dates: 1/10, 1/17, 1/24, 1/31, 2/7,
2/14, 2/29, 3/7

Skip Date: 02/21

Time: 4:00pm - 5:00pm

Program Day: Wednesday

Dates: 1/12, 1/19, 1/26, 2/2, 2/9, 2/16,
3/2, 3/9

Skip Dates: 02/23

Time: 4:30pm - 5:30pm

Registration Taken By:
Scarborough Community Services
PH: 207-730-4158

Register Online:
<https://bit.ly/3kSZQv3>



MORE LEGO BUILD DAYS

GRADES K-4

Join us for these 3-hour Lego extravaganzas, each with its own theme and fun builds! All sessions include 3-4 unique Lego builds, Lego challenges, games, and free-building time.

Session 4: Saturday, 1/15 -- Lego Deep Space Exploration

Individual builds may include a space shuttle, a rocket and a crazy space robot.

Session 5: Saturday, 2/5 -- Lego Fire Brigade

Individual builds may include a fire motorcycle, an ATV and a helicopter.

Session 6: Saturday, 3/5 - Lego Winter Fun

Individual builds may include a menacing polar bear, a snow plow and an igloo.

9:00 to 12:00 pm
Community Services Hub
\$45 per session
Min 12, Max 20 (per session)

Register Online:
<https://bit.ly/3C5KGs8>

NEW! EXTENDED PLOVER PREK PROGRAM



Scarborough Community Services was able to bring back a much-needed pre-school program in September. With spaces still available, some program extensions have been made starting December 1:



**Now Open
to Ages
3.5 to 5**

*Must be potty
trained.*



**Includes option
for FREE
school lunch**



**Extended Hours:
8:00 am to 2:00 pm
Monday - Friday**

**Maximum
Student
Count:
15**

*With two
dedicated teachers*



\$195 per week

*CCSP eligible
Financial assistance available*



*Please contact the Community Service
Office to schedule a tour, complete
registration, or ask general questions:
comserv@scarboroughmaine.org*

THURSDAY CRAFTS!

Join us at the Hub for a variety of holiday-themed crafts to get your 2.5 to 5 year old excited for the season!



November 18

10:00 to 10:45 am

\$15 per child

Min 5, Max 15



December 16

10:00 to 10:45 am

\$15 per child

Min 5, Max 15



January 13

10:00 to 10:45 am

\$15 per child

Min 5, Max 15

Register Online: <https://bit.ly/3nLB7sl>

REGISTRATION DEADLINE: MONDAY PRIOR

SOFTBALL PITCHING CLINIC

GRADES 2 TO 8

Open to Scarborough girls interested in learning the basic technique of windmill-style pitching. Experience playing softball is not required. Lessons consist of instruction in technique, pitching, drills, and fielding. Participants must bring a catcher (there is no charge for the catcher). Instructor: Tom Griffin. *This program will be open to residents only.*

Winter Session:

01/09 to 03/20

(No sessions 2/20, 2/27)

Sundays

9:00 to 10:15 am

High School Plummer Gym

\$90 per child

Min 15, Max 26



Register Online:

<https://bit.ly/3AFILcE>

WINTER THEATER PROGRAMS

Ages 8-12

Mr. Reagan's Theater program is back by popular demand! In these 4-week programs, participants will learn theatrical skills in a fun, safe, and creative environment through improvisational games, children's plays, and skits. There will also be the opportunity for active play and outdoor games during sessions. The program will conclude with a short performance for parents and friends. No theater experience is necessary -- just an open mind and willingness to try. Register soon as space is limited to 20 students!

Session 1: 1/8 to 1/29

Session 2: 2/5 to 3/5

(No session 2/26)

Saturdays

9:00 to 11:00 am

Community Services Hub

\$140 per child

Min 8, Max 20 (per session)

Register Online:

<https://bit.ly/32Zbefc>



NEW! TEEN PROGRAMS

AT THE HUB

ADVISE

CALLING ALL TEENS!

Don't just complain that there is nothing to do on Friday nights! We are looking for Middle School students to join our new Teen Advisory Board to help influence what activities and trips are offered in Scarborough to Grades 6-8 kids. The goal is to provide middle school students with recreational, educational and social opportunities during out of school hours. We will have monthly meetings before our Teen Nights at the Hub. Come early and share your program ideas, then stay to hang around with your friends at our Teen Nights.

UPCOMING MEETINGS

- Friday, 11/19 @ 5:30 PM
- Friday, 12/10 @ 5:30 PM
- Friday, 1/14 @ 5:30 PM
- Friday, 2/11 @ 5:30 PM
- Friday, 3/18 @ 5:30 PM

For more information or to RSVP for the meeting, please email Andrea:

azglobicki@scarboroughmaine.org



MOVE

OPEN GYMS

Come join us for our a Teen Open Gym Night at the Hub! We will be opening up our warehouse/gym for a night of games. Bring your friends and play Shuffleboard, Corn hole, Washer toss and half court basketball. If we have enough people, we may even play some dodge ball.

Fridays, 11/19 and 1/14

6:00-8:00 PM

\$ 15 per person



PARTY

UGLY SWEATER PARTY

Bring your friends and the ugliest sweater you can muster to our Teen Ugly Sweater Party. Get out your tinsel, sequins, ribbon and glue gun and decorate to impress. The uglier the better! Whoever wears the ugliest sweater will win a prize. We will decorate ugly sweater cookies while we watch the movie Elf (rated PG)

Friday, 12/10

6:00-8:00 PM

\$ 20 per person



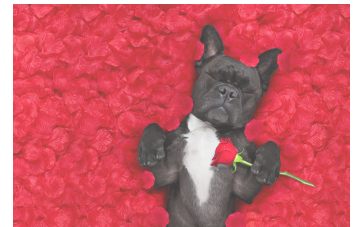
CRAFT NIGHT VALENTINE'S EDITION

Come join us for a craft night at the Hub! We will provide various crafting materials for you and your friends to craft specialized valentines for your friends and family

Friday, 2/11

6:00-8:00 PM

\$ 20 per person



MOVIE NIGHT

Bring your friends and join us for movie night at the Hub. Popcorn will be provided. *Movie TBD week of event.*

Friday, 3/18

6:00-8:00 PM

\$ 15 per person

All Teen Nights include pizza and drinks. Once participants arrive, they must stay in the building until an adult on their approved pick up list enters the facility and signs them out. All participants must have a signed Code of Conduct on file before participating.

Preregistration required.

Register Online: <https://bit.ly/3w55Gxu>



JOIN OUR ESPORTS LEAGUE



Registration ends
January 10th, 2022



Leagues start
week of January 24th, 2022

MADDEN 

MONDAYS
PS4 & XBOX

**MARIOKART
DELUXE** 

MONDAYS
Nintendo Switch

**ROCKET
LEAGUE**

WEDNESDAYS
(1v1 & 3v3)

**SUPER
SMASH BROS.
ULTIMATE**

THURSDAYS
Nintendo Switch

REGISTRATION OPEN NOW!

**\$40 for unlimited leagues
during the winter season!**



Register Online: <https://bit.ly/3CKTZiv>

SCARBOROUGH DAY AT THE MAINE CELTICS

Come join the Town of Scarborough and all of your friends, family, and neighbors for this special event! Scarborough Community Services has secured a dedicated section at the Sunday, February 6 game against the Grand Rapids Gold. Every ticket includes a FREE Maine Celtics hat and all participants will be part of the Welcome Crew video coverage at the beginning of the game.



Sunday, Feb 6, 2022

1:00 pm game

Maine Celtics

vs. Grand Rapids Gold

Portland Expo

\$15 per ticket (limited to 90 people)

Tickets may be purchased online
using the link below:

<https://fevo.me/2Z8kqPN>



Adult Fitness

JAZZERCISE

In collaboration with Jazzercise Greater Portland, Scarborough Community Services is proud to offer Jazzercise classes at the Hub beginning in December!

You might be saying to yourself, "I didn't know Jazzercise was still a thing." Why are they still around 50 years later? Because their program works! Jazzercise is a pulse-pounding, beat-pumping, body-blasting fitness program that gets you results...fast. It's a high intensity dance party that fuses cardio, strength, Pilates, hip hop, yoga and kickboxing. Burn up to 800 calories per hour in any of their 60 minute classes.

Why do people stay? If you try their classes, odds are you'll stay with the program for 7 years. That's the average and they're proud of it. They keep it fresh so you never plateau and never get bored. They have a variety of classes to challenge you -- Strike, Fusion, Core, Strength and Dance Mixx. So how do YOU want to work it?

Tuesdays and Thursdays
5:30 to 6:30 pm
Community Services Hub Gym
418 Payne Road, Scarborough



Class Passes

- Single Class \$ 20
- 5-Class Pass \$ 90
(2-month expiration)
- 10-Class Pass . . . \$150
(3-month expiration)

Class passes are valid for in-person classes only.

Membership

Unlimited Classes \$59/month
(automatic payment, first of each month, cancel anytime with 30 day written notice)

Unlimited class membership allows access to all in-person classes at Jazzercise Scarborough and Jazzercise Biddeford, local livestream classes AND Jazzercise Inc. global livestream classes! If you plan to attend class more than once per week, this is the deal for you! Take just 6 classes per month and that's under \$10.00/class.

New Customer Promotion:

10 Days for \$39

10 consecutive days of unlimited in-person, local and global livestream classes! This pass would provide access to both Jazzercise Scarborough & Jazzercise Biddeford classes for the 10 days.

◀ ▶

If you are interested in receiving further updates and registration information about Jazzercise Scarborough, please leave your name and e-mail address on the sign-up link below.

Questions? Call or text: 715-781-0352 or E-mail: greaterportlandjazzercise@gmail.com

Register Online: <https://bit.ly/31pF0w0>

Adult Fitness

ZUMBA

Ditch the workout and join the party! We take the "work" out of workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. Once the Latin and World rhythms take over, you'll see why Zumba Fitness classes are often called exercise in disguise. Super effective? Check. Super fun? Check and check. *Instructor: Tricia McIntyre, Perfect Fit Health and Fitness*



01/19 to 02/23 (6 weeks)

Wednesdays

5:15 to 6:15 pm

\$65 per person

Min 6, Max 20



SOULFUSION

SOULfusion is a creative blend of yoga-inspired flows, short cardio bursts, balance sequences, and bodyweight and weighted strength training exercises all set to crazy fun music. It offers modifications for all levels in the group exercise environment. SOULfusion trains strength, balance, and flexibility, and can help improve overall fitness levels. It is driven by music, movement, and motivation. *Instructor: Tricia McIntyre, Perfect Fit Health and Fitness*

01/19 to 02/23 (6 weeks)

Wednesdays

6:30 to 7:30 pm

\$65 per person

Min 6, Max 20



**** Both classes will have a drop-in rate of \$12 per class once the minimum is met.**

Register Online: <https://bit.ly/3DTUDt0>

SOFTBALL PITCHING CLINIC

GRADES 2 TO 8

Open to Scarborough girls interested in learning the basic technique of windmill-style pitching. Experience playing softball is not required. Lessons consist of instruction in technique, pitching, drills, and fielding. Participants must bring a catcher (there is no charge for the catcher). Instructor: Tom Griffin. *This program will be open to residents only.*

11/07 to 12/19/2021

(No session 11/28)

Sundays

9:00 to 10:15 am

High School Plummer Gym

\$70 per child

Min 15, Max 26

Register Online:

<https://bit.ly/3AFILcE>



YOUTH BASKETBALL

Grades Prek-4

GRADES PREK-K

12/11 to 1/29

Saturdays

Tentative Location: Middle School Gym

Tentative Timeframe:

Between 9:00 am and 2:00 pm

\$55 per child

GRADES 1-2

12/11 to 1/29

Saturdays

Tentative Location: Wentworth Gym

Tentative Timeframe:

Between 9:00 am and 2:00 pm

\$55 per child

GRADES 3-4

12/4 to 2/5

Practice #1 : 1 per week

Night + time chosen by coach

Practice #2 + Game: Saturdays

Tentative Location: High School Gyms

Tentative Timeframe:

Between 9:00 am and 2:00 pm

\$75 per child

Format for Grades PreK-K and 1-2:
Only Saturdays
Practice followed by game

BETTER TOGETHER!

Scarborough Community Services and Scarborough Travel Basketball have joined forces to offer this year's Grades 3-4 basketball league. While it will still be a rec-based program, we will be holding an assessment night on 11/20 so that we can evenly distribute skills amongst all teams. Time and location of assessment night TBA.

Register Online:

<https://bit.ly/3EvDWoN>

REGISTRATION DEADLINES

Grades PreK-2 November 20

Grades 3-4 November 17



SHAWNEE SNOW SPORTS PROGRAM

Grades 4 to 8

Scarborough Community Services is sponsoring this recreational downhill snow sports program for five selected evenings. For the 2021-22 season, we will be splitting up grade levels between two nights: Grades 4-5 on Tuesdays and Grades 6-8 on Wednesdays. Program participants may choose from a lift-only option or elect to rent skis or a snowboard. Enroll in a lesson to enhance your skiing or riding ability. Lessons are targeted for the beginner right through the expert skier or rider. Lessons last 60 minutes, with free time afterwards for skiing and riding (instructor approval necessary).

01-18 to 02-16-2022

*Make-up dates:
03-01 or 03-02*

Grades 4-5: Tuesdays

Departs: 3:30 pm
Returns: 9:15 pm

Grades 6-8: Wednesdays

Departs: 3:00 pm
Returns: 9:15 pm

Bus Location:

Tennis Courts Parking Lot

**REGISTRATION BEGINS NOVEMBER 1!
LIMITED TO 50 PARTICIPANTS EACH NIGHT.**

PROGRAM OPTIONS

LIFT ONLY \$275

LIFT AND LESSON \$350

LIFT AND RENTAL \$350

LIFT, LESSON, AND RENTAL ... \$435

All options above include bus transportation. For those with season passes you may select Bus Only for \$185 per child.



Registration must be in person -- there is no online option. Please stop by the Hub at 418 Payne Road, Monday through Friday, between 10:00 am and 4:00 pm with completed paperwork and payment. Paperwork available online or at the Hub.





LEGO BUILD DAYS

GRADES K-4

Join us for these 3-hour Lego extravaganzas, each with its own theme and fun builds! All sessions include 3-4 unique Lego builds, Lego challenges, games, and free-building time.

Session 1: Saturday, 11/13 -- Mythical Creatures

Individual builds which may include an alien and spaceship, a Leprechaun and a fire-breathing dragon

Session 2: Friday, 11/26 -- Black Friday Legos

Parents, do you have some holiday shopping you need to get done? Send your kiddo to our Black Friday Lego session! Individual builds which may include a turkey, a scarecrow and an apple with a worm

Session 3: Saturday, 12/04-- Lego Holiday Fun

Join us for this fabulously fun 3-hour LEGO extravaganza where we celebrate the holidays! Participants will stay busy with individual builds which will include: Santa, a dreidel and a holiday train. Lego challenges, games and free building time will round out our session!

9:00 to 12:00 pm
Community Services Hub
\$45 per session
Min 12, Max 20 (per session)

Register Online:

<https://bit.ly/3C5KGs8>

D A T E N I G H T !

O p e n t o G r a d e s P r e K - 6



Community Services will provide a pizza dinner, a holiday craft, gym time, and a movie so that parents can enjoy a night on the town, a chance to do some holiday shopping or simply a break! Register online or at the Community Services Office by December 3, by 6:00 pm.

Friday, December 17

6:00 to 10:00 pm

Community Services Hub

\$35 per child (\$5 off each sibling)

Min 10, Max 40

Register Online: <https://bit.ly/3nx7VWm>



YOUR TICKET TO OUTDOOR **WINTER FUN!**

**SAVE \$10 ON YOUR
ANNUAL MEMBERSHIP!**

use discount code

SCS22

at checkout

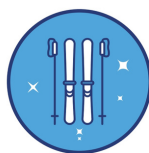
**GET YOUR
ANNUAL
MEMBERSHIP**

WHAT WE DO:

**This is where families
find winter fun!**

Great deals on downhill skiing and riding, cross-country skiing and snowshoeing, ice skating, winter clothing and equipment. Purchase a membership and download the app today!

*Annual memberships run from
November 1 – October 31. Majority
of deals are kid-centered.*



SAMPLE OFFERS*

SKIING & RIDING -

Free junior lift ticket with a paid adult

CROSS-COUNTRY SKIING & SNOWSHOEING -

Free junior trail ticket with a paid adult

ICE SKATING -

Free child public skate session

RETAIL -

Discounts on kids winter clothing and equipment

**Offer details and terms vary by location.*

Major Community Sponsor: **L.L.Bean**

Supporting Sponsors:



Exclusive Television Sponsor:



FOR DETAILS AND MORE VISIT: WINTERKIDS.ORG/WINTERKIDS-APP

SCARBOROUGH DAY AT THE MAINE MARINERS

Come join the Town of Scarborough and all of your friends, family, and neighbors for this special event! Scarborough Community Services has secured 150 tickets to the December 5 game against the Adirondack Thunder. Not only is this the day after our annual Santa in the Park event but we were also able to secure an after-game skate experience and photo opportunity for our ticket holders!



Sunday, Dec 5, 2021

3:00 pm game

Maine Mariners

vs. Adirondack Thunder

Cross Insurance Area, Portland

\$16 per ticket (limited to 150 people)

Tickets may be purchased and picked up at the Community Services Hub at 418 Payne Road. We are open Monday through Friday from 8:00 am to 4:00 pm (doors open 10:00 am to 2:00 pm but curbside and in-person can be arranged outside of those hours).

ALSO AVAILABLE...

We have teamed up with the Mariners for discounted tickets to their New Year's Eve game! Use the link below to purchase tickets for \$14 each!

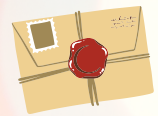
<https://www.fevo.com/edp/Maine-Mariners-vs-TroisRivieres-Lions--Scarborough-Parks-and-Recreation-kQcFsAJT>

UPCOMING SPECIAL EVENTS

Make sure to save the dates and join us in the holiday fun!

Letters to Santa -- Due by 11/26

Once again, Community Services will be accepting letters to Santa! Tell the big guy all of the good things you have done this year and few presents you are hoping for. We need all letters before 11/26, that way we can get them to Santa and he can get a letter to you in return! Fill-in letter templates can be printed off of the website or paper copies can be picked up at the Hub or Town Hall Clerk's Office. Completed letters can be dropped in the North Pole Express mailbox at the front of Town Hall beginning 11/3 or mailed to the address listed on the template.



Virtual Tree Lighting -- Friday, 12/3 @ 6:00 pm

Join us on our Facebook page for a Live Virtual Tree Lighting. At 6:00 pm sharp, we will be turning all of the Christmas lights on at Memorial Park and around Town Hall and the Public Safety Building.



Santa Drive Through -- Saturday, 12/4, 5:00-7:00 pm

Community Services, along with local groups, organizations, businesses, and Scarborough Police and Fire, will be welcoming St. Nick into town and we want you to join us! More details to come on the exact route this year but rest assured, Santa and his elves will be there!

More details to come!

Updates will be posted to our Facebook page and website.

Looking for More?

Once additional fall programs, activities, and trips become available, they will appear on these pages.

Also keep an eye on our Facebook page for updates:
<https://www.facebook.com/ScarboroughComServ>

